



## Lurie Center Caregiver Workshops



### **NEWLY DIAGNOSED - Monthly, 3<sup>rd</sup> Tuesday, 12-1:00 pm, Free**

Receiving a new diagnosis can be a life changing experience for caregivers. This interactive workshop is geared towards caregivers of young children. It provides support and general education about autism spectrum disorder, treatments available, and community services available to families.

*Facilitator: Suzanne Bloomer, MA*



### **BEHAVIOR BASICS - Monthly, 4<sup>th</sup> Tuesday, 11:30-1 pm, \$20/Family**

Knowing how to help your child stay in control can be hard. This interactive workshop helps caregivers understand the basic principles of behavior in order to better manage challenging behaviors at home. Discussion will focus on evidence-based applied behavior analysis (ABA) and applying this methodology to daily life.

*Facilitator: Nicole Simon, EdM, LABA, BCBA*



### **GUARDIANSHIP 101 - Monthly, 1<sup>st</sup> & 3<sup>rd</sup> Fridays, 12-1:00 pm, \$20/Family**

The process of pursuing guardianship of children can be confusing. This workshop is designed for parents of children 14 years and older. It teaches the basics of the guardianship process, including types of guardianship, how to determine if your child needs a guardian, and how to prepare your child for turning 18.

*Facilitator: Julie O'Brien, MEd, LMHC*

### **GUARDIANSHIP 102 - Monthly, 2<sup>nd</sup> & 4<sup>th</sup> Thursdays, 11-12:30 pm, \$50/Family**

Completing all of the court-required paperwork can be overwhelming. This workshop is a **hands-on** group tutorial that includes the review of checklists for each attendee and required documentation. It also provides guidance with probate court processes and referrals to legal resources.

*Optional: Individual Family Meetings: \$100*

*Facilitator: Julie O'Brien, MEd, LMHC*