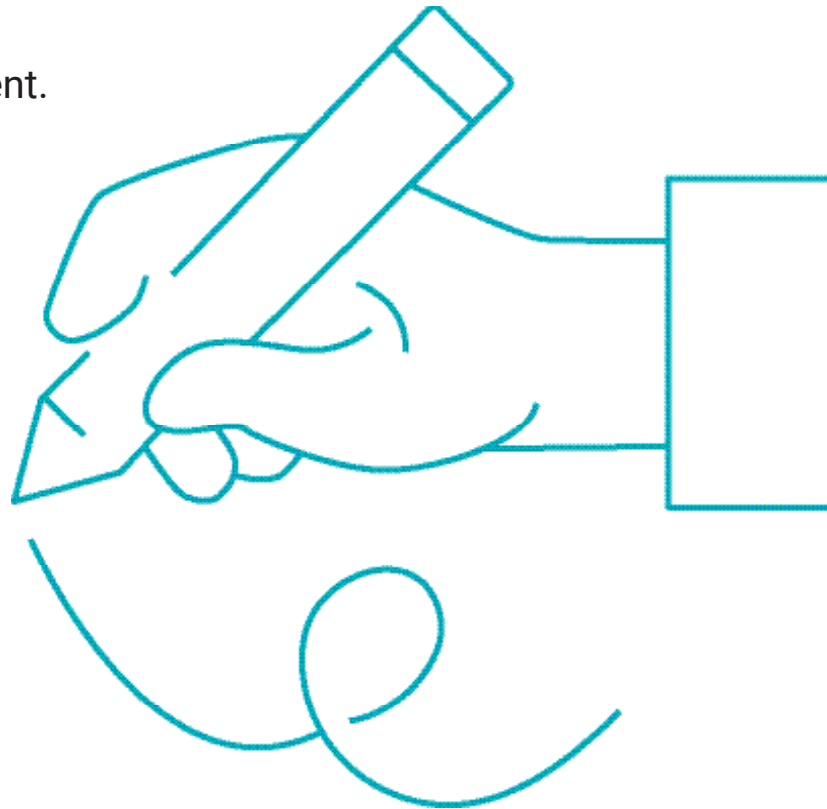


# Healing through writing workshop

Tuesday, October 11 from 6:30–8:00 pm

Learn to use journaling as a form of self-therapy in a relaxed, safe environment.

Join the **Mass General Cancer Center Adolescent and Young Adult (AYA) Program** and the team from *Elephants and Tea*, a magazine by and for the AYA cancer community, in writing prompts and for an open discussion to connect with peers.



To register:

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Visit [bit.ly/ayaworkshop](https://bit.ly/ayaworkshop) or scan the QR code with your mobile phone camera.