



Massachusetts General Hospital
Founding Member, Mass General Brigham

Center for Faculty Development Overview

Maire Leyne, MS, MBA, Executive Director

CFD Mission

The CFD aims to serve as a center of excellence on career development of our diverse clinical and research faculty and trainees by sharing best practices on mentorship, well-being, and promotion.



Who executes the mission?

CFD Faculty Directors

Center for Faculty Development (CFD)
Vacant



TBD

Office for Clinical Careers (OCC)
Shannon E. Scott-Vernaglia, MD



Office for Research Careers (ORC)
Mary L. Boussein, PhD



Office for Senior Faculty Affairs (OSFA)
Steven M. Greenberg, MD, PhD



Office for Well-Being (OWB)
Darshan H. Mehta, MD, MPH



Office for Women's Careers (OWC)
Louisa G. Sylvia, PhD



Graduate Student Division (GSD)
Jodi M. Gilman, PhD



Postdoctoral Division (PDD)
Jodi M. Gilman, PhD



CFD Administration Team



Maire Leyne, MS, MBA
Executive Director



Anne S. Levy, PhD
Senior Program Director



Lauren E. Olson, MPH
Program Coordinator



Karan A. Patel, MHA
Program Manager



Brenda I. Vega
Office Manager



How do we execute our mission?

- 1 Career advancement**
- 2 Initiatives to prevent burnout**
- 3 System wide initiatives**



1 Career advancement ...



A. Provide ready-to-go leadership training, writing support



B. Arrange speaking opportunities for women faculty

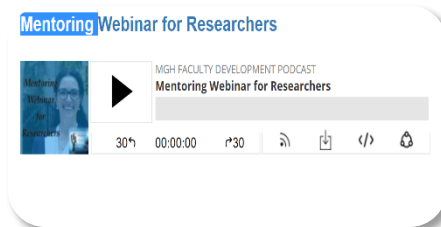


C. Skill building seminars

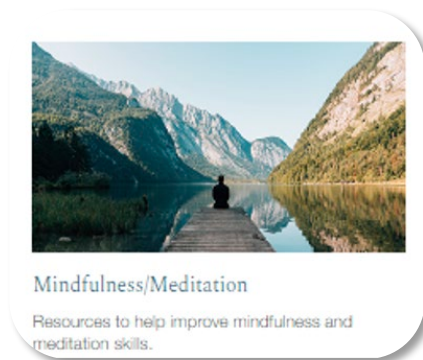
2 Initiatives to prevent burnout...



A. Provide confidential consultations through all offices



B. Help build connections with colleagues – peer mentoring groups



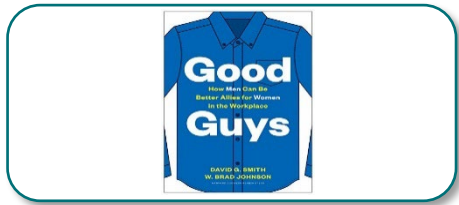
C. Counsel and support for faculty on career and work-life balance



③ We are leading system-wide initiatives



A. Streamline the ACC



B. Male ally training



C. Elevating the importance of mentoring



Read our newsletter - Tuesdays



 **Massachusetts General Hospital**
Founding Member, Mass General Brigham

Center for Faculty Development

ANNOUNCEMENTS

FROM THE CENTER FOR FACULTY DEVELOPMENT (CFD)

Upcoming Events

-- Visit [CALENDAR OF EVENTS](#) for full list of upcoming events --

NEW RELEASE! September TEDxMGH Videos release! *(see details below)*

CALL FOR APPLICATIONS! LEADERSHIP SKILLS RETREAT
Applications due Monday, October 2
Session date: Friday, November 17 -- 7:30-11:00 am

WOMEN IN MEDICINE AND SCIENCE SYMPOSIUM / MARCELA DEL CARMEN, MD
LECTURE SERIES FOR THE ADVANCEMENT OF WOMEN AND DIVERSE FACULTY
IF ME, THEN YOU: ATTAINING LEADERSHIP THROUGH GROWTH OPPORTUNITIES
TOMORROW, September 27 -- 3:00-5:00 pm
Keynote lecturer: *Joanne Wolfe, MD, MPH, Chair of Pediatrics at MGfC and at BWH*



MEDICAL EDUCATOR PANEL- "FINDING JOY AS A CLINICAL EDUCATOR"
THIS THURSDAY, September 28 -- 12:00-1:00 pm
Panelists: *Carolina Abuelo, MD; Trevin Lau, MD; Alice Lorch, MD;*

Also available on the CFD homepage under **News & Events**
<https://www.massgeneral.org/faculty-development>



The screenshot shows the top navigation bar of the website with the following items: Center for Faculty Development, Offices/Divisions, New Faculty/Trainee, Award & Funding Opportunities, Resources, Annual Career Conferences, and Mentoring. Below the navigation bar, the breadcrumb "Home - Faculty Development" is visible. The main heading is "Center for Faculty Development". A quote from the director, Miriam A. Bredella, MD, states: "FROM THE DIRECTOR: The CFD aims to serve as a center of excellence on career development of our diverse clinical and research faculty and trainees by sharing best practices on mentorship, well-being, and promotion. -- Miriam A. Bredella, MD". There are three buttons: "Request a consultation", "Calendar of events", and "Meet the team". To the right, there is a social media sharing bar with icons for Facebook, Twitter, LinkedIn, and Email. Below the sharing bar is a large image featuring portraits of seven team members.



CFD Writing Support

A dedicated webpage of information to support your writing needs, projects, and goals.



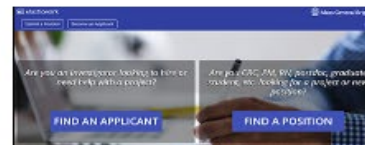
NEW! Office for Senior Faculty Affairs

The Center for Faculty Development is excited to launch the Office for Senior Faculty Affairs.



