

## Clinician Highlight

### July 2023



**Jessica Berwick, MD, MPH**

*Hospitalist, Instructor in Medicine*

Hospital Medicine Unit, Department of Medicine

**Tell us a little about your clinical practice and your role in your practice/division/department.**

I am ~0.75 FTE clinical, working as a hospitalist overnight (primarily), as well as some time on the Bigelow teaching service, and as medical officer of the day, assisting with transfer requests and triage-related issues. Outside of my clinical work, I participate in a number of medical student clinical teaching roles and facilitate reflective spaces for students and colleagues. I am also involved in anti-bias projects in our hospital medicine group and in the internal medicine residency program.

**When did you come to MGH and why?**

I came to MGH in 2020 after 7 years as a hospitalist at another institution and was thrilled to be joining Dr. Melissa Mattison's Hospital Medicine Unit! The Hospital Medicine Unit is a close knit and tremendously supportive community, embedded in the much larger MGH community. This place offers so many opportunities to explore the spaces that bring me the most joy in my professional life, surrounded by enthusiastic, energetic, creative colleagues, with many women in positions of leadership.

**Is there a project or program you want to tell us a little about?**

My colleague and I surveyed our hospital medicine group about experiences of bias, and discovered very high rates of gender, racial, and other forms of bias. This research adds to the growing body of literature about the prevalence of bias, and the critical need to develop tailored, effective institution-level interventions to support all staff, and create a healthier work environment. We presented our findings at the national meetings for the Society of Hospital Medicine and the Society of General Internal Medicine this year.

**What is one thing you love about your work?**

The way we can sustain and support each other, to make both our clinical and nonclinical work more rewarding and productive. I see daily the impact that this connection has on the sustainability of this incredibly privileged but demanding job, and deeply believe that the community we build together means better patient care, which is what ultimately motivates all of us!

**Tell us a little bit about your life outside of medicine.**

I have a partner, a teenage son, and a 6-year-old daughter, all of whom make me laugh, indulge my adventure-seeking, and have built their lives around my crazy clinical schedule. We live in Jamaica Plain and spend as much time as we can in Zimbabwe, where my partner spent his childhood.

**MGH has been a fabulous home for me over the past 3 years, and  
I feel so privileged to be part of this community.**