

**DEPRESSION (D)**

\*D1. Earlier in the interview, you mentioned having periods of time that lasted several days or longer when you felt sad, empty, or depressed most of the day. During episodes of this sort, did you ever feel discouraged about how things were going in your life?

- YES..... 1
- NO ..... 5 **GO TO \*D1b**
- DON'T KNOW ..... 8 **GO TO \*D1b**
- REFUSED ..... 9 **GO TO \*D1b**

\*D1a. During the episodes of being sad, empty, or depressed, did you ever lose interest in most things like work, hobbies, and other things you usually enjoy?

- YES ..... 1 **GO TO \*D3**
- NO..... 5 **GO TO \*D4**
- DON'T KNOW ..... 8 **GO TO \*D4**
- REFUSED..... 9 **GO TO \*D4**

\*D1b. During the episodes of being sad, empty, or depressed, did you ever lose interest in most things like work, hobbies, and other things you usually enjoy?

- YES ..... 1 **GO TO \*D5**
- NO..... 5 **GO TO \*D6**
- DON'T KNOW ..... 8 **GO TO \*D6**
- REFUSED..... 9 **GO TO \*D6**

\*D2. Earlier in the interview you mentioned having periods of time that lasted several days or longer when you felt discouraged about how things were going in your life. During episodes of this sort, did you ever lose interest in most things like work, hobbies, and other things you usually enjoy?

- YES..... 1 **GO TO \*D7**
- NO ..... 5 **GO TO \*D8**
- DON'T KNOW..... 8 **GO TO \*D8**
- REFUSED..... 9 **GO TO \*D8**

\*D3. INTERVIEWER INSTRUCTION:

USE KEY PHRASE "SAD, DISCOURAGED, OR UNINTERESTED" THROUGHOUT THE SECTION  
**GO TO \*D12**

\*D4. INTERVIEWER INSTRUCTION:

USE KEY PHRASE "SAD OR DISCOURAGED" THROUGHOUT THE SECTION  
**GO TO \*D12**

\*D5. INTERVIEWER CHECKPOINT: USE KEY PHRASE "SAD OR UNINTERESTED" THROUGHOUT THE SECTION  
**GO TO \*D12**

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\*D6. INTERVIEWER CHECKPOINT:  
USE KEY PHRASE "SAD" THROUGHOUT THE SECTION  
**GO TO \*D12**

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\*D7. INTERVIEWER CHECKPOINT:  
USE KEY PHRASE "DISCOURAGED OR UNINTERESTED" THROUGHOUT THE SECTION  
**GO TO \*D12**

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\*D8. INTERVIEWER CHECKPOINT:  
USE KEY PHRASE "DISCOURAGED" THROUGHOUT THE SECTION  
**GO TO \*D12**

\*D9. Earlier in the interview, you mentioned having periods of time that lasted several days or longer when you lost interest in most things like work, hobbies, and other things you usually enjoy. Did you ever have a period of this sort that lasted most of the day nearly every day for two weeks or longer?

YES.....1      **GO TO \*D11**  
NO .....5  
DON'T KNOW.....8  
REFUSED.....9

\*D9a. What is the longest period of days you ever had when you lost interest in most things you usually enjoy?

INTERVIEWER: "LESS THAN ONE DAY" CODE 0

\_\_\_\_\_ NUMBER

CIRCLE UNIT

OF TIME:            DAYS ...1      WEEKS ...2      MONTHS....3      YEARS .... 4

PROBE DK: Was it three days or longer?

DON'T KNOW .....998  
REFUSED .....999

USE THE KEY PHRASE "UNINTERESTED" THROUGHOUT THE SECTION **GO TO \*D10**

\*D10. INTERVIEWER CHECKPOINT: (SEE \*D9a)

DURATION OF 3 DAYS OR LONGER.....1      **GO TO \*D14**  
ALL OTHERS.....2                                      **GO TO \*D88**

\*D11. INTERVIEWER INSTRUCTION: USE KEY PHRASE "UNINTERESTED" THROUGHOUT THE SECTION  
**GO TO \*D16**

\*D11a. Earlier in the interview, you mentioned having a period lasting several days or longer when you thought your life had no meaning and things were not worth the trouble. Did you ever have a period of this sort that lasted most of the day nearly every day for two weeks or longer?

YES.....1 **GO TO \*D11d**  
NO .....5  
DON'T KNOW.....8  
REFUSED.....9

\*D11b. What is the longest period of days you ever had when you thought your life had no meaning and things were not worth the trouble?

INTERVIEWER: "LESS THAN ONE DAY" CODE 0

\_\_\_\_\_ NUMBER

CIRCLE UNIT  
OF TIME:            DAYS ...1        WEEKS ...2        MONTHS....3        YEARS .... 4

PROBE DK: Was it three days or longer?

DON'T KNOW .....998  
REFUSED .....999

USE THE KEY PHRASE "WITH THE FEELING THAT LIFE HAS NO MEANING" THROUGHOUT THE SECTION **GO TO \*D11c**

\*D11c. INTERVIEWER CHECKPOINT: (SEE \*D11b)

DURATION OF 3 DAYS OR LONGER.....1 **GO TO \*D14**  
ALL OTHERS.....2 **GO TO \*D88**

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\*D11d. INTERVIEWER INSTRUCTION: USE KEY PHRASE "WITH THE FEELING THAT LIFE HAS NO MEANING" THROUGHOUT THE SECTION **GO TO \*D16**

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\*D12. Did you ever have a period of being (sad/or/discouraged/or/uninterested in things) that lasted most of the day, nearly every day, for two weeks or longer?

YES .....1 **GO TO \*D16**  
NO .....5  
DON'T KNOW .....8  
REFUSED .....9

\*D12a. How long was the longest period of days you ever had when you were (sad/or/discouraged/or/uninterested) most of the day?