Webinars and Podcasts

List of all recorded webinars and podcasts.



Access Videos and Podcasts from CFD website

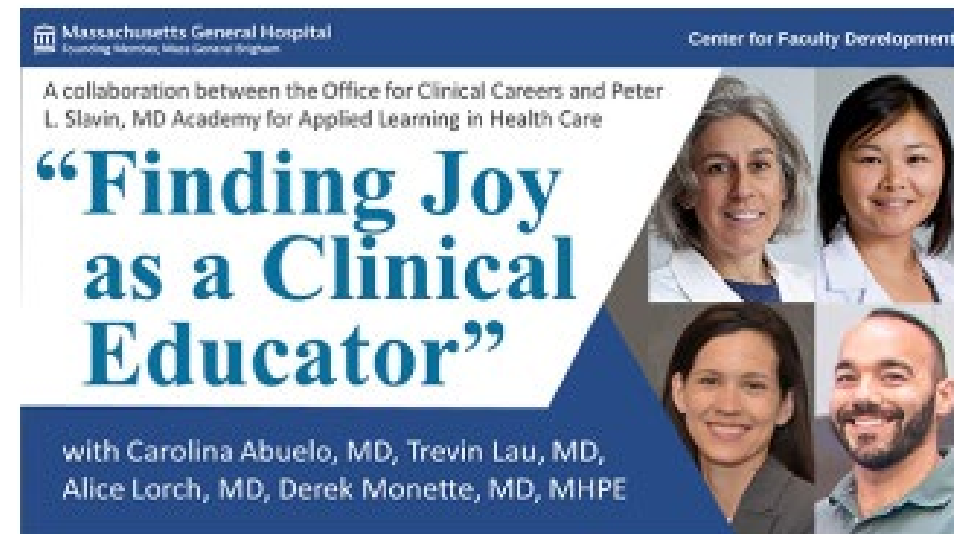
Webinars and Podcasts

Check out the most recent additions to the list of webinars and podcasts. Also find instructions to subscribe to CFD Podcast and Follow CFD MS Stream Channel to receive notifications when there are new uploads.

Finding Joy as a Clinical Educator on Sep 28

A panel of clinical educators working in varied settings talked about their careers and ways in which they have combined clinical practice with teaching and education.

Watch webinar >



Massachusetts General Hospital
Elevating Science, Improving Lives

Center for Faculty Development

A collaboration between the Office for Clinical Careers and Peter L. Slavin, MD Academy for Applied Learning in Health Care

“Finding Joy as a Clinical Educator”

with Carolina Abuelo, MD, Trevin Lau, MD, Alice Lorch, MD, Derek Monette, MD, MHPE

<https://www.massgeneral.org/faculty-development/offices/cfd/webinars-podcasts>

1 of 6



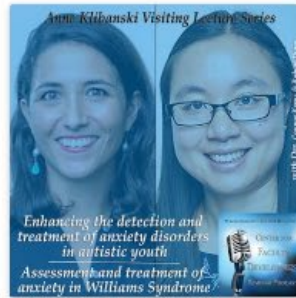
CFD Podcasts



MGH FACULTY DEVELOPMENT PODCAST



Did you miss an interesting session that the Massachusetts General Hospital's (MGH) Center for Faculty Development (CFD) offered because you were too busy in the clinic or in the lab? Were you out the day they offered it? This podcast was created because we understand your busy schedules and the CFD aims to serve you in your career development and will help with your work-life balance by providing this easy way to listen to all of the seminars we have offered right here on this podcast. Listen to it at your own convenience in your car, while you exercise, or relaxing on vacation. Just know that you may strengthen your skills at YOUR own pace! Please note that most of these podcasts are geared towards faculty, trainees and graduate students from the Massachusetts General Hospital. Thank you for listening!



2023 Anne Klibanski Visiting Lecture Series 1...
09/13/2023



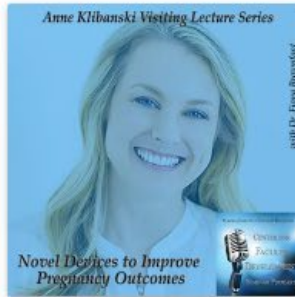
2023 Anne Klibanski Visiting Lecture Series 0...
06/06/2023



2023 Anne Klibanski Visiting Lecture Series 0...
05/23/2023



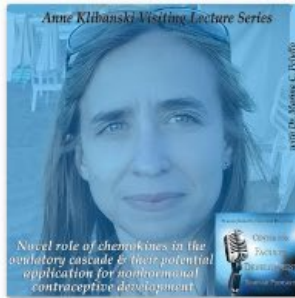
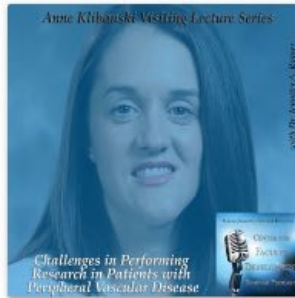
Embracing vulnerability as a leader and mentor
05/19/2023



2023 Anne Klibanski Visiting Lecture Series 0...
05/12/2023



2023 Anne Klibanski Visiting Lecture Series 0...
04/25/2023



Career Development 1:1's, Promotion and CV Support

- Advice from Directors
- 1:1 help with CV formatting, appointment and promotion questions, letters, etc.
- Webinars:
 - [Composing the HMS CV Narrative](#)
 - [Creating your HMS CV with EasyCV](#)
 - Getting Promoted through the Areas of Excellence:
 - [Clinical Expertise and Innovation & Teaching and Educational Leadership](#)
 - [Investigation](#)
 - [Getting Promoted from Instructor to Assistant Professor](#)



