

How to Use a RediHaler™

Inhalers are a common treatment for managing asthma. Here are directions on how to use a RediHaler™ (also called a dry powder inhaler, or DPI).

1. Open the white cap on the bottom of the RediHaler™. You do not need to shake the inhaler.



2. Have your child breathe out.



3. Place the inhaler in your child's mouth. Make a tight seal around the mouthpiece.



4. Have your child take a quick, deep breath in.



5. Remove the inhaler from your child's mouth. Have them hold their breath for 8-10 seconds.



6. Have your child breathe out.



7. Close the inhaler. Have your child rinse out their mouth after using the inhaler. Repeat steps 2-7 for each additional puff.



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