

**Peer Mentoring for Parents:** Informal, virtual discussion groups for the following parental groups:

- Parents of children from newborns through preschoolers who identify as mothers\*
- Parents of children from newborns through preschoolers who identify as fathers\*
- Parents of elementary school-age children
- Parents of middle and high school age children

*\*We encourage individuals of all gender identities and methods of family building in our program! For our early parent groups, we encourage you to pick the group that you feel might be the best fit, and please email us at [parentalwellness@mgh.harvard.edu](mailto:parentalwellness@mgh.harvard.edu) (or email Anne Levy) if you have any questions about potential discussion themes or suggestions regarding inclusive language.*

**If you are a parent in one of these categories and interested in joining a peer mentoring cohort, please contact Anne Levy, Senior Program Manager, at [alevy@mgh.harvard.edu](mailto:alevy@mgh.harvard.edu), with the following information:**

- Name, degree, rank, department
- Contact information
- Cohort you are interested in joining
- Birth dates of child(ren)
- (optional) what you would like to discuss/get out of the peer mentoring experience