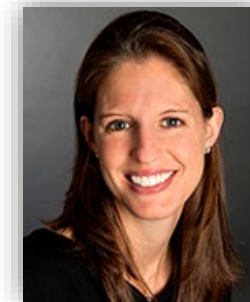
OCC: Shannon
Scott-Vernaglia, MD



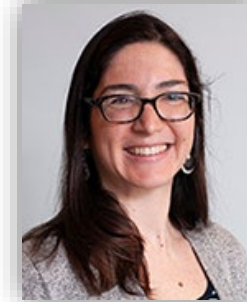
ORC: Mary
Bousein, PhD



OSFA: Steven
Greenberg, MD, PhD



OWC: Louisa
Sylvia, PhD



PDD/GSD: Jodi
Gilman, PhD



Sr. Program Manager:
Anne Levy, PhD



Promotion and CV Guide

Promotion and CV Guide



Latest News

Upcoming HMS Promotion and CV sessions: [virtual presentations calendar](#).

The newest web-based version of the Harvard Faculty of Medicine Handbook provides enhanced accessibility (including readability on mobile platforms) and easier navigation and referencing. To view the handbook, follow this link: <http://facultyhandbook.hms.harvard.edu>.

The newest version includes the following updates:

1. Clarifying what counts as [HMS teaching](#)
2. Clarifying career growth expectations for [Longer Service promotions](#)

Promotion Guide

Frequently Asked Questions on Promotions

Q: How do I decide on my Area of Excellence?

A: Your Area of Excellence (AoE) will be determined in consultation with your department head or his/her designee. It should represent your major area of achievement and impact, including a consideration of the quantity as well as quality of your contributions. Most often, MDs are considered under Clinical Expertise and Innovation criteria and PhDs under Investigation criteria. Candidates for

CV Guide

The Massachusetts General Hospital Center for Faculty Development (CFD) strongly recommends that faculty use [home.EasyCV.me](#) to curate their Harvard Medical School (HMS) CV. Created by Mass General faculty member Wilton Levine, MD, Department of Anesthesia, Critical Care and Pain Medicine, this user-friendly tool is an on-line database to enter your CV elements, search and import from PubMed and download an HMS formatted CV. You are able to import your current HMS CV into the system and download your full CV or only entries from a certain timeframe. You are also able to assign a delegate to your account.

The purpose of the HMS CV is to thoroughly showcase your accomplishments in a clear format.

Key CV messages include:

- Capturing all your **teaching**—including future engagements—in the appropriate categories as well as addressing it in your narrative
- Documenting the reach of your **reputation**, through invited presentations (including future engagements); membership in professional societies and on committees; and editorial roles and grant review responsibilities
- Demonstrating your **impact** in your **narrative**

Key elements to keep in mind in the general formatting of your CV:

- Lists are always in chronological order
- Each activity or role is to be listed only once

Writing Support



Given the central role of scholarship in academic medicine, the CFD has created a dedicated webpage to bring together the information to support your writing needs, projects, and goals.



[Request a Consultation >](#)

[Calendar of Events >](#)

[Recommended Resources on Writing](#)



[MGH Scientific Writing Group Writing Support](#)



[Workshops and Courses on Writing](#)



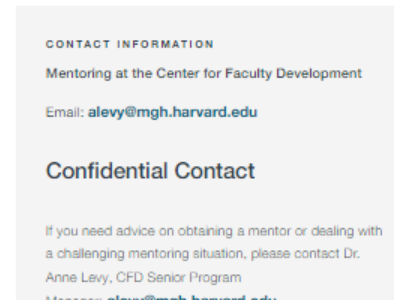
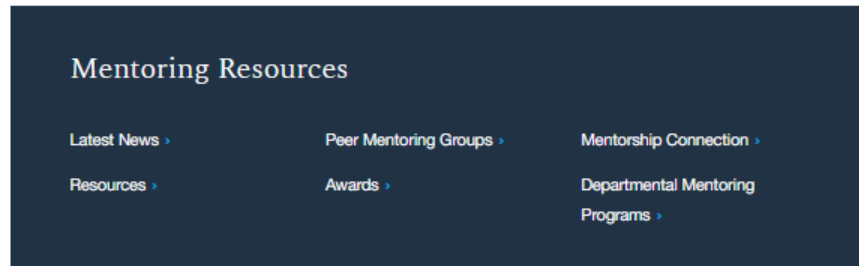
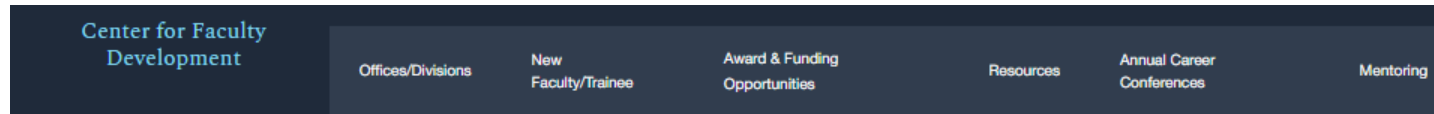
[Writing Evaluation Letters](#)



[Templates and Samples](#)



Mentoring Section on CFD Website



➔ Latest News

- Register on [MentorMGB](#) to extend and deepen your your mentoring network. Scroll down for more information.

➔ Mentoring Advice and Support

Videos by senior mentors on the value of mentoring.

➔ Speed Mentoring Sessions

Speed mentoring with mentor leaders, open to all faculty:

Register to participate and come ready with questions about [any aspect of mentoring or being](#)

➔ Peer Mentoring Groups

Peer mentoring has been shown to improve support, collaboration and access to resources. Peer mentoring groups empower robust debate, learning, and problem solving in a space of trust and both practical and emotional support.

