Below is a list of suggested programs where you can connect with others going through a similar experience.

**4th Angel**
The 4th Angel Mentoring Program matches patients or caregivers with trained volunteer mentors who have undergone similar situations. Matches are primarily made based on similar age and cancer experiences to best empower mentees with knowledge, awareness, hope, and a helping hand. This service is provided by the Cleveland Clinic Foundation Taussig Cancer Institute.

*Website:* [http://www.4thangel.org](http://www.4thangel.org)

*Format:* online chat, phone, or email

**CanCare**
CanCare is a network of trained volunteers including survivors, caregivers of survivors and medical professionals who provide emotional support and cancer-related resources. Survivors of more than 75 different types of cancer provide hope, friendship, and hospital visitations for those facing cancer.

*Website:* [http://www.cancare.org/support/](http://www.cancare.org/support/)

*Format:* phone or email

**Friend for Life Cancer Support Network**
Friend for Life is a network of survivors and caregivers who serve as trained volunteers, providing one-on-one emotional support to recently diagnosed patients and their loved ones. Facing cancer with someone who has been through a similar experience helps one navigate through diagnosis, treatment, and recovery.

*Website:* [http://friend4life.org](http://friend4life.org)

*Format:* Phone

**Imerman Angels**
Imerman Angels matches individuals of any age, gender, or cancer type to someone just like them, a “Mentor Angel.” A Mentor Angel is a cancer survivor or caregiver who most importantly has faced the same type of cancer.

*Website:* [http://www.imermanangels.org/get-support](http://www.imermanangels.org/get-support)

*Format:* phone or email

**myCancerConnection**
myCancerConnection is a cancer support community that offers free, one-on-one support. Support is open to patients, caregivers, and survivors regardless of where they receive treatment. Trained survivor and caregiver volunteers are available to share their cancer experience with you. This program is provided by the MDAnderson Cancer Center.


*Format:* phone
Diagnosis-Specific

**Breast Cancer**

**Young Survival**
This program helps young women facing breast cancer find the support, wisdom and understanding that only a fellow survivor can provide. We'll get to know you so we can connect you to another young woman who understands the unique challenges you are facing.

*Website:* [http://www.youngsurvival.org/talk-one-on-one](http://www.youngsurvival.org/talk-one-on-one)
*Format:* phone

**Firefly Sisterhood**
Firefly Sisterhood provides one-to-one connection between women recently diagnosed with breast cancer with inspirational survivors.

*Website:* [http://www.fireflysisterhood.org](http://www.fireflysisterhood.org)
*Format:* phone, email, or in person

**Leukemia and Lymphoma**

**Leukemia & Lymphoma Society: Patti Robinson Kaufmann First Connection Program**
Patients and their family members are matched with peer volunteers based on diagnosis, age, gender and other factors that might create a mutual understanding and ease of communication.

*Website:* [https://www.lls.org/support/peer-to-peer-support](https://www.lls.org/support/peer-to-peer-support)
*Format:* phone or in person

**Melanoma**

**IMPACTMelanoma: Billy’s Buddies**
IMPACTMelanoma trains volunteers who have completed treatment to provide peer support to patients newly diagnosed with melanoma or with recurrent disease. The program works with the patient to determine what feels most important in a connection.

*Website:* [http://www.impactmelanoma.org/get-support/billys-buddies](http://www.impactmelanoma.org/get-support/billys-buddies)
*Format:* phone or email

**Sarcoma**

**Sarcoma Alliance Peer-to-Peer Network**
Sarcoma Alliance Peer-to-Peer Network facilitates positive relationships between individuals affected by sarcoma so that they may find emotional support, encouragement, and information.

*Website:* [http://www.sarcomaalliance.org/community/peer-to-peer/](http://www.sarcomaalliance.org/community/peer-to-peer/)
*Format:* choose how to communicate