

Your Healer's Touch and History of Zimbabwean Shona Sculpture

African Stone Sculpture from Zimbabwe is often called Shona Sculpture, named after the largest Ethnic Group in Zimbabwe (about 82% of the population). Zimbabwe - derived from the Shona word dzimbadzamazimbabwe which means "house of stone" - is the only country on the African continent that has large deposits of stone suitable for sculpting.

In ancient times, stone was used extensively for building and for decorative purposes. The Great Zimbabwe settlement, now a World Heritage Site, is testimony to the skill and artistry of the ancestors of today's sculptors. Built between the 11th and 15th centuries, at a time when Europe was just emerging from the Dark Ages, these accomplished stone masons used hand-hewn granite blocks to painstakingly and precisely build ornate towers and enclosures - all free of mortar. Parts of the settlement combine natural rock formation and dry stone construction - the two blending aesthetically and functionally.

Artists draw extensively on traditional culture for their inspiration: the mythology, folklore, rituals and beliefs in ancestral spirits that remain strong strands even in contemporary, urban Zimbabwean life. Women are also a significant source of inspiration: the nude torso, the dancing girl, mother and child are depicted in a myriad of ways. The natural world and man's relationship with nature are other important themes, which reflect the country's deep rural roots.

This art movement attracts, and continues to attract, sculptors from surrounding African countries - Mozambique, Malawi, Zambia. So while the Shona people are still predominant, other cultural influences have enriched the creation of the sculptures that bear their name.

Until 2001, Zimbabwe was the breadbasket of Africa. Since then, Zimbabwe has experienced one of the worst, most rapid economic calamities in human history. Unemployment and starvation rose to unprecedented highs in 2008. Circumstances have improved slightly, but not significantly enough to restore economic stability & sustenance.

During economic prosperity, hundreds of artists depended on the large influx of tourists to purchase their creations. However, tourism has plummeted, forcing many artists to search for alternative means of sustenance. Many artists now sell their

creations in South Africa which still has a thriving tourist industry, and some artists, through the help of exporters, sell their creations abroad.

This traditional design of the Shona culture caught the eye of Mark and Bonnie Barnes many years ago. They felt the sculpture symbolized the relationship between a nurse and his or her patient and referred to it as the Healer's Touch. These beautiful pieces of artwork for DAISY Honorees have created an umbrella of economic protection and sustenance over the group of artists and their families we support. In the midst of economic disaster, each artist is incredibly grateful for the consistent support and peace of mind this work provides them in a country with such little hope and so few

opportunities. The artists' gratitude resonates through each sculpture, which in turns honors and recognizes the incredible work that nurses perform every day. Moreover, since the Shona people hold their traditional healers in very high esteem, viewing them as treasures in their community, there is no one better to carve such special gifts for our DAISY Honorees.

Congratulations to each DAISY Award Honoree! For more information and a video of two Shona artists carving Healer's Touch Sculptures, please visit:

DAISYfoundation.org/daisy-award/healers-touch



The "Care and Feeding" of Your Healer's Touch Sculpture

Your beautiful Sculpture is hand-carved in Zimbabwe from Serpentine, a mineral rock. The stone has been polished with wax to bring out the deep color of the stone. Should it suffer a scratch, it is very easy to restore.

Apply Restora Finish (Neutral) to the entire sculpture with a sponge. Allow to absorb into the stone for several hours. Then apply Kiwi Neutral Shoe polish directly over the oil with a sponge. Allow it to dry to a haze. Buff your sculpture with a soft terry towel.

If you have any questions, please email us at DAISYsupplies@DAISYfoundation.org



FOR EXTRAORDINARY NURSES

HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES

Now That You Are A DAISY Honoree...

Congratulations! You have joined a community of the most amazing nurses whose practice is renowned for outstanding clinical skill, compassion, and inspiration. You are the epitome of nursing's unique blend of art and science.

The DAISY (Diseases Attacking the Immune System) Foundation™ was created in 1999 by the family of J. Patrick Barnes to say, "thank you!" to his nurses for the care and compassion they provided during his illness and at the end of his life. The foundation has grown over the years and expresses gratitude to Nurses with programs to honor them wherever they practice, in whatever role they serve, and throughout their careers. Today, The DAISY Award® is embedded in thousands of healthcare facilities and schools of nursing, internationally.

