



Program Schedule for 2019 Fall • Teen • Adult •

| Day/Time/Dates | Program | Location | Ages | Price |
|---|---|------------------|----------------|--------------|
| Programs | | | | |
| Monday | | | | |
| 4:30pm - 5:45pm | Cooperative Gaming | Lexington | 14 - 18 | \$845 |
| 9/16 9/23 10/7 10/21 10/28 11/4 11/18 11/25 12/2 12/9 | Many parents worry that gaming can be an isolating activity, but it can also be incredibly social and a way to make lifelong friends. Participants in this group will play cooperative games selected by the facilitator as a way to develop communication, collaboration, flexibility and forge social bonds. | | | |
| Tuesday | | | | |
| 5:00pm - 7:00pm | Geeks, Games, & Grub - Full Series | Lexington | 18 + | \$845 |
| 9/17 9/24 10/15 10/22 10/29 11/5 11/12 11/19 11/26 12/3 | Looking for a chance to meet new people that share your love of gaming? Geeks, Games & Grub invites adults to get together to play fun and exciting games and share a meal together. For the full series, you'll get an immersion into a variety of different popular game genres a discounted price. Not ready for the commitment? See our Special Events section to sign up for up to just the two-session series you're most interested in. Sign up for as many as you like! | | | |
| 5:30pm - 7:30pm | Cooking | Lexington | 14 - 18 | \$995 |
| 9/17 9/24 10/15 10/22 10/29 11/5 11/12 11/19 11/26 12/3 | Cooking is a fun activity that can bring people together! In the cooking group, teens will work together to brainstorm, research, and collaboratively choose recipes. Focusing on a different theme each week, participants will create and eat their meal together, and leave the group with a cookbook of their recipes! | | | |
| Wednesday | | | | |
| 4:30pm - 5:45pm | Guild Chronicles | Newton | 14 - 18 | \$845 |
| 9/25 10/2 10/16 10/23 10/30 11/6 11/13 11/20 12/4 12/11 | Guild Chronicles is a collaborative storytelling game, in which participants imagine themselves as heroes in an interactive story with fantasy themes, working together to overcome challenges. Playing the game is fun and engaging, and provides natural opportunities to develop flexibility, collaborative skills and build social bonds. | | | |
| 4:30pm - 6:00pm | Girls, Gals, Etc. | Lexington | 14 - 18 | \$925 |
| 9/25 10/2 10/16 10/23 10/30 11/6 11/13 11/20 12/4 12/11 | Many social and activity-based groups for teens on the spectrum are predominantly composed of males. Girls, Gals, Etc. provides an opportunity for female, non-binary, and transgender folk to come together to engage in fun and social activities/outings to learn practical life skills in experiential ways and discuss the demands of daily life. Discussions can include topics of self-care, mindfulness, friendships, and dating. Outings may include trips to the mall, bowling, or going out to dinner. | | | |
| 4:30pm - 6:00pm | H.E.A.L.T.H.Y. | Lexington | 14 - 18 | \$965 |
| 9/25 10/2 10/16 10/23 10/30 11/6 11/13 11/20 12/4 12/11 | Healthy Eating and Active Lifestyle Towards a Healthier You: In this group, teens will come together to participate in a variety of fun activities focused on health, wellness, and an active lifestyle. Activities will vary by week and include: hiking, ice-skating, introduction to a local gym with training sessions, cooking, nutrition, rock climbing, and more! Drop-off location varies by activity. | | | |
| 6:15pm - 7:30pm | Guild Chronicles | Newton | 14 - 18 | \$845 |
| 9/25 10/2 10/16 10/23 10/30 11/6 11/13 11/20 12/4 12/11 | Guild Chronicles is a collaborative storytelling game, in which participants imagine themselves as heroes in an interactive story with fantasy themes, working together to overcome challenges. Playing the game is fun and engaging, and provides natural opportunities to develop flexibility, collaborative skills and build social bonds. | | | |

