## **INCREASING ACCESS THROUGH INNOVATION**

Community Psychiatry Program for Research in Implementation & Dissemination of Evidence-Based Treatments (PRIDE) is launching a state-of-the-art training institute with the mission of healing communities. PRIDE improves health and maximizes potential through multilevel implementation, cutting edge training and coaching, and transformative partnership.



# LIFE SKILLS CURRICULUM

Build resilience and increase emotion regulation by learning 5 core cognitive behavioral life skills



# EVIDENCE-BASED TRAINING

Practice applying your knowledge through inperson activity-based trainings to enhance skill delivery



# CUSTOMIZED COACHING

Learn how to better deliver skills to youth served by your organization through virtual small group coaching sessions



## ANYWHERE ACCESS

Access delivery materials anywhere through an online platform



#### **CERTIFICATION**

After successfully completing training and 25 weeks of coaching trainees will receive a certificate acknowledging their competency in the five skills

# UNDERSERVED YOUTH PRACTICING LIFE SKILLS HAVE A . . .



## 66%

Lower risk of dropping out from programming prior to graduation



## **65**%

Higher probability of obtaining a job

## **TESTIMONIALS**

"[Life skills] should go worldwide. Like, everybody needs to learn about this, not just children, not just teenagers, but adults." -HIGH SCHOOL STUDENT



https://vimeo.com/353979164



https://bit.ly/2t7rrjT







