



Program Schedule for 2020 Fall • Child •

Day/Time/Dates	Program	Location	Ages	Price
----------------	---------	----------	------	-------

In-Person Programs

Monday

4:00pm - 5:15pm	Engineering*	Lexington	6 - 8	\$875
------------------------	---------------------	------------------	--------------	--------------

9/14	9/21	10/5	10/19
10/26	11/2	11/9	11/16
11/30	12/7		

Participants will work together to express their creativity and love of engineering, all while being supported with in-the-moment feedback from MGH Aspire staff. Group work skills will be emphasized.

4:30pm - 6:00pm	Connections Group*	Lexington	11 - 13	\$950
------------------------	---------------------------	------------------	----------------	--------------

9/14	9/21	10/5	10/19
10/26	11/2	11/9	11/16
11/30	12/7		

Structured, group-based activities will help participants build skills and connect with peers in a naturalistic and play-based setting. Programming is structured for each unique group of participants based on their goals and shared connections.

Tuesday

4:30pm - 5:45pm	Collaborative Games*	Lexington	10 - 12	\$875
------------------------	-----------------------------	------------------	----------------	--------------

9/15	9/22	9/29	10/6
10/13	10/20	10/27	11/3
11/10	11/17		

Participants will practice communication and collaboration skills and develop peer relationships. Instruction and hands-on experience will build teamwork, social competency and flexibility skills.

Wednesday

4:00pm - 5:15pm	Sibling Space*	Lexington	5 - 13	\$875
------------------------	-----------------------	------------------	---------------	--------------

9/23	9/30	10/7	10/14
10/21	10/28	11/4	11/18
12/2	12/9		

This group is open to siblings of individuals on the Autism Spectrum. Participants will come together in a safe space to share experiences, make connections, and discover their own identity as an individual separate from a sibling with special needs through creative projects, group discussions, and hands-on activities. Self-advocacy, self-expression and increasing confidence will be emphasized.

4:15pm - 5:30pm	Collaborative Games*	Lexington	8 - 10	\$875
------------------------	-----------------------------	------------------	---------------	--------------

9/23	9/30	10/7	10/14
10/21	10/28	11/4	11/18
12/2	12/9		

Participants will practice communication and collaboration skills and develop peer relationships. Instruction and hands-on experience will build teamwork, social competency and flexibility skills.

6:00pm - 7:30pm	Connections Group*	Lexington	10 - 12	\$950
------------------------	---------------------------	------------------	----------------	--------------

9/23	9/30	10/7	10/14
10/21	10/28	11/4	11/18
12/2	12/9		

Structured, group-based activities will help participants build skills and connect with peers in a naturalistic and play-based setting. Programming is structured for each unique group of participants based on their goals and shared connections.

Thursday

4:30pm - 5:45pm	Social Group*	Lexington	5 - 7	\$875
------------------------	----------------------	------------------	--------------	--------------

9/24	10/1	10/8	10/15
10/22	11/5	11/12	11/19
12/3	12/10		

Structured, group-based activities will help participants build skills and connect with peers in a naturalistic and play-based setting. Programming is structured for each unique group of participants based on their goals and shared connections.

4:00pm - 5:15pm	Collaborative Games*	Lexington	9 - 11	\$875
------------------------	-----------------------------	------------------	---------------	--------------

9/24	10/1	10/8	10/15
10/22	11/5	11/12	11/19
12/3	12/10		

Through engaging play-based activities, participants will learn new strategies for self-expression while building self-confidence. Group members will collaborate on creative projects based on shared interests.

Day/Time/Dates Program Location Ages Price

Saturday

10:00am - 11:30am Girls Group* Lexington 8 - 10 \$950

9/19 9/26 10/3 10/17
10/24 11/7 11/14 11/21
12/5 12/12

Participants* will come together with peers to build relationships through hands on group-directed activities to improve self-awareness and stress-management skills. All lessons and activities are structured for each unique group of participants based on their goals and shared connections.

*This group is open to female-identifying individuals as content will be driven by the unique needs of this population.

10:30am - 12:00pm Collaborative Games* Lexington 8 - 10 \$950

9/19 9/26 10/3 10/17
10/24 11/7 11/14 11/21
12/5 12/12

Participants will practice communication and collaboration skills and develop peer relationships. Instruction and hands-on experience will build teamwork, social competency and flexibility skills.

11:45am - 1:00pm Mindful Me* Lexington 6 - 8 \$875

9/19 9/26 10/3 10/17
10/24 11/7 11/14 11/21
12/5 12/12

Participants will engage in mind-body activities, including mindfulness and yoga (among others) to improve self-regulation and stress management.

12:45pm - 2:00pm Group Gaming* Lexington 11 - 13 \$875

9/19 9/26 10/3 10/17
10/24 11/7 11/14 11/21
12/5 12/12

Participants will leverage highly-motivating special interests in gaming to build skills in areas like teamwork, flexibility, winning and losing and decision-making. Group Gaming will also highlight increasing independence and leadership through preteen-directed curriculum, opportunities for teens' choice and direct instruction in group decision-making strategies. The group will begin with collaborative games while participants get to know each other and then will build towards playing games that are more competitive in nature.

