



Nasal Spray



Patches



Gum



Inhaler



Lozenge

Medication				
Nicotine Replacement Patches	21 mg (pack +/day)	14mg (10-15 cig/day)	7mg (<10 cig/day)	Initial: 1 patch/16-24 hrs Max: Same as above Treatment: 8 weeks
Nicotine Replacement Gum	4 mg (>20 cig/day)	2mg (<20 cig/day)		Initial: 1 piece every 1-2 hrs Max: 24 pieces/24 hours Treatment: 8-12 weeks
Nicotine Replacement Nasal Spray	10mg/ml			Initial: 1-2 doses/hrs Max: 5 doses/hr or 40/day Treatment: 3-6 months
Nicotine Replacement Inhaler	10mg/cartridge			Initial: 6-10 cartridges/day Max: 16 cartridges/day Treatment: 3-6 months
Nicotine Replacement Lozenge	4 mg	2mg		1loz/1-2 hrs (weeks 1-6) 1loz/2-4 hrs (weeks 7-9) 1loz/4-8hrs (weeks 10-12) Treatment: 12 weeks
Bupropriion HCL SR	150 mg tablets			Initial: 150 mg/day (days 1-3) 300 mg/day (day 4+) Max: 300 mg/day
Varenicline	0.5 mg tablets			Starter pack (days 1-30) 1 mg/twice a day (days 31-84) Treatment: 12 weeks