➔ Mentorship Connection

[MentorMGB](#): This "LinkedIn" style mentorship platform for the entire Harvard Medical School (HMS) community connects faculty, trainees and students across hospitals to find and give secondary mentorship: collaborate on research interests/find new projects: and create general work and non-work

➔ Resources

- [Mass General Division of Clinical Research Mentoring Corner](#)—excellent tips for mentees and mentors in the form of online courses
- [Best Practices and Toolkits](#)
 - [Best Practices Mentees and Mentors](#)

➔ Awards

The [CFD Excellence in Mentoring Awards](#) recognize faculty and postdoctoral fellows who have mentored and contributed to the success of other faculty and/or trainees during their career. Winners

➔ Departmental Mentoring Programs

Examples of Mass General Departmental Mentoring Program Structures:

➔ Articles on Mentoring by MGH Faculty

- Bredella, M. A., Alvarez, C., O'Shaughnessy, S. A., Lavigne, S. D., Brink, J. A., Thrall, J. H. [Radiology Mentoring Program for Early Career Faculty—Implementation and Outcomes](#). J Am Coll Radiol. 2021 Mar;18(3):451-456.

➔ Departmental Mentor Leaders

Mentoring Leader Round Table: Mentor leaders meet on a bimonthly basis to share mentoring program structures and initiatives, successes and challenges. These meetings consist of focused



CFD Excellence in Mentoring Awards

- John T. Potts, Jr., MD, Faculty Mentoring Award
- Rising Mentor Award
- Ally for Women Faculty Award
- Outstanding Mentor of UiM Faculty and Trainees Award
- Outstanding Principal Investigator Mentor of Graduate Students Award
- Outstanding Research Fellow Mentor Award



Call of Nominations due Fri, Nov 10!



Peer Mentoring Groups

Peer mentoring has been shown to improve support, collaboration and access to resources. Peer mentoring groups empower robust debate, learning, and problem solving in a space of trust and both practical and emotional support.

- Peer mentoring groups for **women faculty**, including more than 200 faculty from Assistant through Full Professors
 - Peer support
 - Practical and emotional support
 - Support, collaboration, and resources
- Peer mentoring for **parent of infants, toddlers, and pre-schoolers**
- GSD Peer-to-Peer Program for new graduate students
- GSD/PDD Peer Mentoring Program



Speed Mentoring Hour



Every month, two mentor leaders from different departments will answer your questions about any aspect of being a mentee or mentor. You do not need to be in the same department as the leaders—this event is open to faculty across MGH, but registration is required. Come ready with your questions and be ready to learn not only from the senior mentoring leaders but also from fellow attendees.

Lead Mentoring Facilitators: **Raymond Chung, MD**, Vice Chief of Gastroenterology; and **David G. Hunter, MD, PhD**, Vice Chair for Promotions and Reappointments, Ophthalmology

Wednesday, October 25, 2023 – 11:00 am-12:00 pm



MentorMGB.org



- “LinkedIn” style mentorship platform for the MGB/HMS community
- Fostering dynamic cross-institution mentorship culture
- Facilitate research collaborations, ability to recruit students/resident
- Connection of faculty, trainees, students across hospitals
- Creation of general work and non-work discussions/ connections
- Implemented at other AMCs, scientific societies

Stats

- >2500 members
- 9.6 K page views
- 28 K events
 - 9.6 K views
 - 8.8 K clicks
 - 6.4 K scroll instances
- 6m 45 s average engagement time/session
- Mentorship directory page use: 1,967 times (20% of all uses) to search for mentors

Source: Succì MD, Ghoshal S, Cheng D, Alvarez C, Bredella MA. A Scalable Mentoring Web Platform Deployed in a Large Academic System: Pilot Implementation. J Am Coll Radiol. 2023 Mar 30;



The screenshot displays a user profile for Marc Succì on the MentorMGB.org platform. The profile includes a header with the MGH 1811 logo and the user's name, Marc Succì, with a title of 'Instructor'. Below the header, there are tabs for 'Profile', 'Timeline', 'Connections', 'Groups', 'Photos', 'Forums', and 'Email Invites'. The 'Profile' tab is active, showing a 'View Profile' button and a 'Details' section. The details section lists the following information:

