



Start your Master's Degree during the MGH Dietetic Internship!

Enroll in Graduate Classes at:

Simmons College

Tufts University

Suffolk University

Your internship year at MGH is your opportunity to explore; to discover your passion in our great profession. We don't expect you to know what you want to do. You may be surprised at what experiences peak your interest. These graduate programs also afford you the opportunity to explore and discover— from business policy to world health, from lab research to direct patient care, from community nutrition to management; the possibilities are many.

The MGH Department of Nutrition & Food Services encourages advanced degrees for staff and sees this new opportunity for interns as a step toward a successful career. We believe entry level dietitians will benefit from advanced level education and expect MGH dietetic interns to complete a Master's Degree and/or advanced credentialing shortly after completing the internship.

To help you begin, we've formed alliances with three of Boston's best colleges and universities: Simmons College, Tufts University, and Suffolk University. Simmons and Tufts have long standing excellent nutrition programs. Suffolk is an excellent business school with programs focusing on business and healthcare management.

Each of the programs have courses scheduled for evening hours, on-line, or weekends, avoiding conflict with internship rotations. Interns will be expected to meet internship requirements as well as those for the course(s). Tuition costs are payable directly to the school and are the responsibility of the intern.

If your interest is in nutrition, nutrition communication, public health, or health promotion, check out the Tufts and Simmons programs. If your interest is in business, management, public policy, or healthcare administration, check out Suffolk's programs.

Simmons College

The **Master of Science in Nutrition and Health Promotion** is a versatile degree that emphasizes community nutrition. Students are prepared for a wide range of careers as health educators, researchers, personal trainers, public health planners, and more. The 11 course program can be completed in one academic year including summer session, or two to four years of part-time study (for U.S. students only).

Simmons website: <http://www.simmons.edu/shs/academics/nutrition/degrees/msn.shtml>

In addition to completing nutrition and health promotion courses, the master's program includes a research project requirement. Students also may choose relevant electives from other Simmons graduate programs, including education, health care administration, library and information science, and communications management.

A sampling of courses:

NUTR 453 Advanced Topics in Preventive Nutrition

This course surveys nutritional recommendations throughout the life cycle that pertain to disease prevention and health promotion. Special emphasis is given to the latest evidence-based research findings in risk factors for chronic diseases. Students are encouraged to interpret research findings and develop strategies to promote healthy lifestyles.

Prerequisite: Graduate nutrition standing or consent of instructor is required. (3 credits)

NUTR 455 Nutrition, Fitness, and Wellness

This course develops the students' understanding of how food fuels the body and affects athletic performance. The principles of nutrition are discussed to provide the student with an understanding of how optimal fitness is achieved. Students design a nutrition/fitness program as a course requirement. The course is offered only online.

Prerequisite: Graduate nutrition standing or consent of instructor is required. (3 credits)

NUTR 460 Nutritional Epidemiology

This course includes a study of the basic principles of epidemiology and nutritional epidemiology. The goal is to enable students to understand the strengths and weaknesses of research designs used for epidemiological studies, to analyze and interpret nutritional epidemiological data, and to make research based nutrition recommendations for health promotion and disease prevention. The course is taught in a lecture/seminar format.

Prerequisite: Statistics, graduate nutrition standing and consent of instructor are required. (3 credits)

To enroll, go to the application page:

<http://www.simmons.edu/shs/academics/catalog/nutrition/index.shtml>

Scroll down to catalog and application, click on Nutrition Application 2008-2009.

Complete and submit ONLY pages: A, B, and N.

Complete the application – **GRE and the application fee are waived**. You are **not required** to submit recommendations to Simmons. Your acceptance to the MGH internship is sufficient. Official transcripts are required; photocopies are not acceptable. Forward all application materials to the “Office of Admission, School for Health Studies, Simmons” by the June 1 application deadline for consideration of September entry or November 1, 2008 for consideration of January 2009 entry. Be certain to include the *School for Health Studies* in the address as there are five admission offices at Simmons and all use the same mailing address. This is especially important when requesting colleges you attended to send official transcripts.

Tuition in 2008 is \$930 per credit hour/ approximately \$2790 per course.

For course descriptions review the Course catalog – Nutrition link.

Questions? Want to speak with someone?