1:30pm - 2:45pm Engineering* Lexington 10 - 12 \$875

9/19 9/26 10/3 10/17
10/24 11/7 11/14 11/21
12/5 12/12

Participants will work together to express their creativity and love of engineering, all while being supported with in-the-moment feedback from MGH Aspire staff. Group work skills will be emphasized.

2:30pm - 4:00pm Hangout Hub* Lexington 12 - 14 \$950

9/19 9/26 10/3 10/17
10/24 11/7 11/14 11/21
12/5 12/12

Participants will come together with peers to build relationships through group-directed activities, games and projects. With the support of staff, participants will collaborate to pick, budget, and organize their activities based on the interests of the group. Self-advocacy, emerging independence and group decision-making skills will be emphasized.

In-Person Special Events

Wed - Fri

9:30am - 11:00am Transitioning Back to School* Lexington 5 - 9 \$100

8/19 8/20 8/21

In groups of 2-3 kids, participants will come together in-person for 3 consecutive days. Participants will learn and practice social distancing within a group of peers, wearing a mask during play, covering coughs and sneezes with the elbow and practicing hand hygiene. Participants will practice these skills in real time while receiving in-the-moment feedback.

<i>Day/Time/Dates</i>	<i>Program</i>	<i>Location</i>	<i>Ages</i>	<i>Price</i>
9:30am - 11:00am 8/26 8/27 8/28	Transitioning Back to School*	Lexington	5 - 9	\$100
	In groups of 2-3 kids, participants will come together in-person for 3 consecutive days. Participants will learn and practice social distancing within a group of peers, wearing a mask during play, covering coughs and sneezes with the elbow and practicing hand hygiene. Participants will practice these skills in real time while receiving in-the-moment feedback.			
1:00pm - 2:30pm 8/19 8/20 8/21	Transitioning Back to School*	Lexington	5 - 9	\$100
	In groups of 2-3 kids, participants will come together in-person for 3 consecutive days. Participants will learn and practice social distancing within a group of peers, wearing a mask during play, covering coughs and sneezes with the elbow and practicing hand hygiene. Participants will practice these skills in real time while receiving in-the-moment feedback.			
1:00pm - 2:30pm 8/26 8/27 8/28	Transitioning Back to School*	Lexington	5 - 9	\$100
	In groups of 2-3 kids, participants will come together in-person for 3 consecutive days. Participants will learn and practice social distancing within a group of peers, wearing a mask during play, covering coughs and sneezes with the elbow and practicing hand hygiene. Participants will practice these skills in real time while receiving in-the-moment feedback.			
3:00pm - 4:30pm 8/19 8/20 8/21	Transitioning Back to School*	Lexington	5 - 9	\$100
	In groups of 2-3 kids, participants will come together in-person for 3 consecutive days. Participants will learn and practice social distancing within a group of peers, wearing a mask during play, covering coughs and sneezes with the elbow and practicing hand hygiene. Participants will practice these skills in real time while receiving in-the-moment feedback.			
3:00pm - 4:30pm 8/26 8/27 8/28	Transitioning Back to School*	Lexington	5 - 9	\$100
	In groups of 2-3 kids, participants will come together in-person for 3 consecutive days. Participants will learn and practice social distancing within a group of peers, wearing a mask during play, covering coughs and sneezes with the elbow and practicing hand hygiene. Participants will practice these skills in real time while receiving in-the-moment feedback.			

Virtual Programs

Tuesday				
3:30pm - 4:30pm 9/15 9/22 9/29 10/6 10/13 10/20 10/27 11/3 11/10 11/17	Collaborative Games	Virtual (Zoom)	7 - 9	\$875
	Participants will practice communication and collaboration skills and develop peer relationships. Instruction and hands-on experience will build teamwork, social competency and flexibility skills.			
4:00pm - 5:00pm 9/15 9/22 9/29 10/6 10/13 10/20 10/27 11/3 11/10 11/17	Collaborative Games	Virtual (Zoom)	10 - 13	\$875
	Participants will practice communication and collaboration skills and develop peer relationships. Instruction and hands-on experience will build teamwork, social competency and flexibility skills.			

School Reopening Note: If a Group time conflicts with your child's required school schedule, please add that note to your fall application. Pending final school decisions, MGH Aspire may be able to accommodate scheduling conflicts based on our participants' needs.

** All programs will adhere to MGH policies regarding in-person visits with regards to Covid-19. Such programming may transition to a virtual format based on MGH and state mandates. No refunds will be given if a program cannot run in-person due to those mandates.*

7.28.20

- MGH Aspire offers child, teen, and adult group programming. We match applicants into programs based on age, interests, and developmental profile.
- Age levels for our programs overlap. If the participant is aged 13-14, look into both our child and teen offerings. If the participant is 17-19, look into our teen and adult offerings. If the participant is 18+, look into our adult and MGH Aspire Works offerings. We will work with you to find the best fit.
- Based on interest and availability, we are able to add additional groups. Please contact us if you are interested in a group but not able to attend the listed schedule .
- To apply to a program or special event, visit www.mghaspire.org. Application instructions and all required forms can be found on our "How to Apply" page.