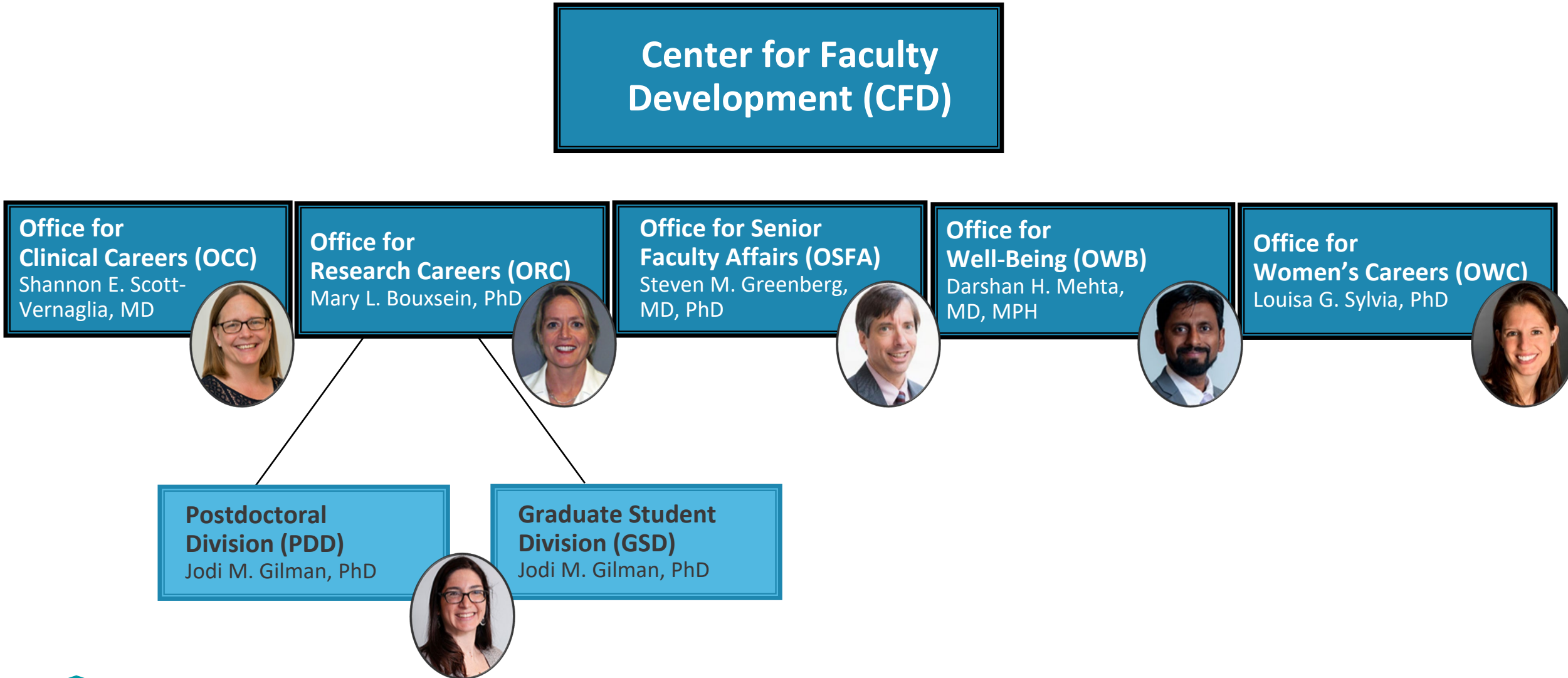
First Name	Marc
Last Name	Succì
Username	msuccì
Institution	Mass General Hospital
Faculty Rank	Instructor
Specialty	Radiology
Lab Affiliation	MESH
Medical School	Harvard
Available to mentor in:	Committees, Consulting and Industry, CV Help, Diversity, Equity, and Inclusion, Innovation, Intellectual Property, Leadership, Publishing Research, Starting a research lab, Work-Life Balance
Bio Overview	Hi there, I am an Instructor at MGH Radiology by way of MGH Radiology residency. Happy to help out in any way I can for topics related to invention, intellectual property, work-life balance, and emergency radiology. We also have several ongoing projects in operations at the hospital level – please message me directly here if you are interested in getting involved. Currently looking for a physician partner from BWH.
Gender	Male
Years of Employment at MGB	6
Research interests	invention, business, operations
Are you formally enrolled in the faculty mentorship program?	Yes
Formal Mentor (if assigned)	Raul Uppot

On the left side of the profile, there are sections for 'MY CONNECTIONS' and 'I'M FOLLOWING 11', each with a list of user avatars and names.

Closer look at CFD Offices & current offerings



The CFD Offices



Home - Faculty Development - Offices - OCC

CENTER FOR FACULTY DEVELOPMENT

Office for Clinical Careers

The OCC supports faculty and the advancement of their careers (through one-on-one meetings, CV reviews, skill-building seminars, and mentorship).

Request a consultation >

Calendar of events >



Career Resources



Work/Life



Policies/Guidelines



Director: Shannon Scott-Vernaglia, MD



A collaboration between the Office for Clinical Careers and Peter L. Slavin, MD Academy for Applied Learning in Health Care

Make it Count Twice: Turning Health Professions Education Work into Scholarship

*Hybrid event in
Yawkey 2-230
(Zoom option available)*

Thursday, October 26
12:00-1:00 pm

Lunch will be provided to those in-person

Join a peer mentoring group for Clinician Educators at MGH!

Beginning Fall 2023

Sign up at tinyurl.com/occpeermentoring



Write to Thrive

Reflective and Creative Writing Practices to Promote Clinician Well-Being

A 4-part series for clinicians looking to connect with colleagues and renew their sense of purpose through engaging and reflecting creatively through writing.

No prior writing experience is needed; you need only an open mind and curiosity to explore the practice.



Home - Faculty Development - Offices - ORC

CENTER FOR FACULTY DEVELOPMENT

Office for Research Careers

FROM DIRECTOR: The ORC facilitates the career advancement of research faculty and trainees through career development seminars & workshops, 1:1 counseling and promoting policies to advance the research workforce. -- Mary L. Bouxsein, PhD

[Request a consultation](#) > [Calendar of events](#) >



Career Resources

Career resources for faculty at Mass General Hospital.



Responsible Conduct of Research (RCR)

Information regarding RCR at Mass General Hospital.



Research News

News for researchers at Mass General Hospital.



Director: Mary Bouxsein, PhD



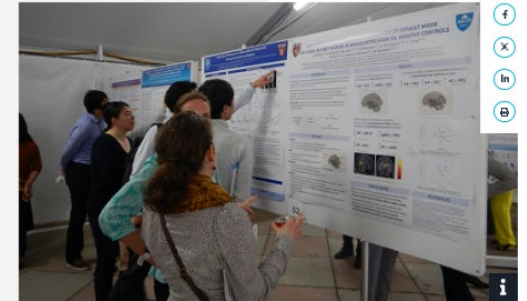
Home - Faculty Development - Offices - PDD

CFD - OFFICE FOR RESEARCH CAREERS

Postdoctoral Division

FROM DIRECTOR: The PDD supports our trainees and the advancement of their careers through one-on-one meetings, CV reviews, mentorship, and transition to independence. -- Jodi M. Gilman, PhD

[Request a consultation](#) > [Calendar of events](#) >



Salary and Benefits

Information on your benefits, child care resources and other work/life resources.



