

Emergency preparedness at home and work

IN MAY 2010, a water main break in Weston disrupted the lives of millions of Massachusetts residents accustomed to easy access to clean drinking water. Though the situation was quickly addressed and resolved in the community and at the MGH, the event reminded those affected how important it is to be prepared for any emergency.



READY FOR ACTION: Tom Herrmann, Emergency Preparedness administrative manager, left, and Dave Reisman, Emergency Preparedness administrative director, display an example of an emergency preparedness kit.

In recognition of September as Emergency Preparedness Month, MGH Emergency Preparedness is encouraging employees, patients and visitors to make sure that they are ready to respond to a disaster both at home and work.

The following are disaster preparedness tips for employees:

- Develop a family disaster plan – create a home disaster kit containing food, water, personal items and information, and establish a family communication plan.
- Know your MGH department's disaster plan and where to report to in the case of an emergency.

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STAND UP TO CANCER SUPPORTERS: MGH researchers attend the Stand Up to Cancer event

Stand Up to Cancer

MGH Cancer Center celebrates successful partnership

THE LIBERTY HOTEL BALLROOM filled quickly on the evening of Sept. 10 as the MGH Development Office hosted a viewing of the Stand Up to Cancer television broadcast. The nationally televised show was featured on more than 15 television networks and cable channels and included a segment on the MGH Cancer Center's circulating tumor cell (CTC)-chip "dream team" led by Daniel Haber, MD, PhD, director of the MGH Cancer Center, and Mehmet Toner, PhD, director of the BioMEMS Resource Center in the MGH Center for Engineering in Medicine.

Approximately 140 guests attended the 8 pm event, which included a red carpet and a host of photographers who greeted guests as they arrived. Prior to the broadcast, Sara Kelly, senior managing director of MGH Development, addressed the crowd along with Cancer Center physicians David Ryan, MD, and Lecia Sequist, MD, MPH. Sequist leads a clinical trial using CTCs to monitor lung cancer patients and introduced many of the researchers and lab technicians who work tirelessly behind the scenes in both Haber's and Toner's CTC-chip research labs.

"Our partnership with the Stand Up to Cancer team has flourished over the past two (Continued on page 2)

"OUR PARTNERSHIP WITH THE STAND UP TO CANCER TEAM HAS FLOURISHED OVER THE PAST TWO YEARS. WE WERE HAPPY TO CELEBRATE THIS YEAR'S EVENT AND OUR ORIGINAL STAND UP TO CANCER DREAM TEAM GRANT OF \$15 MILLION."

— SARA KELLY

Thanking MGH blood donors

LAST YEAR, MGH employees donated blood more than 2,000 times at the MGH Blood Donor Center. To recognize employee donors who gave consistently over the course of the year, the center held its annual recognition breakfast Sept. 14 in the Thier Conference Room.

Christopher Stowell, MD, PhD, medical director for the Blood Donor Center, offered opening remarks. "I'd like to thank everyone for coming in this morning for breakfast. But I'd especially like to thank you all for the other times you've come in – to donate. Many of the hospital's programs depend on the availability of blood."

Following his remarks, awards were presented to the top employee donors in 2009. Stephen Temple, of Buildings and Grounds, and GianCarlo Zolfonoon, of Volunteer Services, donated the most platelets over the course of the year. Dee Dee Chen, of Human Resources, and Constance Miller, of Massachusetts Eye and Ear Infirmary, gave the most whole blood/platelet donations.

"I just wonder why more people don't give blood," said Temple. "It's so easy to do!"

For more information about the Blood Donor Center, visit www.massgeneral.org/blooddonor.



DONOR RECOGNITION:
Stowell, left, congratulates Chen
and Temple

"Do it for them!" flu shot campaign launches

TO HELP PROTECT staff and patients from the spread of the flu, the MGH is offering a number of flu clinics.

Employee Flu Clinics

On the MGH main campus, employees who were unable to attend last week's clinics may go to MGH Occupational Health Services at 165 Charles River Plaza, Suite 404 for a flu shot or call 617-726-2217 to schedule an appointment. For employees at satellite clinics, access <http://intranet.massgeneral.org> to view a schedule of off-site clinics. Staff should remember to bring their ID badge and wear clothing that rolls easily up to the top of the arm.

Patient Flu Clinics

The MGH will host a Central Flu Clinic for patients ages 18 and older in the Wang Ambulatory Care Center Main Lobby Monday, Oct. 4 through Friday, Nov. 19, from 8 am through 6 pm (until 5 pm on Thursday, Oct. 14) and Saturday, Oct. 16 and Oct. 23 from 9 am through 3 pm. Patients who plan to receive the flu shot are asked to call the toll-free MGH Flu Shot Hotline at 1-877-733-3737 to confirm that there are adequate vaccine supplies in stock and that the clinic is open. Patients of MGH practices outside of Boston can come to the MGH Clinic in Boston or call their primary care physician for flu shot information. ■

Do It For Them MGH!

