

How to Clean and Prime an MDI

Inhalers are a common treatment for managing asthma. Here are directions on how to clean your child's metered dose inhaler, or MDI.

HOW TO CLEAN AN MDI

1. Remove the cap from the canister. Set it aside.



2. Hold the plastic case under warm running water until all the powdery build-up is cleared.



3. Let the cap and plastic case air dry.



4. When dry, put the canister back inside the plastic case.



5. Prime the MDI.



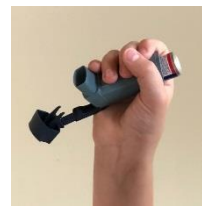
HOW TO PRIME THE MDI

The MDI needs to be primed if:

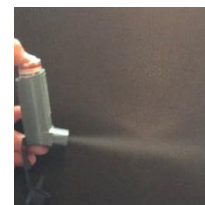
- The MDI is new
- Your child has not used their MDI in 2 weeks or more
- When you clean the MDI

Here is how to prime the MDI:

1. Shake the MDI for 5 seconds.



2. With the MDI pointed away from you and others' faces, press down on the canister to release a puff of the medication.



3. Wait 30 seconds to 1 minute. Repeat steps 1 and 2 once more before use. The number of puffs depends on the type of MDI.

