

Nutritional Risk for Cognitive Decline: The Good, the Bad and the Ugly

New Date: Wednesday, June 28, 2023

Time: 12–1 pm (Eastern Time)



Join Dr. Gene Bowman for a talk on how diet is clinically assessed for patients. He will discuss how nutrients reach the brain and what dietary patterns are favorable and unfavorable. Dr. Bowman will also share challenges in the design of nutritional interventions and where we are heading at Mass General.



Featured Speaker: Gene L. Bowman, ND, MPH

Dr. Bowman is a board-certified naturopathic doctor with residency training in internal medicine and fellowship training in neurology. He is an instructor in neurology at Harvard Medical School and Director of Clinical Trials at the McCance Center for Brain Health at Mass General. He has an interest and passion for the development of novel dementia prevention approaches, including natural products, and more comprehensive lifestyle changes tailored to the individual.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on this link: <https://partners.zoom.us/j/81671584641>
- Please submit questions you may have about the topic before the program to: PFLC@partners.org so that the speaker may address them during the session.

For more information, call 617-724-7352 or email PFLC@partners.org



Blum Center Program Schedule

Scan this QR code with your phone's camera
to see our program schedule online

