

THE MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

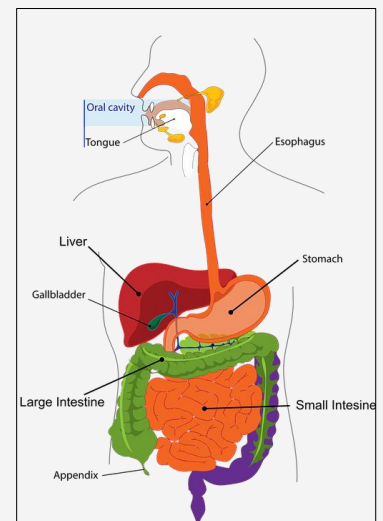
# Online Blum Center Program: Treatment Options for GERD

Join Kristina Skarbinski, MSN, FNP-BC, for a talk on gastroesophageal reflux disease (GERD). She will describe both common and uncommon symptoms of GERD. She will then outline management strategies, including lifestyle modifications, medicines you can take, and surgical options. Risk and benefits of medicines as well as preoperative criteria for surgery will also be discussed.

**This online program is free and open to MGH staff, patients, and the general public.**

To attend this program, click on this link:

<https://partners.zoom.us/j/99497592649>



## Featured Speaker:

### Kristina F. Skarbinski, MSN, FNP-BC

Kristina Skarbinski is a nurse practitioner who has worked in the MGH Gastroenterology Department for 7 years. Her primary concentration is upper gastrointestinal (GI) disorders, which includes swallowing disorders and GERD. She spends a majority of her time between the medical and surgical units, and is the primary access point between the two teams. In addition to the upper gut, she also works with patients who have motility and neurointestinal disorders.

**Date: Friday, December 4, 2020**

**Time: 12:00 PM - 1:00 PM**

**For more information,  
call 617-724-7352 or  
email [pflc@partners.org](mailto:pflc@partners.org)**