Pre-Procedure Checklist

IMPORTANT - Please read these instructions at least 2 weeks before your examination and, please set up a Partners HealthCare Patient Gateway account, if you do not have one already.

Pre-Procedure Checklist
- Open a Patient Gateway account at “massgeneral.org/MyPatientGateway” to update your medical record and to improve communication with your care team.
- Complete the Medication and Medical History Form.
- Update your MGH registration information by calling 866-211-6588.
- Call your medical insurance company for a referral if required by your insurance plan.
- If your procedure is scheduled at Charles River Plaza and you use CPAP, home oxygen or have an implantable cardiac defibrillator, call so your exam so can be rescheduled in the Blake Building.

Medications
- If you have diabetes and are instructed to not eat before the exam, ask your primary care physician about changes in the proper dose of diabetes medications: if you take insulin, we usually recommend you take ½ your normal dose the day of your exam.
- If you take blood thinners (Coumadin, Plavix, Pradaxa, Lovenox, etc.) we recommend you continue unless you have specifically been asked to stop by the GI physician performing your exam.

Transportation
- Arrange for an adult escort to take you home following your exam. You will not be permitted to drive and it is essential for your safety that you have an adult escort to take you home. If you do not have an adult escort, hospital policy requires us to cancel and reschedule your endoscopy procedure.

What to Bring to Your Endoscopy Exam
- Completed “Medication and Medical History Form”
- Name and phone number of your escort if they cannot be with you when you check-in: they should be available to pick you up within 30 minutes of being called.
- Bring photo identification but do not wear jewelry other than wedding rings.

After Your Endoscopy
- In most cases, you will spend approximately 3 hours in the Endoscopy Unit. We make every effort to perform your exam at the scheduled time but medical care can result in unavoidable delays.

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