| Day/Time/Dates | Program | Location | Ages | Price |
|---|---|--------------------|----------------|---------------|
| Thursday | | | | |
| 4:30pm - 5:45pm | Cooperative Gaming | Lexington | 14 - 18 | \$845 |
| 9/26 10/3 10/10 10/17 10/24 11/7 11/14 11/21 12/5 12/12 | Many parents worry that gaming can be an isolating activity, but it can also be incredibly social and a way to make lifelong friends. Participants in this group will play cooperative games selected by the facilitator as a way to develop communication, collaboration, flexibility and forge social bonds. | | | |
| 5:00pm - 7:00pm | Film Club | Lexington | 14 - 18 | \$845 |
| 9/26 10/3 10/10 10/17 10/24 11/7 11/14 11/21 12/5 12/12 | Film club invites teens to come together weekly to watch a movie (possibly a new release or a classic). Participants in this group will collaboratively select movies to watch and engage in interactive discussions as a means to develop flexibility and communication skills, and build social connections. | | | |
| 5:00pm - 6:15pm | Relationships | Lexington | 18 + | \$845 |
| 9/26 10/3 10/10 10/17 10/24 11/7 11/14 11/21 12/5 12/12 | The overall theme of this group will be on the topic of relationships in adulthood. The focus will be determined by the interests and needs of the group members, and could include discussions of romantic relationships, intimacy and sexuality, friendships, and work relationships. | | | |
| Saturday | | | | |
| 10:30am - 12:00pm | Guild Chronicles | Lexington | 14 - 18 | \$845 |
| 9/21 10/5 10/19 11/2 11/16 11/23 12/7 12/14 | Guild Chronicles is a collaborative storytelling game, in which participants imagine themselves as heroes in an interactive story with fantasy themes, working together to overcome challenges. Playing the game is fun and engaging, and provides natural opportunities to develop flexibility, collaborative skills and build social bonds. | | | |
| 12:00pm - 5:00pm | Explorations | Newton | 14 - 18 | \$1675 |
| 9/21 10/5 10/19 11/2 11/16 11/23 12/7 12/14 | Teens learn practical life skills while participating in supported recreational and social activities in the larger community. Topics include: money management, trip planning, using public transportation, peer negotiation, and time management. | | | |
| 12:00pm - 4:30pm | Explorations | Charlestown | 14 - 18 | \$1675 |
| 9/21 10/5 10/19 11/2 11/16 11/23 12/7 12/14 | Teens learn practical life skills while participating in supported recreational and social activities in the larger community. Topics include: money management, trip planning, using public transportation, peer negotiation, and time management. | | | |
| 12:00pm - 4:30pm | Explorations | Lexington | 14 - 18 | \$1675 |
| 9/21 10/5 10/19 11/2 11/16 11/23 12/7 12/14 | Teens learn practical life skills while participating in supported recreational and social activities in the larger community. Topics include: money management, trip planning, using public transportation, peer negotiation, and time management. | | | |
| 12:30pm - 2:00pm | Guild Chronicles | Lexington | 14 - 18 | \$845 |
| 9/21 10/5 10/19 11/2 11/16 11/23 12/7 12/14 | Guild Chronicles is a collaborative storytelling game, in which participants imagine themselves as heroes in an interactive story with fantasy themes, working together to overcome challenges. Playing the game is fun and engaging, and provides natural opportunities to develop flexibility, collaborative skills and build social bonds. | | | |
| 1:00pm - 4:00pm | Hangouts | Charlestown | 18 + | \$995 |
| 9/21 10/5 10/19 11/2 11/16 11/23 12/7 12/14 | Adults meet up and go on outings in the metro Boston area and practice developing connections with others and fostering bonds that we hope can continue beyond the group. Activities include Hike & BBQ, Apple Picking, Comics Expo, Special Interest Trivia, Curling, Indoor Rock Climbing, Laser Tag, and Games/Trivia Event. Meet-up location depends on activity. | | | |
| 2:30pm - 4:00pm | Guild Chronicles | Lexington | 14 - 18 | \$845 |
| 9/21 10/5 10/19 11/2 11/16 11/23 12/7 12/14 | Guild Chronicles is a collaborative storytelling game, in which participants imagine themselves as heroes in an interactive story with fantasy themes, working together to overcome challenges. Playing the game is fun and engaging, and provides natural opportunities to develop flexibility, collaborative skills and build social bonds. | | | |

Special Events

Tuesday

5:00pm - 7:00pm

9/17 9/24

GG&G - Party Games**Lexington****18 +****\$200**

In this two-week session of Geeks, Gaming & Grub, attendees will play exciting, short and easy to learn party games like Exploding Kittens, Cards Against Humanity, Magic Maze and Code Names. Because these games are often very easy to learn, they make a great addition to any gathering where geeks gather socially! See programs for series description. Sign up for as many two-week sessions as you'd like!

