

## MGfC Family-Centered Care Series

Time to Eat!

### Tips to Develop Children's Healthy Eating and Feeding Skills

**Date:** Monday, March 13, 2023

**Time:** 12–1 pm (Eastern Time)



When it comes to meals and snacks, your little one is learning all about different types of food and how to feed themselves. There are lots of skills to learn along the way! In this program, Tessa Kennedy, MS, CCC-SLP, of the Pediatric Speech, Language and Swallowing Disorders Program, and Simona Lourekas, MS, RD, LDN, CHES, of Pediatric Gastroenterology and Nutrition at Mass General for Children (MGfC), share tips on how to help your child develop healthy eating habits and the skills needed to chew, swallow, and feed themselves.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on this link: <https://partners.zoom.us/j/89361010598>
- Please submit questions you may have about the topic before the program to: [PFLC@partners.org](mailto:PFLC@partners.org) so that the speakers may address them during the session.

For more information, call 617-724-7352  
or email [PFLC@partners.org](mailto:PFLC@partners.org)

## Featured Speakers



**Tessa Kennedy, MS, CCC-SLP**  
Pediatric Speech, Language and Swallowing Disorders



**Simona Lourekas, MS, RD, LDN, CHES**  
Pediatric Gastroenterology and Nutrition



### Blum Center Program Schedule

Scan this QR code with your phone's camera  
to see our program schedule online