Grant Information and Sample Grants

Resources on grant writing, planning your application, developing your budget and even successful grant samples!



Research Fellow Resources

Resources such as postdoc guidelines, RCR, authorship & attribution policy, etc.



Director: Jodi Gilman, PhD

Home - Faculty Development - Offices - GSD

CFD - OFFICE FOR RESEARCH CAREERS

Graduate Student Division

FROM DIRECTOR: The GSD aims to support our trainees through community building, career development seminars and workshops, travel awards, one-on-one meetings and mentorship. -- Mary L. Bouxsein, PhD

[Request a Consult](#) > [Calendar of Events](#) >

Click to learn more about the GS



Graduate Student Resources

Resources available for MD and/or PhD Graduate Students.



Graduate Student Community

Building communities for graduate students at the Charlestown Navy Yard and Simches Research



Principal Investigator Resources

Resources for PIs interested in hiring graduate students.

Leadership Development Program for Researchers

Prepares investigators for the challenges inherent in establishing and maintaining a successful research program

Details

- 9-month program that prepares
- Monthly didactic and interactive sessions
- Peer mentoring groups
- Participants are mostly postdocs & instructors



Topics

1. Leadership in Research
2. Mentoring and Being Mentored
3. Team Building, and Emotional Intelligence
4. Managing Conflict & Difficult Conversations
5. Influencing without Authority
6. Building your Personal Brand & Effective Social Media Presence
7. Research Finance
8. Collaborating with Industry & Entrepreneurship
9. Advancing Your Research Program



Upcoming Research Programming

Grant Administration Course

- 3-4 session course on grant budgeting
- Best Practices & Monthly Tasks for PIs
- Renewal/Revision/Submission of Grants

Quarterly Fireside Chat for Postdocs

- Increase knowledge of various topics pertaining to postdocs (visa, benefits, postdoctoral training, etc.)
- Venue for postdocs to talk with Postdoctoral Division Director about career development.



Mass General Postdoc Association (MGPA)

10 Subcommittees



Made up of MGH Postdocs



Many Events + Initiatives throughout the Year



Guide & Help



Postdoctoral Division (PDD)
Office for Research Careers



Home - Faculty Development - Offices - Osfa

CENTER FOR FACULTY DEVELOPMENT

Office for Senior Faculty Affairs

The OSFA will focus on the broad range of issues facing senior faculty: the ascension to senior faculty, opportunities for senior faculty, and transitions from senior faculty into partial or full retirement.

[Request a consultation](#) >

[Calendar of events](#) >



Ascension to Senior Faculty Resources
Resources for promotion to senior faculty



Opportunities for Senior Faculty Resources
List of opportunities available to senior faculty.



Transitions from Senior Faculty Resources
Resources for senior faculty transitioning into partial or full retirement.



Transitions from Senior Faculty - Video Interviews



Director: **Steven Greenberg, MD, PhD**

LEADERSHIP SKILLS *Retreat*

For mid-career faculty looking to build their leadership skillset.

AGENDA - FRI, NOV 17

8-9 AM

Understanding & Optimizing Your Leadership Style

with Mary Shapiro, MS, MBA

9-10 AM

Conversations that take Courage

with Melissa Brodrick, MEd and Lisa Neale

10-11 AM

Skills for Successful Leaders

with Sareh Parangi, MD



APPLY NOW



OSFA Faculty Transition Series

S1. Successful Transition to Retirement While Balancing Continued Engagement at MGH

Panelists: Jeff Cooper, PhD; Ann-Christine Duhaime, MD; Isaac Schiff, MD; and Anne B. Young, MD, PhD

Monday, December 18, 2023 – 12:00-1:00 pm

S4. Health of Your Wealth: Retiring against a backdrop of change

Speaker: Nora Yousif, CFP, CDFP, MBA

Tuesday, March 19, 2024 – 4:00-5:00 pm



Home - Faculty Development - Offices - OWB

CENTER FOR FACULTY DEVELOPMENT

Office for Well-Being

Our office aims to improve well-being of our faculty, postdocs & graduate students across the career span by designing initiatives to increase resilience and to create a positive work culture that supports well-being.

Request a consultation >

Calendar of events >



Spotlight

Maurizio Fava Lecture Series on Well-Being: "Removing the Mask - One Surgeon's Lived Experience of Health, Stigma, and Support"

Join the Office for Well-Being, Frigoletto Cmte, and Departments of Anesthesia, Neurosurgery, Physical Medicine & Rehabilitation, Psychiatry, and Surgery on November 30th for a talk with Dr. Carrie Cunningham.

Register here >

Massachusetts General Hospital
Co-sponsored by CFO's Office for Well-Being and the Departments of Anesthesia, Neurosurgery, Physical Medicine & Rehabilitation, Psychiatry, and Surgery
MAURIZIO FAVA LECTURE SERIES ON WELL-BEING

Removing the Mask - One Surgeon's Lived Experience of Health, Stigma, and Support

Thursday, November 30 | 8:00 - 9:00 am

The Maurizio Fava Lecture Series on Well-Being was created to honor Dr. Fava's vision and advocacy for the well-being of the MGH community.

CME CREDITS PROVIDED

2 of 3



Confidential Consultation with Dr. Darshan Mehta

Schedule one-on-one consultation where you may



Mindfulness/Meditation

Resources to help improve mindfulness and meditation skills.



Exercise/Movement

Curated resources regarding exercise and movement.



Director: Darshan Mehta, MD, MPH

MEDITATION MONDAYS WITH DR. DARSHAN MEHTA

Every Monday – 8:00-8:30am

Co-sponsored by the Center for Faculty Development's Office for Well-Being and the MGPO Frigoletto Committee

Join **Darshan Mehta, MD, MPH**, Director, Office for Well-Being, for a guided meditation session on Monday mornings.