Get your Flu Shot and be able to say "I did it for you!"

Remember to bring your ID badge and to wear comfortable clothing that rolls easily up to the top of your arm!

For employee flu shots, call the
MGH Occupational Health
Service
617-726-2217

For patient flu shots, call the
MGH Flu Shot Hotline
1-877-733-3737

— Stand Up to Cancer

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years," said Kelly. "We were happy to celebrate this year's event and our original Stand Up to Cancer Dream Team grant of \$15 million. While the celebration tonight was free and open to employees and the public, the goal was to raise additional funding for the MGH Cancer Center and to share 50 percent of the suggested donations with Stand Up to Cancer."

As the 8 pm hour grew closer, the crowd settled down to watch celebrities, musical artists and news anchors update viewers on cancer research. At 8:45 pm, the room grew quiet as the segment featuring Haber and Toner aired. Cheers of joy erupted immediately following the clip and even more applause could be heard from the crowd when the show ended and both men joined the celebrities on stage to sing the Stand Up to Cancer theme song.

The MGH celebration at the Liberty Hotel raised nearly \$13,000, while the national broadcast has netted more than \$80 million to date. To learn more about Stand Up to Cancer, visit www.su2c.org. ■

MGH celebrates Women in Leadership

MANY WOMEN TODAY juggle building their careers, caring for their families and fostering personal and professional relationships at the same time. The assistance of someone with training and expertise in relationship, career and business advice can help these women manage it all. On Sept. 13, the MGH Women in Leadership Committee hosted the 3rd annual Women in Leadership event at the Holiday Inn Select. The seminar provided women managers and supervisors the opportunity to hear from and interact with life and career coach Mel Robbins, who instructed the guests how to “get what they want.”

“THIS WAS A GREAT EVENT WITH A NO-NONSENSE LIFE AND CAREER COACH WHO REALLY DELVED INTO SOME COMMON REASONS WHY SOME PEOPLE DON’T GO FOR WHAT THEY REALLY WANT IN LIFE.” – ANGELA MARQUEZ

“This was a great event with a no-nonsense life and career coach who really delved into some common reasons why some people don’t go for what they really want in life,” said Angela Marquez, administrative director of the Division of Transplant Surgery, who was among the 150 attendees. “I think I speak for many of the attendees by saying that we left the event truly inspired to attain what we’ve set out for ourselves both in our careers and personal lives.”

For more information about the MGH Women in Leadership Committee, send an e-mail to womeninleadership@partners.org. ■

LIFE COACHING:
Robbins addresses
MGH Women in
Leadership



BE FITTERS: MGH Cardiology’s team of participants from Be Fit 21

MGH continues to Be Fit

MORE THAN 3,500 MGHers have tracked their weekly food and exercise, attended rallies where relaxation exercises are practiced and met with personal trainers to develop their overall fitness levels through the MGH Be Fit program now in its 22nd cycle. Be Fit 22 began Sept. 13 and includes 101 Merrimac Street’s “Don’t Slack with Merrimac,” Obstetrics and Patient Care Services’ “Be-Flabulous,” Public Affairs’ “Fit Fans,” the Center for Human Genetic Research’s “Skinny Genes,” Oral and Maxillofacial Surgery’s “Jaw Breakers,” and the MGH Institute of Health Professions’ “We Give a Fit.”

Be Fit 21 recently completed its cycle with six teams participating – Human Resources’ “Bye, Bye, BMI,” MGH Imaging’s “Calorie Counting Cougars,” Cardiology’s “BFFs,” 165 Cambridge Street’s “Beacon Hill Go Getters,” the MGH Cancer Center’s “Tummy Suppressors,” and the MGH Transplant Center’s “America’s Next Transplant Models.” Collectively, Be Fit 21 lost a total of 564.4 pounds.

Throughout October, the MGH Be Fit program and the Blood Donor Center have teamed up to host the annual Be Fit Blood Drive Challenge. All current and past Be Fit teams are encouraged to enter their team or department to donate blood during the month. The team that donates the most will receive a catered Be Fit/Choose Well Eat Well meal for all who participated. Participating teams must register by Sept. 27. For more information or to register, e-mail Meredith Wentworth, Blood Donor Center marketing specialist, at mwentworth@partners.org.

WHAT'S HAPPENING**MGH Senior HealthWISE**

MGH Senior HealthWISE will offer a free hypertension screening for seniors ages 60 years and older Oct. 4 from 1:30 to 2:30 pm at the Hill House, 127 Mt. Vernon St. For more information, call 617-724-6756.

