

THE MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

Online Blum Center Programs: MassGeneral Hospital for Children Parenting Series

All programs are free and open to MGH staff, patients, and the general public. To attend a specific program, click on the link provided for each one.

Setting the Stage for Healthy Eating Habits

Friday, November 12, 2021, 12:00PM - 1:00PM

Link to attend: <https://partners.zoom.us/j/84824372366>

Feeding children can be complicated, and even more so in a world that targets children with food marketing and convenience food. While the way a child eats is not solely in the hands of parents, there are strategies that can help your child build a healthy relationship with food. Simona Lourekas, MS, RD, LDN, CHES, Kelly Millan, MS, RD, LDN, and Meaghan Alexander, MS, RD, LDN, CNSC, of the Center for Feeding and Nutrition at MGHfC, share strategies for feeding children of all ages.

The Teen Driver: Updates in the Age of Distraction

Thursday, November 18, 2021, 12:00PM - 1:00PM

Link to attend: <https://partners.zoom.us/j/83308097929>

Motor vehicle crashes continue to be the leading cause of death and injury in adolescents. As new technology emerges, distraction has become an even more prevalent risk factor for crashes. Michael R. Flaherty, DO, attending physician with Pediatric Critical Care Medicine and director of the Injury Free Coalition for Kids at MGHfC presents evidenced-based strategies to keep teen drivers safe. He also shares emerging strategies for parents to help their new drivers.



For more information:

Call (617) 724-7352

or

Email PFLC@partners.org

The Maxwell & Eleanor Blum
Patient and Family Learning Center
White 110

The MGHfC Parenting Series is a collaboration between the Maxwell & Eleanor Blum Patient and Family Learning Center and MassGeneral Hospital for Children.