5:00pm - 7:00pm

10/15 10/22

GG&G - Video Games**Lexington****18 +****\$200**

In this two-week session of Geeks, Gaming and Grub, attendees will return to their childhood and play popular titles from the Wii and PS3 era. Competitive tournaments and cooperative games will be featured. Let us know if you have a title you'd like to see featured on either of these platforms! See programs for series description. Sign up for as many two-week sessions as you'd like!

5:00pm - 7:00pm

10/29 11/5

GG&G - Magic: The Gathering**Lexington****18 +****\$200**

In this two-week session of Geeks, Gaming & Grub, attendees will play the most popular customizable card game of all time – Magic: The Gathering. New players can learn the game from Andrew, who has been playing since 1990. Experienced players will be able to participate in a draft tournament, play with their own decks, or use pre-made decks from MGH Aspire's massive library. See programs for series description. Sign up for as many two-week sessions as you'd like!

5:00pm - 7:00pm

11/12 11/19

GG&G - Andrews Favorite Games**Lexington****18 +****\$200**

In this two-week session of Geeks, Gaming & Grub, attendees will play some of Andrew's favorite board games. These games are complex, nuanced, and have great replay value. Example titles include Pandemic, Munchkin and Sentinels of the Multiverse. Got a favorite title you'd like to see? Let us know when you register! See programs for series description. Sign up for as many two-week sessions as you'd like!

5:00pm - 7:00pm

11/26 12/3

GG&G - Roleplaying Games**Lexington****18 +****\$200**

In this two-week session of Geeks, Gaming and Grub, attendees will learn to play Guild Chronicles, a table-top roleplaying game created by Andrew. Players will create their Heroes together and embark on a short adventure full of danger, mystery and fun. No experience with roleplaying games is necessary! See programs for series description. Sign up for as many two-week sessions as you'd like!

Friday

7:00pm - 9:30pm

1/10

Masquerade Ball**Lexington****14 - 18****\$35**

Learn a few dance moves, try them out on the dance floor, and enjoy snacks which will include a "make your own ice cream sundae" station! You are welcome to bring one guest of your choice to enjoy this evening with you. Otherwise, participation is for current and past MGH Aspire participants through high school age only.

Saturday

| | | | | |
|---------------------------------|--|------------------|----------------|-------------|
| 1:00pm - 4:00pm 10/26 | Murder Mystery When the hands on the clock strike one, Be prepared for some fright & fun. We request your presence through this invitation, Please help us solve the case at Hale Reservation. Collect and think about each clue, Everyone is a suspect – even you! | Westwood | 14 - 18 | \$50 |
| 5:30pm - 8:30pm 10/26 | Murder Mystery When at last it's five o'clock, Be prepared for a spooky shock. We request your presence through this invitation, Please help us solve the case at Hale Reservation. Collect and think about each clue, Everyone is a suspect – even you! | Westwood | 18 + | \$50 |
| 5:30pm - 8:00pm | Social Event at Adventure Pub Join current and past MGH Aspire participants for a social event filled with games, food, and fun at Adventure Pub in Arlington, MA on 11/23 from 5:30 – 8:30PM. This event is open to current and past participants of the Aspire Works program and adult groups at Aspire. | Arlington | 18 + | \$30 |

- MGH Aspire offers child, teen, and adult group programming. We match applicants into programs based on age, interests, and developmental profile.
- Age levels for our programs overlap. If the participant is aged 13-14, look into both our child and teen offerings. If the participant is 17-19, look into our teen and adult offerings. If the participant is 18+, look into our adult and MGH Aspire Works offerings. We will work with you to find the best fit.
- Based on interest and availability, we are able to add additional groups. Please contact us if you are interested in a group but not able to attend the listed schedule .
- To apply to a program or special event, visit www.mghaspire.org. Application instructions and all required forms can be found on our “How to Apply” page.