



Physician: _____	Phone Number: _____
Patient Name: _____	Location: _____
Date of Procedure: _____	Time to Arrive: _____
Date of Removal: _____	Time to Arrive: _____

Pre-Procedure Instructions for 24 Hour pH Study – On Meds

Welcome to the MGH GI Motility Lab. We would like to make your test as pleasant and safe as possible. Please read these instructions carefully before your pH study.

Please plan to spend about 1 hour in our unit for your procedure. We will do everything possible to avoid a delay in your procedure, but emergencies may interrupt the schedule.

BEFORE you start to prepare for your procedure:

- Call your insurance company for an insurance referral, if required.
- Update your MGH registration information at **1-866-211-6588**, if you have not done so within 6 months.

If you are on any medications used to control stomach acid, please refer to this list of instructions:

1. Please **continue** proton pump inhibitors. These include omeprazole, Prilosec, lansoprazole, Prevacid, esomeprazole, Nexium, rabeprazole, Aciphex, pantoprazole, Protonix, Dexilant, dexlansoprazole.

ON THE DAY of your procedure:

1. You may not eat any food on the day of your procedure.
2. You may drink clear liquids up until 2 hours before your procedure. Clear liquids include water, tea, black coffee, clear broth, apple juice, Gatorade, soda, Jell-O.
3. **STOP CLEAR LIQUIDS 2 HOURS BEFORE YOUR PROCEDURE** (except for small amounts of water with medications)
4. Do not have any gum or hard candy.
5. Take all of your usual medicines, including medicines for high blood pressure with a small sips of water.
6. If you take Coumadin and/or Plavix, do not stop these unless you are told to. If you take insulin, we recommend that you take ½ your usual dose. We will check your blood sugar prior to the procedure
7. You **do NOT need an escort** to take you to this procedure.

AFTER your procedure:

1. You will receive diet and medication instructions after your procedure.
2. You may return to work after the procedure, although you will have a thin tube in your nose taped to your cheek for the 24-hour period.

Contact Information:

- If you have any questions, please contact your GI physician’s office directly at the number listed above.
- It is very important that you keep this appointment. If you must cancel, **please do so at least 5 days in advance by calling 617-726-5565.**
- If you need to cancel 24 hour or less before your appointment, please call **857-238-3473.**
- Please visit our website www.massgeneral.org/endoscopy for additional information and frequently asked questions.



Directions from Parking to Endoscopy Center

For driving directions and more information, please visit the Parking & Visitor Information website at

www.massgeneral.org/visit

If you are using GPS, please be sure to verify the Zip Code

Wang Building, 5th Floor

15 Parkman Street, Boston, MA 02114

From the **Fruit Street Garage** or **Parkman Street Garage**



- After parking, enter through the MGH Main entrance
- Take the W elevator to the 5th floor of the Wang Building
- Once you exit the elevator, follow the signs for Gastroenterology