

# Humans of CDI

Featuring Marcela del Carmen, MD, MPH  
President, Massachusetts General Physicians Organization  
Executive Vice President, Mass General Brigham



**Marcela G. del Carmen Amaya, MD, MPH** is president of the Massachusetts General Physicians Organization (MGPO), the largest of Harvard Medical School's faculty physician groups, and executive vice president, Mass General Brigham. In this role, Dr. del Carmen leads over 3,200 MGPO physician members. She has also served as chief medical officer for the MGPO and for Massachusetts General Hospital (MGH).

Dr. del Carmen is professor of Obstetrics, Gynecology and Reproductive Biology at Harvard Medical School and holds a dual appointment in the Department of Surgery at the MGH. Dr. del Carmen is the first woman and Latino to ascend to the academic rank of professor in Obstetrics, Gynecology and Reproductive Biology and in Gynecologic Oncology at Harvard Medical School.

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## **What don't people know about you? What would people be surprised to learn about you?**

I am probably known best for my clinical contributions and care of patients at MGH. The CTDA award allowed me to launch a research career in health outcomes at MGH at a critical time in my tenure on the faculty at MGH. Without this level of support, I would not have been able to continue to contribute to the research part of our mission which has been complementary to my clinical career at MGH.

## **What is you/your team's proudest accomplishment?**

Our proudest accomplishment in the MGPO has been to evaluate all of the clinical initiatives we support through the equity lens and to evaluate impact and outcomes through social determinant of health in real time so that we have been able to pivot in different directions or reconsider allocation of resources to ensure that all of our clinical activities and initiatives aim to close the disparity gap.

## **What gives you hope?**

Continued system-wide support and resource allocation to support efforts aimed to create equity across all parts of our mission, clinical care, research, education and community service.

## **Do you have a favorite quote?**

This is not a quote but reflection of what I have learned over the years.

I have learned over the course of my life, that setback and constant change are inevitable and often unpredictable but how we choose to rise and what we learn from these experiences are essential to our growth and evolution.

## **Tell us about your heritage. How does your heritage influence your work?**

I am from Nicaragua and have had the privilege of living my life through a bilingual and bicultural experience. I am immensely proud of my heritage and equally grateful to this country for the opportunities I have been afforded. Throughout my career, I have tried to close the inequity gap in the treatment of women with gynecologic cancers, focusing on Black and Latinas, and in my current role, remain committed to advancing the career of underrepresented minorities.