

SAVE THE DATE

THE MGH PSYCHIATRY ACADEMY PARENT EDUCATIONAL SYMPOSIUM

Free educational program for patients, families, and friends.

Parent Educational Symposium:
Building Resiliency in Young People During Stressful Times
Thursday October 29, 2020
6:00pm - 8:00pm

6:00pm – 6:05pm	Welcome and Introduction Timothy Wilens, MD & Judith Clifford
6:05pm – 6:20pm	Dysregulation, The Brain and Resiliency Daphne Holt, MD, PhD
6:20pm – 6:35pm	What is Resiliency? Aude Henin, PhD
6:35pm – 6:50pm	Developing Resiliency in Children Dina Hirshfeld-Becker, PhD
6:50pm – 7:05pm	Challenges in Resiliency with College-Aged Students Aude Henin, PhD
7:05pm – 7:15pm	Break
7:15pm – 7:30pm	Developing Resiliency in Medically Vulnerable Kids Ellen O'Donnell, PhD
7:30pm – 7:45pm	Skill-building for Resiliency: An Interactive Demonstration Rana Chudnofsky, MEd
7:45pm – 8:00pm	Question and Answers
8:00pm	Program Adjourns

This program is supported by The Joan & Leonard Engle Family Foundation.

How to Register: Pre-registration is required. To register or to join our mailing list visit www.mghpatientfamily.org or call 866-644-7792.

Location: Virtual

www.mghpatientfamily.org