



Anal Endoscopic Ultrasound Preparation Instructions

**IMPORTANT- Please read these instructions at least 1 day
before your examination**

One (1) Day Before Your Exam

- Purchase 2 Fleet saline enemas. You do not need a prescription.
- Complete the “Medication and Medical History Form”
- Review “Patient Consent to Procedure” form.

Day of Your Exam

- Take all of your usual medications.
- You can eat normally.
- One hour before leaving home for your exam, administer one Fleet’s enema rectally. If you feel you have not completely cleared out your rectum, please take the second Fleet’s enema 15 minutes after you have used the first one.

After Your Procedure

- You may return to work after the procedure with no limitations.