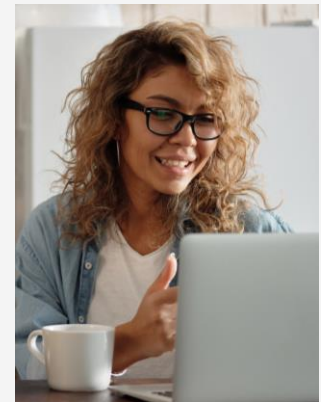


THE MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

Maintaining Emotional Wellness Through Telemental Health and Community Support While Social Distancing During COVID-19

The COVID-19 pandemic has disrupted the delivery of mental and emotional health care. In addition, there is increasing evidence of a sudden need for mental and behavioral health care because of the pandemic. As a result, there has been a quick expansion of telemental health where counseling and support are offered online or over the phone. Jennifer Blewett, DSW, LICSW, will provide an overview of telemental health services. She will also discuss how virtual services are safe, effective, and have similar outcomes compared to in-person services.



This online program is free and open to MGH staff, patients, and the general public.

Date: Monday, November 16, 2020

Time: 12:00 PM - 1:00 PM

To attend this program, click on this link:

<https://partners.zoom.us/j/91185575534>

For more information,

call 617-724-7352 or

email PFLC@partners.org



Featured Speaker:

Jennifer G. Blewett, DSW, LICSW

Jennifer is a licensed Clinical Social Worker and the Clinical Care Coordinator at the West End Clinic, an outpatient clinic specializing in Addiction Psychiatry at Massachusetts General Hospital. She has had training in Cognitive Behavior Therapy (CBT), Motivational Interviewing, Dialectical Behavioral Therapy (DBT), and Group Psychotherapy. Her areas of interest include the treatment of addictive behaviors, co-occurring psychiatric disorders, problematic gambling, improvement of social skills training, and related health and social problems.