INTERVIEWER: "LESS THAN ONE DAY" CODE 0

\_\_\_\_\_ DAYS

DON'T KNOW .....998  
REFUSED .....999

\*D13. INTERVIEWER CHECKPOINT: (SEE \*D12a)

DURATION OF 3 DAYS OR LONGER..... 1 GO TO \*D14  
ALL OTHERS..... 2 GO TO \*D88

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\*D14. Did you ever have a year or more in your life when just about every month you had an episode of being (sad/or/discouraged/or/uninterested/or/with the feeling that life had no meaning), each of which lasted several days or longer?

YES ..... 1  
NO..... 5 GO TO \*D88  
DON'T KNOW ..... 8 GO TO \*D88  
REFUSED ..... 9 GO TO \*D88

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\*D15. Think of times lasting several days or longer when (this problem/these problems) with your mood (was/were) most severe and frequent. During those times, did your feelings of (sadness/or/discouragement/or/lack of interest/or/life having no meaning) usually last less than one hour a day, between 1 and 3 hours, between 3 and 5 hours, or more than 5 hours?

LESS THAN 1 HOUR ..... 1 GO TO \*D88  
BETWEEN 1 AND 3 HOURS..... 2 GO TO \*D17  
BETWEEN 3 AND 5 HOURS..... 3 GO TO \*D17  
MORE THAN 5 HOURS..... 4 GO TO \*D17  
DON'T KNOW ..... 8 GO TO \*D88  
REFUSED ..... 9 GO TO \*D88

INTERVIEWER: ASK ABOUT PERIODS LASTING "SEVERAL DAYS OR LONGER" FOR THE REMAINDER OF THE SECTION.

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\*D16. Think of times lasting two weeks or longer when (this problem/these problems) with your mood (was/were) most severe and frequent. During those times, did your feelings of (sadness/or/discouragement/or/lack of interest/or/life having no meaning) usually last less than one hour a day, between 1 and 3 hours, between 3 and 5 hours, or more than 5 hours?

LESS THAN 1 HOUR ..... 1 GO TO \*D88  
BETWEEN 1 AND 3 HOURS..... 2  
BETWEEN 3 AND 5 HOURS..... 3  
MORE THAN 5 HOURS..... 4  
DON'T KNOW ..... 8  
REFUSED ..... 9

INTERVIEWER: ASK ABOUT PERIODS LASTING "TWO WEEKS OR LONGER" FOR THE REMAINDER OF THE SECTION.

**GO TO \*D17**

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\*D17. How severe was your emotional distress during those times -- mild, moderate, severe, or very severe?

MILD..... 1  
MODERATE..... 2  
SEVERE..... 3  
VERY SEVERE..... 4  
DON'T KNOW ..... 8  
REFUSED ..... 9

\*D18. How often, during those times, was your emotional distress so severe that nothing could cheer you up -- often, sometimes, rarely, or never?

- OFTEN .....1
- SOMETIMES.....2
- RARELY.....3
- NEVER .....4
- DON'T KNOW .....8
- REFUSED .....9

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\*D19. How often, during those times, was your emotional distress so severe that you could not carry out your daily activities -- often, sometimes, rarely, or never?

- OFTEN .....1
- SOMETIMES.....2
- RARELY.....3
- NEVER .....4
- DON'T KNOW .....8
- REFUSED .....9

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\*D20. INTERVIEWER CHECKPOINT: (SEE \*D17, \*D18, \*D19)

- \*D17 EQUALS '1' AND \*D18 EQUALS '4' AND \*D19 EQUAL '4' .....1 GO TO \*D88
- ALL OTHERS.....2

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\*D21. People with episodes of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) often have other problems at the same time. These include things like changes in sleep, appetite, energy, the ability to concentrate and remember, feelings of low self-worth, and other problems. Did you ever have any of these problems during one of your episodes of being (sad/or/discouraged/or/uninterested/or/with the feeling that life had no meaning)?

- YES.....1
- NO.....5 GO TO \*D88
- DON'T KNOW .....8 GO TO \*D88
- REFUSED .....9 GO TO \*D88

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\*D22. (READ SLOWLY) Please think of an episode of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning), lasting (several days/two weeks) or longer, when you also had the largest number of these other problems at the same time. Is there one particular episode of this sort that stands out in your mind as the worst one you ever had?

- YES ..... 1
- NO.....5 GO TO \*D22c
- DON'T KNOW ..... 8 GO TO \*D22c
- REFUSED..... 9 GO TO \*D22c

\*D22a. How old were you when that worst episode started?

\_\_\_\_\_ YEARS OLD

- DON'T KNOW .....998
- REFUSED .....999

\*D22b. How long did that worst episode last?

\_\_\_\_\_ NUMBER      **GO TO \*D24**

CIRCLE UNIT OF TIME:    DAYS .....1    WEEKS .....2    MONTHS.....3    YEARS ..... 4

DON'T KNOW..... 98      **GO TO \*D24**

REFUSED..... 99      **GO TO \*D24**

**\*D22c.** Then think of the last time you had a bad episode [of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning)] like this. How old were you when that last episode occurred?

\_\_\_\_\_ YEARS OLD

DON'T KNOW .....998

REFUSED .....999

\*D22d. How long did that episode last?

