

# Climate Change Impacts on Youth Mental Health

**Date:** Monday, April 22, 2024

**Time:** 12–1 pm (Eastern Time)



Climate change is a major public health concern. Mental health is an area significantly affected by climate change through direct and existential impacts. Youth represent a particularly vulnerable population due to longer exposure to impacts over a greater proportion of their development. In recognition of Earth Day, this presentation will review the impacts of climate change on youth mental health and discuss strategies for supporting wellness and resilience.



## Featured Speaker: James McKowen, PhD

Dr. McKowen is a clinical child psychologist working as clinical director of the MGH Youth and Youth Adult Addiction Program (ARMS) and an assistant professor of psychiatry at Harvard Medical School. He is also the co-chair of the MGH Psychiatry Climate Change and Mental Health Committee and an associate at the MGH Center for Environment and Health. Dr. McKowen has clinical and research interests in the impacts of climate change on youth, specifically the mental health consequences. He is focused on solutions and interested in nature-based engagement for youth climate distress.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on this link: <https://partners.zoom.us/j/85672719298>
- Please submit questions you may have about the topic before the program to: [PFLC@partners.org](mailto:PFLC@partners.org) so that the speaker may address them during the session.

For more information, call 617-724-7352 or email [PFLC@partners.org](mailto:PFLC@partners.org)



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