Our internship program carefully matches participants with employer partners who are eager to develop their talent. We support employers in understanding how to best work with interns, while helping internship participants to solidify their professional skills. Dates and time are for the virtual seminar only. Internship schedule and location will vary by placement.

Join MGH Aspire Works for a 4-week intensive course that will help you prepare for the workforce. This course will be taught virtually over Zoom and will consist of three 75-minute virtual seminars per week. In addition to seminars, participants will engage in regular individual sessions with a career counselor.

This new course will focus on issues that frequently arise in the workplace, including: disclosure/self-advocacy, social nuances, making mistakes, career development, working remotely and making the most of a work hiatus.

Participants in Work Connections will focus on building connections between adults who are unemployed but seeking work, underemployed or employed. Each session will begin with a work-related topic and include 20 minutes of didactic learning, followed by 40 minutes of discussion facilitated by MGH Aspire Works staff. This group is intended to build community among alumni and provide an opportunity for ongoing group support as it relates to the workplace.
Virtual Special Events

**Creating a Resume**

**Virtual (Zoom)**

**10:00am - 12:00pm**

This beginner-level workshop is designed for adults who are starting the job search process and need help creating or updating their resume. We will cover the basics of resume writing, including:

- What is the purpose of a resume?
- How do you know what to include in your resume?
- How do you format your resume?
- Tips for creating a resume that stands out.

**Scheduling Note:** If a Program time conflicts with your college/university fall schedule, please add that note to your fall application. Pending final college/university decisions, MGH Aspire may be able to accommodate scheduling conflicts based on our participants' needs.

- MGH Aspire offers child, teen, and adult group programming. We match applicants into programs based on age, interests, and developmental profile.

- Age levels for our programs overlap. If the participant is aged 13-14, look into both our child and teen offerings. If the participant is 17-19, look into our teen and adult offerings. If the participant is 18+, look into our adult and MGH Aspire Works offerings. We will work with you to find the best fit.

- Based on interest and availability, we are able to add additional groups. Please contact us if you are interested in a group but not able to attend the listed schedule.

- To apply to a program or special event, visit www.mghaspire.org. Application instructions and all required forms can be found on our “How to Apply” page.