\_\_\_\_\_ NUMBER

CIRCLE UNIT OF TIME:    DAYS .....1    WEEKS .....2    MONTHS.....3    YEARS ..... 4

DON'T KNOW .....98

REFUSED .....99

|  |                    |                            |                            |                            |
|--|--------------------|----------------------------|----------------------------|----------------------------|
| <p><b>*D24.</b> (RB, PG 5. FOR EACH ITEM ENDORSED, ASK R TO MARK IT IN THE RB.) Look at page 5 in your booklet. In answering the next questions, think about the period of (several days/two weeks) or longer during that episode when your (sadness/and/discouragement/and/loss of interest/or/feeling that life has no meaning) and other problems were most <u>severe and frequent</u>. During that period, which of the following problems did you have <u>most of the day nearly every day</u>:</p> |                    |                            |                            |                            |
|  | <b>YES<br/>(1)</b> | <b>NO<br/>(5)</b>          | <b>DK<br/>(8)</b>          | <b>RF<br/>(9)</b>          |
| *D24a. Did you feel sad, empty, or depressed most of the day nearly every day during that period of (several days/ two weeks)?   | 1                  | 5                          | 8                          | 9                          |
|  |                    | <b>GO<br/>TO<br/>*D24c</b> | <b>GO<br/>TO<br/>*D24c</b> | <b>GO<br/>TO<br/>*D24c</b> |
| *D24b. Did you feel so sad that nothing could cheer you up nearly every day?   | 1                  | 5                          | 8                          | 9                          |
| *D24c. During that period of (several days/ two weeks), did you feel discouraged about how things were going in your life most of the day nearly every day?  | 1                  | 5                          | 8                          | 9                          |
|  |                    | <b>GO<br/>TO<br/>*D24e</b> | <b>GO<br/>TO<br/>*D24e</b> | <b>GO<br/>TO<br/>*D24e</b> |
| *D24d. Did you feel hopeless about the future nearly every day?  | 1                  | 5                          | 8                          | 9                          |
| *D24e. During that period of (several days/ two weeks), did you lose interest in almost all things like work and hobbies and things you like to do for fun?  | 1                  | 5                          | 8                          | 9                          |
| *D24f. Did you feel like nothing was fun even when good things were happening?   | 1                  | 5                          | 8                          | 9                          |

\*D25. INTERVIEWER CHECKPOINT: (SEE \*D24a-\*D24f)

ONE OR MORE RESPONSES CODED '1' ..... 1  
 ALL OTHERS..... 2 **GO TO \*D88**

| *D26. (RB, PG 5-6. FOR EACH ITEM ENDORSED, ASK R TO MARK IT IN THE RB.)  | YES<br>(1)         | NO<br>(5)          | DK<br>(8)          | RF<br>(9)          |
|--|--------------------|--------------------|--------------------|--------------------|
| *D26a. Did you have a much smaller appetite than usual nearly every day during that period of (several days/ two weeks)?   | 1                  | 5                  | 8                  | 9                  |
|  | <b>GO TO *D26e</b> |                    |                    |                    |
| *D26b. Did you have a much <u>larger</u> appetite than usual nearly every day?   | 1                  | 5                  | 8                  | 9                  |
| *D26c. Did you gain weight without trying to during that period of (several days/ two weeks)?<br><br>IF R REPORTS BEING PREGNANT OR GROWING, CODE "NO" AND <b>GO TO *D26g</b>    | 1                  | 5                  | 8                  | 9                  |
|  |                    | <b>GO TO *D26e</b> | <b>GO TO *D26e</b> | <b>GO TO *D26e</b> |
| *D26d. How much did you gain?<br><br>_____ NUMBER <b>GO TO *D26g</b><br><br>CIRCLE UNIT OF MASS: POUNDS ..... 1 <b>GO TO *D26g</b><br>KILOS ..... 2 <b>GO TO *D26g</b>           |                    |                    |                    |                    |
| *D26e. Did you <u>lose</u> weight without trying to?<br><br>IF R REPORTS BEING ON A DIET OR PHYSICALLY ILL, CODE "NO" AND <b>GO TO *D26g</b>                                     | 1                  | 5                  | 8                  | 9                  |
|  |                    | <b>GO TO *D26g</b> | <b>GO TO *D26g</b> | <b>GO TO *D26g</b> |
| *D26f. How much did you lose?<br><br>_____ NUMBER<br><br>CIRCLE UNIT OF MASS: POUNDS ..... 1<br>KILOS ..... 2  |                    |                    |                    |                    |
| *D26g. Did you have a lot more trouble than usual either falling asleep, staying asleep, or waking too early nearly every night during that period of (several days/ two weeks)? | 1                  | 5                  | 8                  | 9                  |
|  | <b>GO TO *D26i</b> |                    |                    |                    |
| *D26h. Did you sleep a lot more than usual nearly every night during that period of (several days/ two weeks)?   | 1                  | 5                  | 8                  | 9                  |
|  | <b>GO TO *D26j</b> |                    |                    |                    |
| *D26i. Did you sleep much less than usual and still not feel tired or sleepy?  | 1                  | 5                  | 8                  | 9                  |

|   | <b>YES<br/>(1)</b>         | <b>NO<br/>(5)</b>          | <b>DK<br/>(8)</b>          | <b>RF<br/>(9)</b>          |
|---|----------------------------|----------------------------|----------------------------|----------------------------|
| *D26j. Did you feel tired or low in energy nearly every day during that period of (several days/ two weeks) even when you had not been working very hard? | 1                          | 5                          | 8                          | 9                          |
|   | <b>GO<br/>TO<br/>*D26l</b> |                            |                            |                            |
| *D26k. Did you have a lot <u>more</u> energy than usual nearly every day during that period of (several days/ two weeks)?                                 | 1                          | 5                          | 8                          | 9                          |
| *D26l. Did you talk or move more slowly than is normal for you nearly every day?  | 1                          | 5                          | 8                          | 9                          |
|   |                            | <b>GO<br/>TO<br/>*D26n</b> | <b>GO<br/>TO<br/>*D26n</b> | <b>GO<br/>TO<br/>*D26n</b> |
| *D26m. Did anyone else notice that you were talking or moving slowly?   | 1                          | 5                          | 8                          | 9                          |
|   | <b>GO<br/>TO<br/>*D26p</b> | <b>GO<br/>TO<br/>*D26p</b> | <b>GO<br/>TO<br/>*D26p</b> | <b>GO<br/>TO<br/>*D26p</b> |
| *D26n. Were you so restless or jittery nearly every day that you paced up and down or couldn't sit still?   | 1                          | 5                          | 8                          | 9                          |
|   |                            | <b>GO<br/>TO<br/>*D26p</b> | <b>GO<br/>TO<br/>*D26p</b> | <b>GO<br/>TO<br/>*D26p</b> |
| *D26o. Did anyone else notice that you were restless?   | 1                          | 5                          | 8                          | 9                          |
| *D26p. Did your thoughts come much more slowly than usual or seem mixed up nearly every day during that period of (several days/ two weeks)?              | 1                          | 5                          | 8                          | 9                          |
|   | <b>GO<br/>TO<br/>*D26r</b> |                            |                            |                            |
| *D26q. Did your thoughts seem to jump from one thing to another or race through your head so fast you couldn't keep track of them?                        | 1                          | 5                          | 8                          | 9                          |
| *D26r. Did you have a lot more trouble concentrating than is normal for you nearly every day?   | 1                          | 5                          | 8                          | 9                          |
| *D26s. Were you unable to make up your mind about things you ordinarily have no trouble deciding about?   | 1                          | 5                          | 8                          | 9                          |
| *D26t. Did you lose your self-confidence?   | 1                          | 5                          | 8                          | 9                          |
| *D26u. Did you feel that you were not as good as other people nearly every day?   | 1                          | 5                          | 8                          | 9                          |
|   |                            | <b>GO<br/>TO<br/>*D26w</b> | <b>GO<br/>TO<br/>*D26w</b> | <b>GO<br/>TO<br/>*D26w</b> |
| *D26v. Did you feel totally worthless nearly every day?   | 1                          | 5                          | 8                          | 9                          |
| *D26w. Did you feel guilty nearly every day?  | 1                          | 5                          | 8                          | 9                          |



