

Understanding Lymphedema

Date: Wednesday, March 8, 2023

Time: 12–1 pm (Eastern Time)



An estimated 10 million people suffer from lymphedema in the United States alone, however many people go undiagnosed or untreated. Lymphedema is chronic swelling (edema) in your body that occurs when your lymph system is injured or blocked. The edema can occur anywhere in the body but more frequently occurs in the arms or legs. Currently, there is no cure for lymphedema.

Join Catherine Holley, RN, CLT, to learn about lymphedema – its causes, stages, and the importance of early diagnosis and treatment. Having lived with lymphedema for 38 years, Catherine’s personal experience will add a unique perspective to this often-misunderstood condition.



Featured Speaker: Catherine Holley, RN, CLT

Catherine is an operating room nurse at Mass General. A graduate of Duke University, she has been a nurse for 42 years in the Boston area. Cathy has lived with secondary lymphedema for 38 years and is very passionate about educating others and spreading awareness about this incurable disease.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on this link: <https://partners.zoom.us/j/83631502499>
- Please submit questions you may have about the topic before the program to: PFLC@partners.org so that the speaker may address them during the session.

For more information, call 617-724-7352 or email PFLC@partners.org



Blum Center Program Schedule

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