

Hand Arthritis: Minimizing Pain and Maximizing Function

Date: Monday, May 8, 2023

Time: 12–1 pm (Eastern Time)



Arthritis of the hand joints, and particularly osteoarthritis, is very common with aging. It can cause pain and stiffness of the joints and can affect your ability to do your daily activities. Join Dr. Naomi Patel as she discusses how to differentiate various types of arthritis of the hands as well as how to treat arthritis, with goals of treating pain and maximizing function. She will review both medications and other treatments that can be helpful.



Featured Speaker: Naomi Patel, MD

Dr. Patel is a rheumatologist in the Division of Rheumatology, Allergy and Immunology at Mass General and sees people with a variety of types of arthritis and other rheumatic diseases. Her research interests involve quantifying and assessing side effects of steroid medications in rheumatic diseases as well as studying the clinical outcomes of patients with rheumatic disease and COVID-19 infection. She enjoys partnering with patients in their care as well as teaching medical students, residents, and fellows.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on this link: <https://partners.zoom.us/j/83940906099>
- Please submit questions you may have about the topic before the program to: PFLC@partners.org so that the speaker may address them during the session.

For more information, call 617-724-7352 or email PFLC@partners.org



Blum Center Program Schedule

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