|  | <b>YES<br/>(1)</b> | <b>NO<br/>(5)</b>           | <b>DK<br/>(8)</b>           | <b>RF<br/>(9)</b>           |
|--|--------------------|-----------------------------|-----------------------------|-----------------------------|
| *D26x. Did you feel irritable, grouchy, or in a bad mood nearly every day?                           | 1                  | 5                           | 8                           | 9                           |
| *D26y. Did you feel nervous or anxious most days?  | 1                  | 5                           | 8                           | 9                           |
| *D26z. During that time, did you have any sudden attacks of intense fear or panic?                   | 1                  | 5                           | 8                           | 9                           |
| *D26aa. Did you often think a lot about death, either your own, someone else's, or death in general? | 1                  | 5                           | 8                           | 9                           |
| *D26bb. During that period, did you ever think that it would be better if you were dead?             | 1                  | 5                           | 8                           | 9                           |
| *D26cc. Did you think about committing suicide?  | 1                  | 5                           | 8                           | 9                           |
|  |                    | <b>GO<br/>TO<br/>*D26ff</b> | <b>GO<br/>TO<br/>*D26ff</b> | <b>GO<br/>TO<br/>*D26ff</b> |
| *D26dd. Did you make a suicide plan?   | 1                  | 5                           | 8                           | 9                           |
| *D26ee. Did you make a suicide attempt?  | 1                  | 5                           | 8                           | 9                           |
| *D26ff. Did you feel that you could not cope with your everyday responsibilities?                    | 1                  | 5                           | 8                           | 9                           |
| *D26gg. Did you feel like you wanted to be alone rather than spend time with friends or relatives?   | 1                  | 5                           | 8                           | 9                           |
| *D26hh. Did you feel less talkative than usual?  | 1                  | 5                           | 8                           | 9                           |
| *D26ii. Were you often in tears?   | 1                  | 5                           | 8                           | 9                           |

**\*D27. INTERVIEWER CHECKPOINT: (SEE \*D24 - \*D26ii)**

PROGRAMMER: IF AT LEAST ONE '1' RESPONSE IN \*D24a –\*D24d, INCREMENT COUNT BY ONE.  
IF AT LEAST ONE '1' RESPONSE IN \*D24e – \*D24f, INCREMENT COUNT BY ONE. INCREMENT COUNT  
BY ONE FOR EACH '1' RESPONSE IN \*D26a – \*D26ii.

COUNT EQUALS TWO OR MORE .....1  
ALL OTHERS.....2 **GO TO \*D88**

\*D28. You mentioned having (two of/a number of) the problems I just asked you about. How much did your [IF \*D24a EQUALS '1': sadness/ or/ IF \*D24c EQUALS: discouragement/ or/ IF \*D24e EQUALS '1': lack of interest] and these other problems interfere with either your work, your social life, or your personal relationships during that episode– not at all, a little, some, a lot, or extremely?

- NOT AT ALL.....1   **GO TO \*D29a**
- A LITTLE.....2
- SOME .....3
- A LOT.....4
- EXTREMELY.....5
- DON'T KNOW .....8
- REFUSED .....9

\*D28a. How often during that episode were you unable to carry out your daily activities because of your [IF \*D24a EQUALS '1': sadness/ or/ IF \*D24c EQUALS: discouragement/ or/ IF \*D24e EQUALS '1': lack of interest] – often, sometimes, rarely, or never?

- OFTEN .....1
- SOMETIMES.....2
- RARELY .....3
- NEVER.....4
- DON'T KNOW.....8
- REFUSED.....9

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\*D29a. Episodes of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your episodes of [IF \*D24a EQUALS '1': sadness/ or/ IF \*D24c EQUALS: discouragement/ or/ IF \*D24e EQUALS '1': lack of interest] ever occurred as the result of such physical causes?

- YES.....1
- NO.....5   **GO TO \*D37**
- DON'T KNOW .....8   **GO TO \*D37**
- REFUSED .....9   **GO TO \*D37**

\*D29b. Do you think your episodes were always the result of physical causes?

- YES.....1
- NO.....5   **GO TO \*D37**
- DON'T KNOW .....8   **GO TO \*D37**
- REFUSED .....9   **GO TO \*D37**

\*D29c. Briefly, what were the physical causes?

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\*D37. Think of the very first time in your life you had an episode lasting (several days or longer / two-weeks or longer) when most of the day nearly every day you felt (sad/or/discouraged/or/uninterested/or/that life had no meaning) and also had some of the other problems (you cited on pages 6-7/we just reviewed). Can you remember your exact age?

