Dermatology E-Visit: Photography Guide

Photo Tips: □ Hold camera steady with both hands. □ Check Photo for focus, coverage and exposure.

**head & body**
- **head, face, scalp**
  - Preparation: Remove jewelry and makeup. Nestle hair.

- **knees, elbows**
  - Preparation: Remove applicable clothing.
  - Positioning: Standing.

- **axilla**
  - Preparation: Remove jewelry and deodorant, if visible. Nestle hair.
  - Positioning: Standing, arms raised.

- **genitals, buttocks**
  - Preparation: Remove clothing.
  - Positioning: Labia majora or for females.

- **trunk**
  - Preparation: Remove clothing from upper body. Remove jewelry. Nestle hair.
  - Positioning: Standing, back straight. Minimize rotation and lifting.

**upper extremities**
- **upper arms**
  - Preparation: Remove applicable clothing and jewelry.
  - Positioning: Standing, arms at sides, palms facing front.

- **lower arms**
  - Preparation: Remove applicable clothing and jewelry.
  - Positioning: Seated, rest arms on table.

- **hands, fingernails**
  - Preparation: Remove jewelry and fill-in designs.
  - Positioning: Seated, rest hands on table.

**lower extremities**
- **legs: anterior and posterior**
  - Preparation: Remove shoes, socks, and applicable clothing.
  - Positioning: Standing, feet slightly apart.

- **legs: lateral and medial**
  - Preparation: Remove shoes, socks, and applicable clothing.
  - Positioning: Bend knee of leg furthest from camera and move foot forward.

- **feet, toenails**
  - Preparation: Remove shoes, socks, and applicable clothing.
  - Positioning: Keep feet close together. Have patient bend for sole of foot.

**necessary sequence of images**
- **distribution**
- **regional**
- **close-up showing surface features**

Source: ATA TeleDermatology Poster [https://www.dermnetnz.org/assets/Uploads/ATA-Teledermatology-poster.pdf](https://www.dermnetnz.org/assets/Uploads/ATA-Teledermatology-poster.pdf)