

The Racial Roots of Diet Culture

Date: Tuesday, February 25, 2025

Time: 12–1 pm (Eastern Time)



Who gets to decide what foods are “healthy” and “unhealthy”? Whose bodies get labeled as “healthy” and “unhealthy”? Where do these rules about foods and bodies come from? Join us for a discussion about food, culture, and the importance of listening to our bodies. We will also share some new voices in our conversations about health and wellness.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on the link or scan the QR code:

<https://partners.zoom.us/j/84337803075>



For more information, call 617-724-7352
or email PFLC@partners.org

Featured Speakers



Lisa DuBreuil, LICSW
Psychiatry



Katy Wetzel, RN, C-NP
Certified Intuitive Eating Counselor
Interventional Cardiology



Blum Center Program Schedule

Scan this QR code with your phone's camera
to see our program schedule online