As a DAISY Honoree, we ask the following:

- Don't miss out on your international recognition! Please remind your DAISY Coordinator to **register you on our website**. This entitles you to many wonderful benefits. Upon registration, we will create your DAISY spotlight page on www.DAISYfoundation.org and send the link to your DAISY Coordinator who will send it to you. Your page will share your nomination story and a photo of your celebration. You can also easily search your name in the search box on the upper right-hand corner of our site.
- We are very active in social media. Please "like" DAISY Foundation on Facebook where we share updates, latest news and many photos and stories! There is also a DAISY Nurses Facebook page, where you can connect with other recipients! In addition, you can connect with us, other recipients, organizations and get best practice ideas by following us on Twitter (@DAISY4Nurses), Pinterest, com/DAISYfoundation, Instagram and LinkedIn!
- **If you attend a nursing conference**, please look for our DAISY display and say Hello. It will mean so much to us to meet you and wish you well in person and to give you your conference DAISY nurse ribbon!
- **Become a DAISY Ambassador.** Ambassadors help us achieve our vision of having The DAISY Award in every healthcare organization or school of nursing that wants it and will do what it takes to make it meaningful to their nurses. Contact erinascher@DAISYfoundation.org for more information.

Information on the history, care and keeping of your Healers Touch sculpture follows as well as some of your benefits as an Honoree. Please check our website for a complete list of benefits and their eligibility requirements.

On behalf of The DAISY Foundation, thank you again for the incredibly meaningful difference you make!

The DAISY Award
FOR EXTRAORDINARY NURSES
HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES

Amanda M. Phillips, BSN, RN
Pediatric Intensive Care Unit
Wolfson Children's Hospital
Jacksonville, Florida
United States

Caregivers in the pediatric ICU are familiar with end-of-life care and, I believe, they give high quality, loving, and compassionate end-of-life care. But today, Amanda went above and beyond in her display of care and compassion for her patient and their family. It is our usual practice to take the patient's footprints and handprints and make a certificate as well as a plaster cast of them. But Amanda, in between her usual patient care duties, took the time to paint her patient's footprints on a canvas and then use more paints to transform the footprints into fairytale princesses.

The canvas is truly beautiful and it represents the kind of care Amanda gives her patients and their families regularly. End-of-life is a time fraught with pain and sorrow and difficulty for families and patient caregivers alike. The fact that Amanda took the extra effort to make such a beautiful tribute to her patient is a testament to her character and caliber as a person as well as a nurse. TH

Spotlight page upon registration



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FOR EXTRAORDINARY NURSES
HONORING NURSES INTERNATIONALLY
IN MEMORY OF J. PATRICK BARNES

Gratitude to Nurses

The DAISY AWARD for Extraordinary Nurses

LIFETIME
ACHIEVEMENT

TEAM

STUDENT

NURSE LEADER

FACULTY

DAISY
Medical Mission
Grants

Conference
Scholarships

Reduced
Certification Fees
& Tuition

DAISY Award
for
Patient Safety

Go to DAISYfoundation.org for more information



Honoree Benefits and Additional Opportunities*



Thanks to the American Nurses Credentialing Center, DAISY Honorees are eligible to apply for or renew ANCC Certification at a special rate. When your DAISY Coordinator registers you as a DAISY Honoree, you will receive the web link and discount code. We hope you will take advantage of this wonderful offer!



CHAMBERLAIN
UNIVERSITY

Chamberlain University generously offers reduction in tuition to DAISY Honorees. The DAISY Honoree Scholarship is available to nurses who have a current, active RN license in the U.S. or in a jurisdiction that is an Associate Member of the National Council of State Boards of Nursing (NC SBN). Chamberlain's DAISY Honoree Scholarship is designed to encourage continuing education in the nursing profession and, assuming Chamberlain's admission requirements are met. Contact chamberlain.edu/DAISY for more information.



Once a year, registered Honorees are eligible to apply for the Cherokee Nursing Conference Scholarship to support nursing professionals and their career advancement! Cherokee will award \$2,000 each to 10 DAISY Award Honorees to support attendance at a conference of their choice where they may learn and earn CE units. Honorees must be registered on The DAISY Foundation website. www.cherokeeenursingscholarship.com



Each fall, registered Honorees can be nominated for Institute for Healthcare Improvement's DAISY Award for Extraordinary Nurses. This recognition celebrates the personal commitment to patient and workforce safety in the delivery of compassionate care by nurses for patients and families and raises awareness of the significant contributions by nurses with respect to patient and workforce safety.

DAISY Medical Mission Grants

Many nurses serve on medical missions, often using vacation time and funding the trip themselves. DAISY wants to help! Each year, DAISY Honorees can apply for a medical mission grant. 10 grants of up to \$1,500 are awarded to encourage nurses who have demonstrated extraordinary compassion in daily practice to contribute to patient care for the world's most underserved and vulnerable people. Check our website for past recipients and more information about this opportunity!

*For a full list and eligibility requirements: www.daisyfoundation.org/daisy-award/honorees-benefits
For Faculty and Students: www.daisyfoundation.org/faculty-and-student-honorees-benefits

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