- YES .....1
- NO .....5 **GO TO \*D37b**
- DON'T KNOW .....8 **GO TO \*D37b**
- REFUSED .....9 **GO TO \*D37b**

\*D37a. (IF NEC: How old were you?)

- \_\_\_\_\_ YEARS OLD **GO TO \*D37b.1**
- REFUSED.....999 **GO TO \*D37b.1**

\*D37b. About how old were you (the first time you had an episode of this sort)?

IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER,"  
PROBE: Was it before you first started school?

IF NOT YES, PROBE: Was it before you were a teenager?

- \_\_\_\_\_ YEARS OLD
- BEFORE STARTED SCHOOL ..... 4
- BEFORE TEENAGER ..... 12
- NOT BEFORE TEENAGER ..... 13
- DON'T KNOW ..... 998
- REFUSED..... 999

\*D37b.1. Was that episode brought on by some stressful experience? Or did it happen out of the blue?

- BROUGHT ON BY STRESS ..... 1
- OUT OF THE BLUE ..... 2
- DON'T REMEMBER ..... 5
- DON'T KNOW ..... 8
- REFUSED ..... 9

\*D37c. About how long did that episode go on?

- \_\_\_\_\_ NUMBER
- CIRCLE UNIT OF TIME: DAYS .....1 WEEKS .....2 MONTHS.....3 YEARS ..... 4
- DON'T KNOW .....98
- REFUSED.....99

\*D37d. Did this episode happen shortly after someone close to you died?

- YES ..... 1
- NO ..... 5 **GO TO \*D38**
- DON'T KNOW ..... 8 **GO TO \*D38**
- REFUSED ..... 9 **GO TO \*D38**

\*D37e. Have you had an episode of this sort at any other time for a reason other than the death of someone close to you?

YES ..... 1  
NO ..... 5  
DON'T KNOW ..... 8  
REFUSED ..... 9

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**\*D38.** (RB, PG 5-6) Did you have an episode of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) with some of the other problems (on pages 5-6) lasting (several days or longer/ two weeks or longer) at any time in the past 12 months?

YES .....1  
NO .....5 **GO TO \*D38c**  
DON'T KNOW .....8 **GO TO \*D38c**  
REFUSED .....9 **GO TO \*D38c**

\*D38a. How recently – in the past month, two to six months ago, or more than six months ago?

PAST MONTH ..... 1  
2-6 MONTHS AGO.....2  
MORE THAN 6 MONTHS AGO.....3  
DON'T KNOW .....8  
REFUSED.....9

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\*D38a.1. (RB, PG 5-6) When I use the word “episode” in the next questions, I mean a time lasting (several days/two weeks) or longer when nearly every day you were (sad/or/discouraged/or/uninterested/or/with the feeling that life had no meaning) and also had some of the other problems (IF R CAN READ: on pages 5-6/ IF R CANNOT READ: we just reviewed). The episode ends when you no longer have the problems for two weeks in a row. With this definition in mind, how many different episodes did you have in the past 12 months?

\_\_\_\_\_NUMBER

DON'T KNOW .....998  
REFUSED .....999

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\*D38a.2. INTERVIEWER CHECKPOINT: (SEE \*D38a.1)

**\*D38a.1** EQUALS '1' .....1  
ALL OTHERS.....2 **GO TO \*D38a.7**

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\*D38a.3. In what month did that episode start?

\_\_\_\_\_/\_\_\_\_\_  
MONTH YEAR

DON'T KNOW .....998  
REFUSED .....999

\*D38a.4. How long did that episode last (IF \*D38a EQUALS '1' : so far)?

\_\_\_\_\_NUMBER

CIRCLE UNIT OF TIME:            DAYS.....1    WEEKS .....2    MONTHS.....3    YEARS ..... 4

DON'T KNOW .....998

REFUSED .....999

\*D38a.5. INTERVIEWER CHECKPOINT (SEE \*D38a):

\*D38a EQUALS '1' .....1

ALL OTHERS.....2    **GO TO \*D39**

\*D38a.6. Has this episode ended or is it still going on?

ENDED .....1

STILL GOING ON.....5

DON'T KNOW .....8

REFUSED .....9

**GO TO \*D39**

\*D38a.7. How long did the first of these (NUMBER FROM \*D38a.1) episodes last?

\_\_\_\_\_NUMBER

CIRCLE UNIT OF TIME:            DAYS ..... 1    WEEKS .....2    MONTHS.....3    YEARS ..... 4

DON'T KNOW .....998

REFUSED .....999

\*D38a.8. INTERVIEWER CHECKPOINT (SEE \*D38a):

\*D38a EQUALS '1' .....1

ALL OTHERS.....2    **GO TO \*D38b**

\*D38a.9. Has the most recent episode ended or is it still going on?

ENDED .....1

STILL GOING ON .....5

DON'T KNOW .....8

REFUSED .....9

\*D38b. About how many days out of the last 365 were you in an episode?

\_\_\_\_\_DAYS    **GO TO \*D39**

DON'T KNOW .....998    **GO TO \*D39**

REFUSED .....999    **GO TO \*D39**

\*D38c. How old were you the last time you had one of these episodes?

\_\_\_\_\_ YEARS OLD

DON'T KNOW .....998  
REFUSED .....999

---

\*D39. What is the longest episode you ever had when you were (sad/or/discouraged/or/uninterested/or/feeling that life had no meaning) and also had some of the other problems most of the day nearly every day?

\_\_\_\_\_ NUMBER

CIRCLE UNIT OF TIME:            DAYS ..... 1    WEEKS .....2    MONTHS.....3    YEARS ..... 4

DON'T KNOW ..... 98  
REFUSED ..... 99

---

\*D40. INTERVIEWER CHECKPOINT: (SEE \*D39)

LONGEST EPISODE WAS LESS THAN 14 DAYS .....1  
ALL OTHERS.....2    **GO TO \*D52**

---

\*D41. Did you ever have at least one full year with episodes lasting several days or more just about every month?

