

THE MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

# Cancer Center Series: Mind-Body Strategies to Enhance Coping and Resilience After Cancer

This talk will provide survivors with practical mind-body tools, grounded in research, to improve coping with cancer and treatment.

**This online program is free and open to Mass General patients, families, staff and the general public.**

To attend this program, click on this link:  
<https://partners.zoom.us/j/83800954859>

Please submit questions you may have about the topic before the program to: [PFLC@partners.org](mailto:PFLC@partners.org) so that the speaker may address them during the session.



**Featured Speaker:**  
**Giselle Perez, PhD**

Director, Mind Body Program for Cancer Survivors,  
Mass General Cancer Center;  
Director, Adolescent and Young Adult Research,  
Mass General Cancer Center Survivorship Program;  
Associate Director, Adolescent and Young Adult Program,  
Mass General Cancer Center;  
Assistant Professor, Harvard Medical School

**Date: Thursday, October 27, 2022**

**Time: 12:00 PM - 1:00 PM**

**For more information,**  
**call 617-724-7352 or**  
**email [PFLC@partners.org](mailto:PFLC@partners.org)**