

## Clinician Highlight

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**Josh Goldstein, MD, PhD**

*Director, MGH Center for Faculty Development;  
Professor, Department of Emergency Medicine*

**Tell us a little about your clinical practice and your role in your practice/division/department.**

I am a practicing emergency physician and Vice Chair, Faculty Affairs in the Department of Emergency Medicine. I enjoy seeing the wide range of patients that come to the ED for help. Even with all the capacity challenges we face, our incredible staff members are always rising to the challenge to go the extra mile for our patients. I am inspired every shift I work with them. I also get to work with an outstanding clinical research team in the ED that enrolls patients in a variety of cutting edge research projects. One cool project right now is studying the use of a novel portable MRI machine to perform advanced neuroimaging right in patients' rooms!

**When did you come to MGH and why?**

I came as an EM resident in 2001 along with my wife, an MGH pediatrics resident. MGH offered an incredible opportunity to build an academic career in EM, where I could do shifts in the ED, perform clinical research, and teach. I received tremendous mentorship and support from so many faculty, and it is an honor when I can turn around and mentor others. Finally, our emergency department team is so collegial, and so well bonded, that I can't imagine working anywhere else.

**Is there a project or program you want to tell us a little about?**

The Center for Faculty Development of course! My whole career has been at MGH, and has been successful thanks to the great mentorship I have received. I now get to see some of the work behind the curtain to make life at MGH the best it can be. Every day I have meetings with CFD team members, and all we talk about are ways to improve the experience for our faculty. How can we be better leaders, mentors, colleagues, clinicians, researchers, and teachers? I am inspired by the wide range of programs and offerings, and by the dedication and commitment of the entire team.

**What is one thing you love about your work?**

When I work in the ED, I get to see such a wide range of people - across the socioeconomic spectrum, across age and demographics and health status. I get to take a moment, even if short, to focus on one person, hear their story, and think about how to help them. When there is so much in my life (and in the world) that can feel overwhelming, for this one moment, with this one person, in their time of need that may even be the worst day of their life, I get to be a part of a team that works together to think about what that person needs and how to do what we can to help them.

**Tell us a little bit about your life outside of medicine.**

My wife is a primary care pediatrician in Beverly, my oldest child is a CRC at the Charlestown Navy Yard, my youngest is in college, and my 14 year young golden doodle Bella can still jump straight up like a kangaroo. My whole family loves hiking, skiing, and traveling, but I am the only one who loves video games so I sadly have to play them by myself. I am also the only one who can't dance; my wife and two children all still go to dance classes, where I would just be an embarrassment.

**Is there anything else you want to share?**

When the weather is nice you may see me biking around the North Shore.