YES ..... 1  
NO ..... 5    **GO TO \*D88**  
DON'T KNOW ..... 8    **GO TO \*D88**  
REFUSED ..... 9    **GO TO \*D88**

---

\*D42. How old were you the first time you had a year of this sort (when you had an episode just about every month)?

\_\_\_\_\_ YEARS OLD

DON'T KNOW .....998  
REFUSED .....999

---

\*D42.1. How many of these episodes were brought on by some stressful experience - - all, most, some, or none?

ALL .....1  
MOST .....2  
SOME .....3  
NONE .....4  
DON'T KNOW .....8  
REFUSED .....9

\*D42.2. How many of these episodes happened shortly after someone close to you died – all, most, some, or none?

ALL .....1  
MOST .....2  
SOME .....3  
NONE .....4  
DON'T KNOW .....8  
REFUSED .....9

\*D43. About how many different years in your life did you have an episode [of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning)] just about every month?

\_\_\_\_\_ YEARS

DON'T KNOW .....998

REFUSED .....999

---

\*D46. Did you ever have a full year or longer when you were in an episode most days?

YES.....1

NO.....5 **GO TO \*D62.1**

DON'T KNOW .....8 **GO TO \*D62.1**

REFUSED .....9 **GO TO \*D62.1**

---

\*D47. And how old were you the first time you had a year when you were in an episode most days?

\_\_\_\_\_ YEARS OLD

DON'T KNOW .....998

REFUSED .....999

---

\*D48. About how many different years in your life were you in an episode [of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning)] most days?

\_\_\_\_\_ YEARS

DON'T KNOW .....998

REFUSED .....999

---

\*D49. INTERVIEWER CHECKPOINT: (SEE \*D48)

\*D48 EQUALS '1' .....1 **GO TO \*D62.1**

ALL OTHERS.....2

---

\*D50. What is the longest continuous number of years in a row in which you were in an episode most days?

\_\_\_\_\_ YEARS **GO TO \*D62.1**

DON'T KNOW .....998 **GO TO \*D62.1**

REFUSED .....999 **GO TO \*D62.1**

\*D52. How many episodes of feeling (sad/or/discouraged/or/uninterested/or/that life has no meaning) with some other problems lasting two weeks or longer have you ever had in your life?

\_\_\_\_\_ NUMBER

DON'T KNOW .....998

REFUSED .....999

\*D53. INTERVIEWER CHECKPOINT: (SEE \*D52)

\*D52 EQUALS '1' ..... 1 GO TO \*D62.1  
ALL OTHERS..... 2

---

\*D53.1. How many of these episodes were brought on by some stressful experience?

\_\_\_\_\_ NUMBER

DON'T KNOW .....998  
REFUSED .....999

---

\*D53.2. How many of these episodes happened shortly after someone close to you died – all, most, some, or none?

ALL ..... 1  
MOST ..... 2  
SOME ..... 3  
NONE ..... 4  
DON'T KNOW ..... 8  
REFUSED ..... 9

---

\*D54. How many different years in your life did you have at least one episode?

\_\_\_\_\_ YEARS

DON'T KNOW .....998  
REFUSED .....999

---

\*D55. INTERVIEWER CHECKPOINT: (SEE \*D54)

\*D54 EQUALS '1' ..... 1 GO TO \*D62.1  
ALL OTHERS..... 2

---

\*D56. What is the longest continuous number of years in a row in which you had at least one episode per year?

\_\_\_\_\_ YEARS

DON'T KNOW .....998  
REFUSED .....999

---

\*D57. INTERVIEWER CHECKPOINT: (SEE \*D39)

\*D39 EQUALS '12' MONTHS OR LONGER ..... 1 GO TO \*D59  
ALL OTHERS..... 2

---

\*D58. Did you ever have a period lasting a full year or longer when you were in an episode most days?

YES ..... 1  
NO ..... 5 GO TO \*D62.1  
DON'T KNOW ..... 8 GO TO \*D62.1  
REFUSED ..... 9 GO TO \*D62.1



\*D59. About how many years in your life were you in an episode most days?

\_\_\_\_\_ YEARS

DON'T KNOW .....998

REFUSED .....999

\*D59a. And how old were you the first time you had a year of this sort (when you were in an episode most days)?

\_\_\_\_\_ YEARS OLD

DON'T KNOW .....998

REFUSED .....999

---

\*D60. INTERVIEWER CHECKPOINT: (SEE \*D59)

\*D59 EQUALS '1' ..... 1 **GO TO \*D62.1**

ALL OTHERS..... 2

---

\*D61. What is the longest continuous number of years in a row in which you were in an episode most days?

\_\_\_\_\_ YEARS

DON'T KNOW .....998

REFUSED .....999

---

\*D62.1. INTERVIEWER CHECKPOINT: (SEE \*D38)

\*D38 EQUALS '1' .....1

ALL OTHERS.....2 **GO TO \*D72**

---

\*D62.2. INTERVIEWER CHECKPOINT

R CAN READ .....1

ALL OTHERS.....2 **GO TO \*D64**

---

\*D62.3. (RB, PG 7-8) For the next questions I need you to think about the period of (several days/two weeks) or more during the past 12 months when your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning) was most severe and frequent. Please read each of the nine sets of statements on pages 7-8 in your booklet and circle the one response for each of the nine that best describes how you were during those (several days/two weeks). Let me know when you have finished.

**GO TO \*D66**

---

\*D64. (RB, PG 7-8) For the next questions I need you to think about the period of (several days/two weeks) or more during the past 12 months when your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning) was most severe and frequent. I'm going to read nine series of statements. Please pick the one statement in each series that comes closest to your experience during that worst (several days/two weeks).

\*D64a. Here's the first series, which deals with problems falling asleep:

- One: You never took longer than 30 minutes to fall asleep.
- Two: You took at least 30 minutes to fall asleep, less than half the time.
- Three: You took at least 30 minutes to fall asleep, more than half the time.
- Four: You took more than 60 minutes to fall asleep, more than half the time.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) in the past 12 months?)

