

Patient Name \_\_\_\_\_ Unit # \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_ **TOTAL=**

Date/Time of Stroke Onset \_\_\_\_\_ Stroke Type \_\_\_\_\_ Examiner \_\_\_\_\_

| NIH STROKE SCALE ITEM  | Scoring Definitions   | Score  |
|--|---|--------|
| <b>1a.</b> LOC   | 0=alert and responsive<br>1=arousable to minor stimulation<br>2=arousable only to painful stimulation<br>3=reflex reponses or unarousable   |        |
| <b>1b.</b> LOC Questions--Ask pt's age and month. Must be exact.   | 0=Both correct<br>1=One correct (or dysarthria, intubated, foreign lang)<br>2=Neither correct   |        |
| <b>1c.</b> Commands--open/close eyes, grip and release non-paretic hand, (Other 1-step commands or mimic ok)                                   | 0=Both correct (ok if impaired by weakness)<br>1=One correct<br>2=Neither correct   |        |
| <b>2.</b> Best Gaze--Horizontal EOM by voluntary or Doll's.  | 0=Normal<br>1=partial gaze palsy; abnl gaze in 1 or both eyes<br>2=Forced eye deviation or total paresis which cannot be overcome by Doll's.  |        |
| <b>3.</b> Visual Field--Use visual threat if nec. If monocular, score field of good eye.   | 0=No visual loss<br>1=Partial hemianopia, quadrantanopia, extinction<br>2=Complete hemianopia<br>3=Bilateral hemianopia or blindness  |        |
| <b>4.</b> Facial Palsy--If stuporous, check symmetry of grimace to pain.   | 0=Normal<br>1=minor paralysis, flat NLF, asymm smile<br>2=partial paralysis (lower face=UMN)<br>3=complete paralysis (upper & lower face)   |        |
| <b>5.</b> Motor Arm--arms outstretched 90 deg (sitting) or 45 deg (supine) for 10 secs. Encourage best effort. Circle paretic arm in score box | 0=No drift x 10 secs<br>1=Drift but doesn't hit bed<br>2=Some antigravity effort, but can't sustain<br>3=No antigravity effort, but even miminal mvt counts<br>4=No movement at all<br>X=unable to assess due to amputation, fusion, fx, etc. | L or R |
| <b>6.</b> Motor Leg--raise leg to 30 deg supine x 5 secs.  | 0=No drift x 5 secs<br>1=Drift but doesn't hit bed<br>2=Some antigravity effort, but can't sustain<br>3=No antigravity effort, but even miminal mvt counts<br>4=No movement at all<br>X=unable to assess due to amputation, fusion, fx, etc.  | L or R |
| <b>7.</b> Limb Ataxia--check finger-nose-finger ; heel-shin; and score only if out of proportion to paralysis                                  | 0=No ataxia (or aphasic, hemiplegic)<br>1=ataxia in upper or lower extremity<br>2= ataxia in upper AND lower extremity<br>X=unable to assess due to amputation, fusion, fx, etc.  | L or R |
| <b>8.</b> Sensory--Use safety pin. Check grimace or withdrawal if stuporous. Score only stroke-related losses.                                 | 0=Normal<br>1=mild-mod unilateral loss but pt aware of touch (or aphasic, confused)<br>2=Total loss, pt unaware of touch. Coma, bilateral loss  |        |
| <b>9.</b> Best Language--Describe cookie jar picture, name objects, read sentences. May use repeating, writing, stereognosis                   | 0=Normal<br>1=mild-mod aphasia; (diff but partly comprehensible)<br>2=severe aphasia; (almost no info exchanged)<br>3=mute, global aphasia, coma. No 1 step commands  |        |
| <b>10.</b> Dysarthria--read list of words  | 0=Normal<br>1=mild-mod; slurred but intelligible<br>2=severe; unintelligible or mute<br>X=intubation or mech barrier  |        |
| <b>11.</b> Extinction/Neglect--simultaneously touch patient on both hands, show fingers in both vis fields, ask about deficit, left hand.      | 0=Normal, none detected. (vis loss alone)<br>1=Neglects or extinguishes to double simult stimulation in any modality (vis, aud, sens, spatial, body parts)<br>2=profound neglect in more than one modality                                    |        |