MIDWEEK MEDITATIONS WITH GUEST LEADERS

Every Wednesday – 8:00-8:30am

Sponsored by the Center for Faculty Development's Office for Well-Being

Join a different guest meditation leader from the MGB community for a virtual guided meditation each Wednesday morning.



TEDxMGH

x = independently organized TED event

TEDxMGH presents inspirational stories from the MGH community, including how people have handled challenges through innovation, resilience, vulnerability, and connection.



Introduction to TEDxMGH
















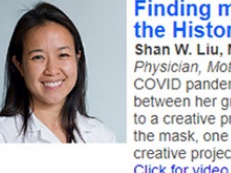

You can also view the video series introduction by **Darshan Mehta, MD**, Director of the Office for Well-Being.

[View video here](#)

Interested in giving a TEDxMGH talk? Click below and tell us your story.

[Submit story for TEDxMGH](#)



<p>November release-</p>  <p>Putting the Most Meaningful Things First</p> <p>O'Neill Britton, MD, Mass General Senior Vice President and Chief Medical Officer, talks about his life and experiences while trying to focus on always putting the most meaningful things first.</p>	<p>December release-</p>  <p>Choosing Happy: A Journey Through Grief & Loss</p> <p>Dr. Kerri Palamara McGrath, Physician, Mother, Wife, and Coach, talks about her journey through grief and loss, and the choices she has made to find her renewed sense of happiness.</p>	<p>January release-</p>  <p>If We Are Willing</p> <p>Connie Chang, MD, Musculoskeletal Diagnostic and Interventional Radiologist, talks about her journey through life and the choices she made along the way.</p> <p>Click for video</p>	
<p>February release-</p>  <p>My Journey with Depression</p> <p>Shannon E. Scott-Vemaglia, MD, Physician/Patient, Educator/Learner, Mother/Daughter, talks about her journey through depression, and her choice to talk about it openly.</p>	<p>March release-</p>  <p>Your Story Matters Even (Especially) Now</p> <p>Suzanne Koven, MD, MFA, Writer in Residence and Primary Care Physician, talks about finding her voice and why it is so important to share our story—now, more than ever.</p>	<p>April release-</p>  <p>Where Unicorns Thrive</p> <p>Donna Matthews Jarrell, DVM, DACLAM, MGH Attending Veterinarian & Lean/Agile Leader, talks about the importance of being a unicorn—of holding on to her identity—and of recognizing the voice of other unicorns.</p>	
<p>May release-</p>  <p>Tomorrow Never Knows</p>	<p>June release-</p>  <p>Embracing Your Weirdness</p>	<p>July release-</p>  <p>A Patient-Scientist's Path to Prevention</p> <p>Sonia Minikel Vallabh, PhD and Eric Vallabh Minikel, PhD, Prion Scientists, share their journey from discovering that Sonia has inherited a genetic mutation that killed her mother to remaking their lives.</p>	
<p>September 2023 release-</p>  <p>Redefining Identity after Loss</p> <p>Shannon M. MacDonald, MD, <i>Oncologist and Widow</i>, describes the seismic shock of losing her husband and having to rebuild her identity. She shares how the spontaneous opportunity to take surfing lessons freed her from grief, teaching her not only how to ride the ocean's waves but all the inevitable unexpected waves that life brings in its wake.</p> <p>Click for video</p>			<p>October release-</p>  <p>Things Happen for a Reason</p> <p>Jose C. Florez, MD, PhD, Chief of Endocrine Division and Diabetes Unit, shares how his personal and professional life have intimately intersected—and how deeply he values what he has learned from his sisters, whose conditions spurred his passion in genetics and the richness of what it means to be human.</p>
<p>March 2022 release-</p>  <p>Obesity: It's a Disease</p> <p>Angela Fitch, MD, Physician, Patient and Weight Center Co-Director, shares her story as both physician caring for obese patients and patient of obesity, learning that she needed to do what she says, not just say it to her patients. She invites us to recognize that obesity is about chemistry, not character.</p>	<p>April 2022 release-</p>  <p>The Gift of Uncertainty</p> <p>Kristian R. Olson, MD, MPH, DTM&H, Physician, Father, Husband and Patient, shares his experience being jolted suddenly from clinician to patient and how his experience as a patient opened him to wonder, vulnerability, and gratitude, and the gift of uncertainty.</p> <p>Click for video</p>	<p>January release-</p>  <p>Why Our Journey – and Our Distance Travelled – Matter</p> <p>Joseph R. Betancourt, MD, MPH, Senior Vice President Equity and Community Health, describes the distance he has traveled to get where he is today from the time his "abuela" shared the dream she had for him. He illustrates the importance of listening, learning, and understanding as the best gift we have and can give, so that others get the chance to thrive.</p>	
<p>December 2022 release-</p>  <p>Doctors are Humans: Breaking Painful Stereotypes</p> <p>Giusy Romano-Clarke, MD, Physician, Teacher, Patient Advocate, and Human, was undeterred by a diagnosis of multiple sclerosis in pursuing her goal of becoming a doctor. But behind her strong façade, she struggled with insecurity and self-questioning. Listen to her story of overcoming hurdles and arriving at an epiphany concerning her identity and value.</p> <p>Click for video</p>	<p>April 2023 release-</p>  <p>Finding my Voice during COVID through the History of the Mask</p> <p>Shan W. Liu, MD, Associate Professor, Emergency Medicine Physician, Mother and Children's Book Author, shares how the COVID pandemic led her to bridge a four-generation distance between her great-grandfather and her young daughter thanks to a creative project. In so doing, she came to recognize that the mask, one symbol of the pandemic and the subject of that creative project, gave her a voice she didn't know she had.</p> <p>Click for video</p>	<p>May 2022 release-</p>  <p>Adventures in Norm-Breaking</p> <p>Anne S. Levy, PhD, Musician, Mother, and Otherwise-Not-Easily-Categorized, shares the challenges and fulfillment of breaking norms as she followed her dreams, from Indiana to New England to France and back to the US.</p> <p>Click for video</p>	



With
**Carrie
Cunningham,
MD, MPH**

Removing the Mask - One Surgeon's Lived Experience of Health, Stigma, and Support

Thursday, November 30 | 8:00 – 9:00 am

[More information](#)

[Click to register](#)

The Office for Well-Being presents

Fun Fridays

Fun Fridays offer a refreshing mid-day break from work to indulge in physical, mental, or creative activity.