\_\_\_\_\_ NUMBER

- DON'T KNOW .....998
- REFUSED .....999

\*D64b. Here's the next series, which deals with waking up at night:

- One: You did not wake up at night.
- Two: You had a restless, light sleep with few brief awakenings each night.
- Three: You woke up at least once a night, but you got back to sleep easily.
- Four: You woke up more than once a night and stayed awake for 20 minutes or more, more than half the time.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) in the past 12 months?)

\_\_\_\_\_ NUMBER

- DON'T KNOW .....998
- REFUSED .....999

\*D64c. Here's the next series, which deals with waking up too early in the morning:

- One: Most of the time, you woke up no more than 30 minutes before you needed to get up.
- Two: More than half the time, you woke up more than 30 minutes before you needed to get up.
- Three: You almost always woke up at least one hour or so before you needed to, but you went back to sleep eventually.
- Four: You woke up at least one hour before you needed to and couldn't get back to sleep.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) in the past 12 months?)

\_\_\_\_\_ NUMBER

- DON'T KNOW .....998
- REFUSED .....999

\*D64d. Here's the next series, which deals with the amount of sleep you got each night. Again, pick the one statement that's closest to your experience.

One: You slept no longer than 7-8 hours/night, without napping during the day.

Two: You slept no longer than 10 hours in a 24-hour period including naps.

Three: You slept no longer than 12 hours in a 24-hour period including naps.

Four: You slept longer than 12 hours in a 24-hour period including naps.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) in the past 12 months?)

\_\_\_\_\_ NUMBER

DON'T KNOW .....998

REFUSED .....999

\*D64e. Here's the next series, which deals with feeling sad:

One: You did not feel sad.

Two: You felt sad less than half the time.

Three: You felt sad more than half the time.

Four: You felt sad nearly all the time.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) in the past 12 months?)

\_\_\_\_\_ NUMBER

DON'T KNOW .....998

REFUSED .....999

\*D64f. Here's the next series, which deals with your ability to concentrate and make decisions:

One: There was no change in your usual capacity to concentrate or make decisions.

Two: You occasionally felt indecisive or found that your attention wandered.

Three: Most of the time, you struggled to focus your attention or to make decisions.

Four: You couldn't concentrate well enough to read or you couldn't make even minor decisions.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) in the past 12 months?)

\_\_\_\_\_ NUMBER

DON'T KNOW .....998

REFUSED .....999

\*D64g. Here's the next series, which deals with feeling down on yourself:

One: You saw yourself as equally worthwhile and deserving as other people.

Two: You were more self-blaming than usual.

Three: You largely believed that you caused problems for others.

Four: You thought almost constantly about major and minor defects in yourself.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) in the past 12 months?)

\_\_\_\_\_ NUMBER

DON'T KNOW .....998

REFUSED .....999

\*D64h. Here's the next series, which deals with your interest in daily activities:

- One: There was no change from usual in how interested you were in other people or activities.
- Two: You noticed that you were less interested in people or activities.
- Three: You found you had interest in only one or two of your formerly pursued activities.
- Four: You had virtually no interest in formerly pursued activities.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) in the past 12 months?)

\_\_\_\_\_ NUMBER

DON'T KNOW .....998  
REFUSED .....999

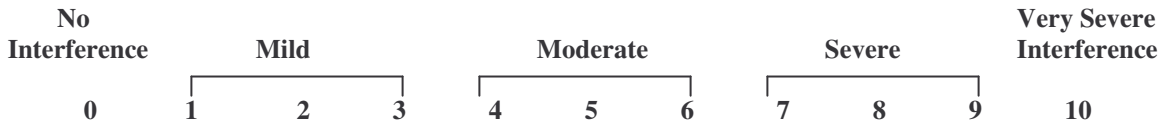
\*D64i. Here's the next series, which deals with your energy:

- One: There was no change in your usual level of activity.
- Two: You got tired more easily than usual.
- Three: You had to make a big effort to start or finish your usual daily activities (for example, shopping, homework, cooking, or going to work).
- Four: You really couldn't carry out most of your usual daily activities because you just didn't have the energy.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested/or/with the feeling that life has no meaning) in the past 12 months?)

\_\_\_\_\_ NUMBER

DON'T KNOW .....998  
REFUSED .....999



\*D66. (RB, PG 9) Using a 0 to 10 scale on page 9 of your booklet, where 0 means no interference and 10 means very severe interference, think about the month or longer in the past 12 months when your (sadness/or/discouragement/or/lack of interest/or/feelings that life had no meaning) was most severe. What number describes how much your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning) interfered with each of the following activities during that month or longer?

(IF NEC: How much did your (sadness/or/discouragement/or/lack of interest/or/feeling that life has no meaning) interfere with (ACTIVITY) during that time?)

(IF NEC: You can use any number between 0 and 10 to answer.)

**NUMBER (0-10)**

\*D66a. Your home management, like cleaning, shopping, and taking care of the (house/ apartment)? \_\_\_\_\_

DOES NOT APPLY .....97  
DON'T KNOW.....98  
REFUSED.....99

\*D66b. Your ability to work? \_\_\_\_\_

DOES NOT APPLY .....97  
DON'T KNOW.....98  
REFUSED.....99

\*D66c. Your ability to form and maintain close relationships with other people? \_\_\_\_\_

DOES NOT APPLY .....97  
DON'T KNOW.....98  
REFUSED.....99

\*D66d. Your social life? \_\_\_\_\_

DOES NOT APPLY .....97  
DON'T KNOW.....98  
REFUSED.....99

\*D67. INTERVIEWER CHECKPOINT: (SEE \*D66a - \*D66d)

ALL RESPONSES EQUAL '0' OR '97' .....1 **GO TO \*D72**  
ALL OTHERS.....2

\*D68. About how many days out of 365 in the past 12 months were you totally unable to work or carry out your normal activities because of your (sadness/or/discouragement/or/lack of interest/or/feeling that life has no meaning)?

(IF NEC: You can use any number between 0 and 365 to answer.)

