

Managing COPD at Home

November is National COPD Awareness Month. COPD (chronic obstructive pulmonary disease) is a lung disease that makes it hard for you to breathe. Join Karla Schlichtmann, RRT, for a talk on COPD. She will discuss ways you can manage COPD symptoms at home, including medicines, breathing techniques, oxygen use, oxygen devices, smoking cessation, and exercise.

This online program is free and open to Mass General patients, families, staff, and the general public.

To attend this program, click on this link:

<https://partners.zoom.us/j/89299269692>

Please submit questions you may have about the topic before the program to: PFLC@partners.org so that the speaker may address them during the session.

Featured Speaker: Karla Schlichtmann, RRT

Karla is the Chronic Care Coordinator at the Mass General Respiratory Care Department. She is an experienced respiratory therapist who assists patients with education about medicines and oxygen-related needs on an inpatient and outpatient basis.



Date: Friday, November 18, 2022

Time: 12:00 PM - 1:00 PM

(Eastern Time)

For more information,
call 617-724-7352 or
email PFLC@partners.org