

**MASSACHUSETTS GENERAL HOSPITAL
DEPARTMENT OF ORTHOPAEDIC SURGERY**

GRAND ROUNDS

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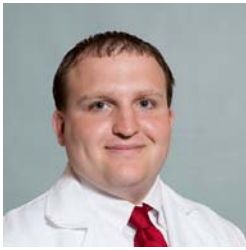
“Ankle Instability: Where Are We Going?”



***Thursday, February 20, 2020
6:45 am - 7:45 am***

***Massachusetts General Hospital
O’Keeffe Auditorium***





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Department of Orthopaedic Surgery**

Gregory R. Waryasz, MD, CSCS is a triple fellowship trained orthopaedic surgeon in sports medicine/arthroscopy, orthopaedic trauma surgery and foot and ankle reconstructive surgery. He specializes in injuries and conditions of the foot and ankle. Dr. Waryasz received his BS in Biology at Boston College, where he apprenticed as a strength and conditioning coach for all of the athletic teams.

Dr. Waryasz attended medical school at Tufts University and completed his residency in orthopaedic surgery at the Brown University/Rhode Island Hospital program. After his residency, Dr. Waryasz completed three fellowships. His first fellowship was at Brown in Orthopaedic Trauma where he cared for adult and pediatric fractures. While at Brown, Dr. Waryasz was a team physician providing sideline coverage with Brown Athletics, the Providence Bruins of the AHL and USA Gymnastics. After leaving Brown, Dr. Waryasz completed his second and third fellowships, both at MGH - one in Sports Medicine and one in Foot and Ankle. Dr. Waryasz is currently part of the medical staff for the New England Revolution senior and youth teams, the Boston Renegades Beep Baseball team and a consultant with a few local division 3 colleges.

Dr. Waryasz has been a personal trainer for more than 15 years and enjoys consulting with recreational, collegiate and professional athletes. He is a certified strength and conditioning specialist through the National Strength and Conditioning Association.

Dr. Waryasz is an active researcher with more than 40 peer reviewed publications. He is a current reviewer for the American Journal of Sports Medicine, Strength and Conditioning Journal, Journal of Orthopaedic Trauma, and the Journal of Physical Activity and Health. His clinical interests are foot and ankle sports medicine conditions, fracture care, and reconstruction surgery. He has a clinical interest in injuries related to bodybuilding, Olympic weightlifting, and high intensity training (HIIT, HIPT, CrossFit, etc). He is an active member of the AOFAS, AOSSM and AAOS. He serves on the Awards and Scholarship committee of the AOFAS. He has given AOFAS Webinars on DVT Prophylaxis and has an upcoming webinar in May on diagnosis of syndesmotic injuries. He will be giving an ICL at AAOS 2020 on Lisfranc Injuries.

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O’Keeffe Auditorium
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6:45 am	Welcome	Christopher W. DiGiovanni, MD, FAOA <i>Chief, Division of Foot & Ankle Surgery Department of Orthopaedic Surgery Massachusetts General Hospital & Newton Wellesley Hospital Associate Professor and Vice Chairman (Academic Affairs) Harvard Medical School</i>
6:50 am	“Ankle Instability: Where Are We Going?”	Gregory R. Waryasz, MD, CSCS
7:45 am	Wrap-up / Adjourn	Christopher W. DiGiovanni, MD, FAOA