\_\_\_\_\_ NUMBER OF DAYS

DON'T KNOW ..... 998  
REFUSED ..... 999

**\*D72.** Did you ever in your life talk to a medical doctor or other professional about your (sadness/or/discouragement/or/lack of interest/or/feeling that life has no meaning)? (By professional we mean psychologists, counselors, spiritual advisors, herbalists, acupuncturists, and other healing professionals.)

YES.....1  
NO.....5 **GO TO \*D88**  
DON'T KNOW .....8 **GO TO \*D88**  
REFUSED .....9 **GO TO \*D88**

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**\*D72.1 (IF SC35\_1 = 1, THEN '(RB PG 19) Which ones? Just give me the letter? (PROBE: Any others?)/ ELSE (IF SC35\_1 = 2) 'Please tell me of the following professionals which ones you have ever talked to about your (sadness /or/ discouragement /or/ lack of interest /or/ feeling that life has no meaning): a psychiatrist, general practitioner or family doctor, any other medical doctor, psychologist, social worker, counselor, any other mental health professional such as a psychotherapist or mental health nurse, a nurse occupational therapist or health professional, a religious or spiritual advisor like a minister, priest, pastor, rabbi, any other healer, like a herbalist, chiropractor, doctor of oriental medicine or a spiritualist? (PROBE: Any others?')**

**IF SC35\_1 = 1, THEN**

1. A
2. B
3. C
4. D
5. E
6. F
7. G
8. H
9. I
10. J
11. M

**ELSE (IF SC35\_1 = 2), THEN**

1. PSYCHIATRIST
2. GENERAL PRACTITIONER OR FAMILY DOCTOR
3. ANY OTHER MEDICAL DOCTOR LIKE A CARDIOLOGIST OR (WOMEN:GYNECOLOGIST/  
MEN: UROLOGIST)
4. PSYCHOLOGIST
5. SOCIAL WORKER
6. COUNSELOR
7. ANY OTHER MENTAL HEALTH PROFESSIONAL, SUCH AS A PSYCHOTHERAPIST OR  
MENTAL HEALTH NURSE
8. A NURSE, OCCUPATIONAL THERAPIST, OR OTHER HEALTH PROFESSIONAL
9. A RELIGIOUS OR SPIRITUAL ADVISOR LIKE A MINISTER, PRIEST, PASTOR, OR RABBI
10. ANY OTHER HEALER, LIKE AN HERBALIST, CHIROPRACTOR, DOCTOR OF ORIENTAL  
MEDICINE, OR SPIRITUALIST
11. OTHER (SPECIFY) \_\_\_\_\_

\*D72a. How old were you the first time [you talked to a professional about your (sadness/or/ discouragement/or/lack of interest/or/feeling that life had no meaning)]?

\_\_\_\_\_ YEARS OLD

DON'T KNOW ..... 998

REFUSED ..... 999

---

\*D73. Did you ever get treatment for your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning) that you considered helpful or effective?

YES ..... 1

NO ..... 5 **GO TO \*D73c**

DON'T KNOW ..... 8 **GO TO \*D73c**

REFUSED ..... 9 **GO TO \*D73c**

\*D73a. How old were you the first time [you got helpful treatment for your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning)]?

\_\_\_\_\_ YEARS OLD

DON'T KNOW ..... 998

REFUSED ..... 999

\*D73b. How many professionals did you ever talk to about your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning), up to and including the first time you got helpful treatment?

\_\_\_\_\_ NUMBER OF PROFESSIONALS **GO TO \*D74**

DON'T KNOW ..... 98 **GO TO \*D74**

REFUSED ..... 99 **GO TO \*D74**

\*D73c. How many professionals did you ever talk to about your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning)?

\_\_\_\_\_ NUMBER OF PROFESSIONALS

DON'T KNOW ..... 98

REFUSED ..... 99

---

\*D74. Did you receive professional treatment for your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning) at any time in the past 12 months?

YES ..... 1

NO ..... 5

DON'T KNOW ..... 8

REFUSED ..... 9

---

\*D75. How many of your close relatives -- including your biological parents, brothers and sisters, and children -- ever had periods that lasted several days or longer when they felt sad, discouraged, or with lack of interest, most of the day?

\_\_\_\_\_ NUMBER

DON'T KNOW ..... 998

REFUSED ..... 999

\*D87. Were you ever hospitalized overnight for your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning )?

YES.....1  
NO.....5 GO TO \*D88  
DON'T KNOW .....8 GO TO \*D88  
REFUSED .....9 GO TO \*D88

\*D87a. How old were you the first time [you were hospitalized overnight because of your (sadness/or/discouragement/or/lack of interest/or/feeling that life had no meaning )]?

\_\_\_\_\_ YEARS OLD

DON'T KNOW .....998  
REFUSED .....999

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\*D88. INTERVIEWER CHECKPOINT: (SEE \*SC20, \*SC20a, \*SC20b, \*SC25, \*SC26, \*SC26a, \*SC26b, \*SC26c, \*SC29.4, \*SC30.4)

FOLLOW SKIP FOR FIRST ENDORSED ITEM.

\*SC25 EQUALS '1' .....1 GO TO \*IR1 INTRO 2, NEXT SECTION  
\*SC20 EQUALS '1' .....2 GO TO \*PD1 INTRO 1  
\*SC20a EQUALS '1' .....3 GO TO \*PD1 INTRO 2  
\*SC20b EQUALS '1' .....4 GO TO \*PD1 INTRO 3  
\*SC29.4 EQUALS '1' .....5 GO TO \*SO1  
\*SC30.4 EQUALS '1' .....6 GO TO \*AG1  
\*SC26 EQUALS '1' .....7 GO TO \*G1 INTRO 1  
\*SC26a EQUALS '1' .....8 GO TO \*G1 INTRO 2  
\*SC26b EQUALS '1' .....9 GO TO \*G1 INTRO 3  
\*SC26c EQUALS '1' .....10 GO TO \*G1 INTRO 4  
ALL OTHERS.....11 GO TO \*IED1