For program information, contact:

Nancie Herbold EdD, RD, Ruby Winslow Linn Professor and Chair, Department of Nutrition, Simmons College

Email: herbold@simmons.edu

Phone: 617-521-2709

For application and admission information contact:

Office of Admission, School for Health Studies (SHS)

Email: shs@simmons.edu

Phone: 617-521-2605

Tufts University

The Gerald J. and Dorothy R. Friedman School of Nutrition Science and Policy at Tufts University was established in 1980 by bringing together biomedical, social, political, and behavioral scientists to conduct research, educational programs, and community service programs in nutrition. It is the only school of its kind in the United States and one of the few institutions in the world to offer an **M.S., M.A. and Ph.D. through innovative, interdisciplinary programs in the field of nutrition....** and the only institution that offers **programs of study in all of the following: Agriculture, Food and the Environment, Biochemical and Molecular Nutrition, Food Policy and Applied Nutrition, Humanitarian Studies, Nutrition Communication, and Nutritional Epidemiology.**

For further information about each of these programs visit the following website:
http://nutrition.tufts.edu/1174562918561/Nutrition-Page-nl2w_1177953849945.html

As an MGH Dietetic Intern you would enroll as a special 'non degree' student completing the forms included at the web page indicated above.

Tuition in 2008 will be approximately \$2900 per course.

To review course options click on the specific degree program and then scroll to 'course curriculum'. Some of the course options for fall 2008 are listed below.

NUTR 220: Introduction to Writing about Nutrition and Health

This introductory course is designed to teach the basic skills necessary to write nutrition- and health-related papers that are clear, accurate, and audience-appropriate. It is a practical review of writing and revision, and will enable students to develop a clear, fluent, and readable style. The course will include both individual and collaborative exercises and will require several writing and editing assignments, as well as rewrites. *This is a prerequisite for NUTR201A and NUTR201B, both of which build on the skills provided by this course.*

Credit: .5 Day/Time: Tuesday 5:30 – 7:30 pm

NUTR 306: Communicating Health Information to Diverse Audiences

A review and analysis of how nutrition and health issues are presented by the media. This course will reinforce concrete journalism skills and an understanding of the values and practices required of a competent and thoughtful writer and is structured around class discussions, selected readings, and writing and editing assignments. Classroom discussions and assignments will also focus on how to report controversial issues in nutrition and health.

Credit: .5 Day/Time: Wednesday 6:00 – 7:30 pm

NUTR 204: Principles of Epidemiology

Course examines methods that quantify disease processes in human populations. Topics include study design, sources of inaccuracy in experimental and observational studies, the methodology of data collection, and an introduction to the statistical evaluation of epidemiological data.

Credit: 1 Day/Time: Thursdays 6:30 - 9:00 pm

NUTR 211: Theories of Behavior Change and their Application in Nutrition and Public Health Interventions

What motivates people to adopt healthier food and lifestyle choices? This course will explore various theoretical perspectives on nutrition and health-related behavior change. It will include an examination of several individual-based, social-based, organization-based and eco-social theories including the Health Belief Model, the Theory of Planned Behavior, the Transtheoretical Model, Decision-Making, Social Support, Social Learning Theory, and Diffusion of Innovations. Knowledge of these theories will help inform the design of research and program interventions based on psycho-biological, social, cultural, and organizational frameworks. The course emphasizes an understanding of core theory concepts and issues in measurement. In-class workshops will allow for direct application of the theories to students' current research and program intervention interests. The course will provide concepts and tools that can apply not only to the students' own research interests, but also to other courses, such as those focused on nutrition interventions, patient education, persuasive communication, social marketing and mass media.

Credit: 1 Day/Time: Tuesdays 5:30 - 8:30 pm

Questions? Want to speak with someone?

Contact:

Kelly Kane, MS, RD, LDN, CNSD

Assistant Professor

Friedman School of Nutrition Science and Policy

Tufts University

Email: kkane@tuftsmedicalcenter.org

Phone: 617-636-8309

Suffolk University

***Do you have a head for business and a heart for healthcare?
Suffolk University has a program for you!***

Suffolk University's Graduate Programs in Healthcare Administration provide a powerful, innovative, and enduring learning experience for students aspiring to lead and manage healthcare organizations in the 21st century.

Suffolk's programs are designed to nurture each student's potential as a healthcare leader through engagement in the key issues, challenges and opportunities in healthcare today. Through cutting-edge academic and hands-on learning, students develop the analytic and strategic skills needed to transform organizations, build relationships, and strengthen organizational performance.