ALL SESSIONS ARE 12:00 – 1:00 PM



October 20, 2023

Writing for Joy

Join Áine Greaney Ellrott to discover how expressive writing can bring joy, comfort and clarity to our personal and professional lives.



November 3, 2023

Music Session

Joo Park, Ph.D, will discuss details of music composition and musical creativity.



November 17, 2023

Painting with Troods

Patricia Nolan-Brown, BA aka Troods, will be demonstrating her favorite way to paint, which anyone can learn.



December 1, 2023

Journaling with Olga

Join Olga Katsovskiy, MHA, for a fun hour of journaling activities designed to free your creative spirit and show how you can improve your self-care through writing.



December 15, 2023

Doodling

Deborah Putnoi, MEd, uses doodle exercises to give you a different way to change your mood, de-stress, challenge your brain, and just relax in a new way



January 12, 2024

Writing Session

Anne Levy, PhD, will help participants tap into their creativity and compose their own writings

Home - Faculty Development - Offices - OWC

CENTER FOR FACULTY DEVELOPMENT

Office for Women's Careers

The OWC supports the career advancement and leadership development of women faculty and trainees with one-on-one meetings, skill-building programs and institutional efforts to promote women's careers.

[Request a consultation](#) >

[Calendar of events](#) >



Career Resources

Career resources for women faculty at the Mass General Hospital.



Leadership Opportunities

A list of leadership opportunities, provided by JCSW.



Work/Life

Work/life resources for faculty at Mass General Hospital.



Director: **Louisa Sylvia, PhD**



10-Week Financial Planning Course

with Eryn Schultz, MBA, Founder of Her Personal Finance



Upcoming Course:

The course is targeted to early career men and women but is open to faculty at all career stages.

Every Wednesday from 4-5pm
October 11 to December 13, 2023

Parenting Series 2023-24

Looking Ahead to College panel

December 14, 2023 from 12-1pm

*Anne Levy, PhD; Andrew Nierenberg, MD;
Bo Rueda, PhD; and Sue Slaughaupt, PhD*

Addressing Parental Anxiety

January 11, 2024 from 12-1pm

Lynne Lyons, LICSW



Caring for Dependent(s) Travel Awards

Is caring for a child/dependent making it harder to travel and advance in your career?

This \$500 award* will help make travel to an academic/society meeting directly related to his/her academic advancement possible.

The award is open to faculty and postdocs who have plans to attend a professional meeting. Funding is intended to help defray additional care expenses that go above and beyond care needs, (e.g., extended day care, extended elder care, caregiver travel) while the faculty member is traveling.



PARENTAL WELLNESS PROGRAM

MGH/MGPO Parental Wellness Program

Now available for ALL MGH faculty early in the expectant phase through the first year of their child's life

Benefits for participants:

- Feeding and lactation supply reimbursement
- Parental Wellness Advocate (PWA) pairings
- Virtual new parent peer mentoring groups
- Access to lactation resources

Coming soon! Infertility Support Program

AK Visiting Scholar Program

- 128 women faculty clinicians, educators, researchers and postdocs at MGH, with exceptional promise as leaders in their field and who would benefit from national/intern. speaking, mentoring and networking opportunities
- “Virtual” Visiting Professor to give lecture at a national or international institution, organized by the Center for Faculty Development
- Scholars receive mentoring, professional coaching and leadership training



Virtual Anne Klibanski Visiting Lecture Series

- Women scientists and clinicians from national and international institutions who served as hosts paired with MGH AK Scholar
- Open to entire MGH community and host institution

Massachusetts General Hospital
Founding Member, Mass General Brigham

Center for Faculty Development
Provided by MGH Center for Faculty Development & Mass General Brigham

Anne Klibanski Visiting Lecture Series

The Anne Klibanski Visiting Lecture Series was created to support and advance the careers of women. These lectures offer the opportunity for women faculty from outside institutions that have hosted Anne Klibanski Scholars to present on their expertise, either alone or in tandem with an Anne Klibanski Scholar.

2023 OCTOBER SESSION 11

"Emerging Role of Contrast Enhanced Mammography"


Tuesday, October 17, 2023
12:00 - 1:00 pm

Learning Objectives:
Upon completion of this activity, participants will be able to:


- Describe the rationale and technique of Contrast Enhanced Mammography (CEM).
- Identify practical considerations and limitations of CEM.
- Understand principals of CEM interpretation.

Target Audience: This activity is intended for faculty and faculty trainees.
Course Director: Darshan H. Mehta, MD, MPH, Office for Well-Being; Assistant Professor of Medicine, HMS

Presenter:



Tali Amir, MD
Director, Breast Imaging Bergen,
Memorial Sloan Kettering (MSK)
Cancer Center



ACCREDITATION
In support of improving patient care, Mass General Brigham is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.
Mass General Brigham designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Continuing Education (CE) credits for psychologists are provided through the co-sponsoring of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. 1 Continuing Education (CE) credit is awarded.



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Website: <https://www.massgeneral.org/faculty-development/>

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