

MGfC Family-Centered Care Series

Understanding Video Games: Tips to Promote Safe Video Game and Digital Media Use Habits

Date: Thursday, June 29, 2023

Time: 12–1 pm (Eastern Time)



Video games and digital media have become one of the most favorite play activities for our children, and digital media has infused far into their (and our) daily lives. Parents and providers express a lot of concern about the effects of violent or suggestive content of video games and digital media on their children. However, existing research has not been able to conclusively establish any such link. Instead, findings reveal the several circumstances of digital media access to be associated with overall wellbeing of children. In this program, Atilla Ceranoglu, MD, will share tips on how to help your child build good digital media habits while playing their favorite video games, social media outlets, or the internet.



Featured Speaker: T. Atilla Ceranoglu, MD

Dr. Ceranoglu (*jay-RUN-oolu*) is a child and adolescent psychiatrist and currently serves as Medical Director at MGH Bressler Clinical Research Program for Autism Spectrum Disorder. He also serves as Director of Psychiatry Service at Shriners Hospitals for Children, Boston. Even though he has been heard and seen on multiple platforms talking about media and effects of youth, he has been humbled time again by his two teenage sons at home.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on this link: <https://partners.zoom.us/j/86270967726>
- Please submit questions you may have about the topic before the program to: PFLC@partners.org so that the speaker may address them during the session.

For more information, call 617-724-7352 or email PFLC@partners.org



Blum Center Program Schedule

Scan this QR code with your phone's camera
to see our program schedule online

