

Adolescent and Young Adult Cancer Program

May Bulletin

AYA Patient & Family Advisory Meeting

May 11th at 7:00pm (Virtual)

Our program wants to hear from you! Join our **virtual** discussion where MGH AYA patients and caregivers collaborate to make an impact on the AYA cancer community!

RSVP by emailing:
AYACancer@mgh.harvard.edu



AYA Music Hang

2nd & Last Monday of the Month
March - May 2026 6:00 - 7:00 PM EST
Come for one group or come for ALL!

Virtual series to explore music as a tool for coping, relaxation, community, and leisure. No musical skill required.

[Click Here to Learn More & Register](#)



Discussion Series

Reducing Isolation and Building Community

Wednesday May 13th & May 20th 2026
12:00 - 1:30 PM EST

Join Stupid Cancer this month to connect with other AYAs over shared experiences of navigating isolation and loneliness, while learning strategies to build and maintain community.

[Click Here to Learn More & Register](#)



Virtual Guided Yoga Nidra

Monday May 4th 2026
8:00 - 9:00 PM EST

No experience is necessary! Come relax (virtually) and try meditation with those in the AYA Cancer community.

[Click Here to Learn More & Register](#)



AYA Sarcoma Virtual Support Group

Support group for sarcoma patients ages 18-39 who are in active treatment or within one year of completing treatment.

If Interested, Contact:
[Christina Kim: cykim@mgb.org](mailto:cykim@mgb.org)



Young Adult Brain Tumor Virtual Support Group

1st & 3rd Wednesday of Each Month
5:00PM-6:30PM

A virtual group open to patients between the ages of 18-40 who have had a brain tumor.

If Interested, Contact:
[Sandra McLaughlin: smclaughlin2@mgb.org](mailto:smclaughlin2@mgb.org)



Summer Mentoring

May 25th - August 29th 2026
12 week commitment, 1 hr/week

Supporting folks 16-29 years old living with a chronic illness. Meet with a mentor (virtually) to define your goal, develop, and work on an action plan. **Participants will receive a \$240 stipend!**

[Click Here to Learn More & Register](#)



Work & Cancer Webinar Networking:

Unlock New Opportunities

Wednesday May 6th 2026
6:00 PM EST

Networking is one of the most important aspects of job search. In this webinar, learn tactics for developing and nurturing work relationships. Free and open to cancer patients, survivors, and caregivers

[Click Here to Learn More & Register](#)

