MGH Aspire is excited to offer our virtual “3S” Cyber Summer program to child participants ages 5-13. In small, peer-matched cohorts, participants will develop connections and grow together during this engaging six-week program. Groups will meet online daily with their dedicated staff member(s) and participate in structured content blocks emphasizing MGH Aspire’s “3S” curriculum, supporting participants to build skills in the areas of Stress management, Social competency and Self-awareness. Other activity blocks will include STEM, Mindfulness, visual arts, movement and nature. Staff and Curriculum Specialists will facilitate engaging projects to foster connectivity, self-expression and self-esteem throughout the session.

“3S” Cyber Summer

Juniors “3S” Cyber Summer (ages 5 - 7)
Monday - Friday, 9:00 am - 12:30 pm (alternating content blocks and breaks)
Tuition: $2695
Juniors will start each program day with a Morning Meeting followed by two 30-minute activity and “3S” curriculum blocks. Unsupervised 60-minute breaks will occur between each content block so participants can eat a snack, have some quiet time, or take a movement break.

“3S” Cyber Summer (ages 7 - 13)
Monday - Friday, 9:00 am - 1:45 pm (alternating content blocks and breaks)
Tuition: $2950
Cyber summer participants will start each program day with a Morning Meeting followed by four 45-minute activity and “3S” curriculum blocks. Unsupervised 30-minute breaks will occur between each content block so participants can eat a snack, enjoy some quiet time, or take a movement break. Each group will end their day with a 15-minute self-reflection block.

Trailblazers “3S” Cyber Summer (ages 12-13)
Monday - Friday, 9:00 am - 1:45 pm (alternating content blocks and breaks)
Tuition: $2950
Trailblazers will start each program day with a Morning Meeting followed by four 45-minute activity and "3S" curriculum blocks. Unsupervised 30-minute breaks will occur between each content block so participants can eat a snack, enjoy some quiet time, or take a movement break. Each day will end with a 15-minute self-reflection block. Trailblazers will enjoy a special virtual community excursion every Wednesday from 11:30 am - 1:30 pm and an additional Thursday night hangout each week from 6:00 pm - 7:30 pm.
Curriculum Blocks

Based on MGH Aspire’s “3S” curriculum model, child participants will enjoy daily content blocks designed to help neurodiverse participants build skills related to Social competency, Stress management and Self-awareness. Experienced MGH Aspire leadership staff will provide direct instruction and in-the-moment social coaching to support skill building in these essential areas. At MGH Aspire, we use a strengths-based approach to help all participants feel accepted and valued for their unique qualities. Staff will focus on each individual’s strengths to create a safe and comfortable environment in which they can learn, grow, make social connections, feel successful and have fun.

Virtual Program Supervision

We recognize that our youngest participants benefit from frequent and scheduled breaks away from their screens. As a result, regular program breaks are included in each participant’s day. Due to the nature of the virtual platform, MGH Aspire staff will not be able to oversee participants’ needs at all times. Therefore, parents and caregivers are expected to supervise their children and monitor their needs during program hours. Staff will be available to help support parents and caregivers with ideas and activities to help structure transitions and breaks.

Parent Support

While our program is primarily focused on the child participants, we recognize the importance of the family system. Parent support services will be offered throughout the six-week program. These services will include weekly virtual parent support groups and regular MGH Aspire staff communication providing updates and consultation on each participant’s individual progress.

Registration

To apply for this summer program, new MGH Aspire participants should submit a General Application. Currently enrolled participants should submit a Returning Participant Application. To learn more about our summer programs, or if you have any questions, please call us at 781-860-1900.