

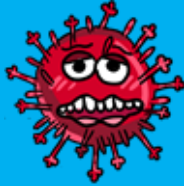
Why is our school closed?

Let me tell you about COVID-19!



What is COVID-19?

It's a new germ that also goes by Coronavirus.



It can make people sick, like the cold or flu.



It doesn't have legs, so it likes to travel on drops of water that are so tiny that you can't see them. When someone sneezes or coughs, it goes along for a ride.

It can also stick around on objects like doorknobs and phones.

It doesn't like soap and goes away when you wash your hands!



Lots of doctors and scientists are working on medicines so COVID-19 doesn't make more people sick, but for now...



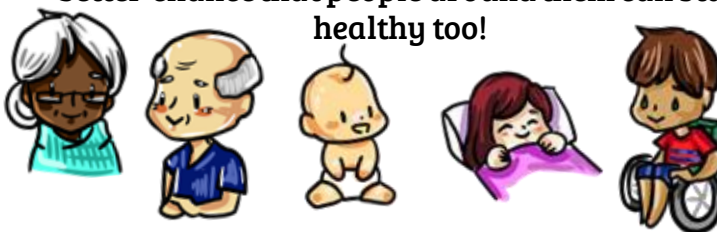
Be a germbuster!

- ✓ Wash your hands before you eat, after touching your face, and after using the bathroom
- ✓ Sing Happy Birthday or Baby Shark while you scrub!
- ✓ Cover your mouth with your elbow if you cough or sneeze
- ✓ Stay home as much as you can, and talk with friends and family on the phone and online
- ✓ Help your family by doing a chore everyday!
- ✓ Ask a trusted adult to answer any questions you have, and tell them if you feel worried. It's normal! Mindfulness apps, exercise, and reading books can help too.



- Don't touch your eyes and face
- Don't hug or kiss your grandparents
- Don't worry if you start to feel sick. Tell a trusted adult and rest for a few days so you can feel healthy again!

If everyone does their best to stay healthy, there is a better chance that people around them can stay healthy too!



<https://covid19healthliteracyproject.com>

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