

NAMENDA-IR TITRATION SCHEDULE

DAYS (DURATION)	AM	AFTERNOON
<u>Namenda 5 mg pills</u>		
1-4 (4-days)	2.5 mg (½ pill)	X
5-8 (4-days)	2.5 mg (½ pill)	2.5 mg (½ pill)
9-12 (4-days)	5 mg (1 pill)	2.5 mg (½ pill)
13-14 (2-days)	5 mg (1 pill)	5 mg (1 pill)
<i>2-week F/U visit with clinician</i>		
<u>Namenda 5/10 mg pills</u>		
3 rd week (7-days)	5 mg (5 mg pill)	5 mg (5 mg pill)
4 th week (7-days)	10 mg (10 mg pill)	5 mg (5 mg pill)
<i>4-week F/U visit with clinician</i>		
<u>Namenda 10 mg pills</u>		
5 th week onwards	10 mg (1 pill)	10 mg (1 pill)
<i>8-week F/U visit with clinician</i>		

NAMENDA-XR TITRATION SCHEDULE

DAYS (DURATION)	AM
<u>Namenda-XR 7 mg pills</u>	
1-7 (7-days)	7 mg (1 pill)
8-14 (7-days)	14 mg (2 pills)
<i>2-week F/U visit with clinician</i>	
<u>Namenda-XR 7/14 mg pills</u>	
3 rd week (7-days)	14 mg (7 mg pill)
4 th week (7-days)	21 mg (14 mg + 7 mg pill)
<i>4-week F/U visit with clinician</i>	
<u>Namenda-XR 28 mg pills</u>	
5 th week onwards	28 mg (1 pill)
<i>8-week F/U visit with clinician</i>	