Select one of three Suffolk Healthcare Programs to match your career goals. The Programs are linked through common healthcare courses and activities for students interested in healthcare.

All Programs can be found at: <http://www.suffolk.edu/HCAdmin>

Master of Health Administration (MHA)

This degree prepares leaders and managers to guide health care organizations, such as hospitals, academic medical centers, integrated delivery systems, long-term care facilities, managed care providers, community health centers, and other health-related organizations. The MHA is a broad-based degree that prepares students for a wide range of professional opportunities in healthcare.

Learn more about the MHA Program at: <http://www.suffolk.edu/mha>

Master of Public Administration/Health (MPA/Health)

This degree prepares government and nonprofit leaders and managers for roles in health-related public policy development, community-based program and project management and advocacy, and social change, within the context of the dynamic health care environment.

Learn more about the MPA/Health Program at: <http://www.suffolk.edu/business/9238.html>

Master of Business Administration/Health (MBA/Health)

This degree prepares leaders and managers who want to focus on core aspects of business, such as finance, accounting, marketing, information systems, and strategic management, for roles in the healthcare industry, including healthcare delivery, pharmaceutical, biotechnology and medical devices companies. MBA/Health students enhance their business skills, while gaining specific insight into the requirements for success in the healthcare industry nationally and internationally.

Learn more about the MBA-Health Program at: <http://www.suffolk.edu/business/8940.html>

Some of the healthcare courses being offered in Fall 2008 are:

Health Systems I – This course presents an overview of the origins, components, organization, and operation of the health system in the United States. It introduces the major health issues and institutions, including the settings in which health services are delivered, providers of these services, and the public and private payers for services. (3 credits)

Healthcare Marketing and Communication – Healthcare organizations are challenged to communicate their messages more aggressively and in new ways to their key audiences. This course enables students to learn about those audiences as well as healthcare marketing and communications, with emphasis on designing and conducting market research, identifying market segments and their unique characteristics, selecting promotional strategies and tactics for reaching target audiences, and developing marketing plans. (1.5 credits)

Organizational Change in Healthcare – This course enables students to examine key external and internal forces for change that face healthcare organizations, and begin to develop the orientation and skills to envision, design, lead, and implement change in healthcare organizations. (1.5 credits)

Innovation: The Future of Healthcare – This course focuses on two areas: (1) key innovations in clinical medicine, information technology, and other areas that are occurring now and may occur in the future that will have a significant impact on the healthcare field, and (2) developing student perspectives and skills to become "changeable" around promoting and managing innovation.

MGH Dietetic Interns who are interested in the MHA or MPA/Health Programs can choose to begin their coursework through the Continuing and Professional Studies Program (CAPS).

The MHA and MPA Programs offer an opportunity for students intending to pursue a graduate degree to take a maximum of two graduate courses before applying for degree status.

Qualifying Prospective MBA/Health Students can choose to begin their coursework through the Management Advancement Professional Studies Program (MAPS). On a limited, selective basis, individuals with strong undergraduate academic performance and a minimum of three year's full-time work experience have the opportunity of enrolling in a maximum of six credits of MBA core courses (with some restrictions) while preparing to take the GMAT. In order to be considered for the MAPS program, a student must have an undergraduate GPA of 2.8 or better and submit a completed MAPS application with supporting documents.

Additional information, as well as MAPS and CAPS applications are available through the *Office of Graduate Admission*.

Degree Timeframe, Class Schedule, and Location

Suffolk's Healthcare Programs are offered on a full-time and part-time basis, providing maximum flexibility for busy professionals and full-time students. The Programs can be completed within two years, full-time. Classes are held Mondays through Thursdays in the late afternoons and evenings during the fall and spring semesters and during the summer sessions. Some classes are held on Saturdays. All classes are held at our main campus on Beacon Hill in Boston. Students also have the option of taking MBA courses online.

Admission Requirements

Please consult the appropriate program website (listed after the descriptions above) or Suffolk University's *Office of Graduate Admission* for complete information regarding admission requirements, application deadlines, and the online application process.

Tuition for the 2008-2009 academic year is as follows: \$873 per credit for MHA and MPA courses; and \$1052 per credit for MBA courses.

Healthcare Programs Contact Information

If you want to speak with someone, please contact:

Suffolk University's Healthcare Department at 617-305-1769, or

Rick Gregg, Operating Director of Healthcare Programs

Phone: 617-994-4246

Email: rgregg@suffolk.edu