DSC seminar series

The Disparities Solutions Center (DSC) will present "Racial and Ethnic Disparities and Dysfunction in Health and Health Care: Historical and Contemporary Issues" as part of its annual seminar series, "Racial and Ethnic Disparities: Looking Back," Oct. 5 from noon to 1:30 pm in the Sweet Conference Room. W. Michael Byrd, MD, MPH, and Linda A. Clayton, MD, MPH, nationally known health policy experts whose

work has focused on disparities in the U.S. health system, will present. The seminar is free and open to the public. A light lunch will be served, and a question and answer session will take place after the presentation. To register, e-mail disparitiessolutions@partners.org and include your name, e-mail address and the name of the event. For more information about this event and past "Looking Back" seminars, visit www2.massgeneral.org/disparitiessolutions/events.html.

Domestic Violence Awareness Month

In recognition of Domestic Violence Awareness Month, the MGH Domestic Violence Working Group – including HAVEN, Police and Security and the Partners Employee Assistance Program – will host several events throughout October:

- information tables in the Main Corridor Oct. 5 from 7 to 11 am and Oct. 6 from 10 am to 2 pm;
- "Legislative Update – 258E Harassment Prevention Order," a presentation with representatives from Jane Doe Inc. and the Victim Rights Law Center Oct. 13 from 11:30 am to 1 pm in the Thier Conference Room. A light lunch will be served; and
- "Teens Taking Action Against Domestic Violence," a presentation with panelists from the Boston Public Health Commission's Start Strong Program, DOVE, Inc., Youthspeak and Gay Men's Domestic Violence Project Oct. 20 from 3 to 5 pm in the Thier Conference Room. Light refreshments will be served.

For more information, contact Liz Speakman at 617-726-7674 or emspeakman@partners.org.

MGH Office Supply Recycle events

Departments from all areas of the MGH are invited to help conserve hospital resources by participating in MGH Office Supply Recycle events on the Main Campus and at CNY. Office supplies must be in new/unused condition and dropped off only during drop-off times. Registered participants may then pick up items for their department, free of charge, during the designated pick-up times. Items will be available on a first-come, first-served basis. The CNY event will be held in Conference Room A on the

First Floor of Building 149 Sept. 30 from noon to 3 pm. Supplies for this event must be dropped off Sept. 29 between 1 and 4 pm at the same location. The Main Campus event will be held Oct. 5 in the Bulfinch Tent. Supplies may be dropped off between 9 and 11 am and picked up between noon and 3 pm on the same day. Only one employee from each office or unit location who is responsible for ordering supplies for their office or unit location may participate in these events. For more information or to register, e-mail starsaver@partners.org with your name, office/unit location and which event you will be attending.

Wellman Center Lecture Series

The Wellman Center Lecture Series, presented by the MGH Wellman Center for Photomedicine, will host a lecture, "Melanoma Target Practice," by Hensin Tsao, MD, PhD, director

of the MGH Melanoma Genetics Program and the MGH Melanoma and Pigmented Lesion Center, Sept. 28 from 2:30 to 3:30 pm in the Thier Conference Room. A coffee reception will be held from 2:15 to 3:30 pm. For more information, contact Nicole DeVoe at ndevoe@partners.org.

English for Academic Success

"English for Academic Success" – a class offered by the MGH for non-native speakers who wish to receive college degrees – began Sept. 13 but still has several slots available for interested students. The class meets Mondays and Wednesdays from 3:30 to 5 pm through May 2011 in the Yawkey Center. Assessment testing, which will be held Sept. 28 at 3 pm, is required to join the class. For more information or to register for the assessment, contact Amy Zydanowicz at 617-399-3187 or zydanowicz@jvs-boston.org.

— Emergency Preparedness

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- Keep your contact information up-to-date with your department and in PeopleSoft.
- Take your employee ID home to have immediate access to your badge when not at the hospital.
- In the event of a disaster, if on-site, report to your supervisor and stay on-site until dismissed. If not on-site and asked to respond, all employees must show their ID and enter the hospital through the Gray Lobby entrance on Blossom Street.

To help MGHers, patients and visitors be ready for times of crisis, MGH Emergency Preparedness will host an information table Sept. 29 from 7 am to 5 pm in the Main Corridor. Emergency preparedness experts will be present to answer questions and distribute informative materials and brochures. Visitors to the table may also enter a raffle to win a free emergency preparedness kit.

For more information about emergency preparedness at the MGH, visit <http://sharepoint.partners.org/mgh/emergencypreparedness>. ■

Is it OK to eat lunch at an industry-sponsored training session?

THE PARTNERS Office of Interactions with Industry offers MGH clinicians and staff the following guideline when a vendor sponsors training on equipment that has already been purchased from the vendor: "If lunch is served, it is fine to eat, so long as the lunch is modest, the training site is one customarily used for education and the vendor notified the attendee's supervisor in writing about the purpose of the training session and the plan to serve lunch."

For questions about this or other situations involving industry-sponsored meals, MGHers should contact their supervisor, the MGH Compliance Office at 617-726-1446 or the Office for Interactions with Industry at 617-643-7752 or PHSOII@partners.org.

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