Harvard Medical School - Massachusetts General Hospital

Orthopaedic Foot and Ankle Fellowship
Introduction and Welcome

Thank you for your interest in the Harvard Medical School/Massachusetts General Hospital Orthopaedic Foot and Ankle Fellowship program.

Our commitment is to help you develop into an accomplished orthopaedic foot and ankle surgeon – clinically insightful, technically capable across a wide range of surgical procedures, and a critical analyst of the latest research. We pride ourselves on the interdisciplinary care of each patient, working as a team with other surgical and medical specialties, as well as podiatrists, physical therapists, cast techs, medical assistants, research assistants and support staff.

Fellowship Structure

The program offers three fellowship positions of one-year duration. Eligible fellows must have successfully graduated from an orthopaedic residency program. Fellows are credentialed at Massachusetts General Hospital (MGH), the flagship teaching hospital of Harvard Medical School, as well as Newton-Wellesley Hospital (NWH), a 300-bed community hospital in a nearby suburb.

The current fellowship is divided into two six-month blocks based on a mentorship model designed to foster lifelong friendships. You will spend six full months with Drs. Christopher DiGiovanni, Greg Waryasz, and Lorena Bejarano-Pineda, as well as an additional six months with Drs. John Kwon, Daniel Guss and Philip Kaiser. This structure allows exposure to all staff while preserving a one-on-one relationship. Flexibility exists and fellows are enabled to adapt their schedule to attend unique cases or learning opportunities. Furthermore, exposure to all faculty year around is achieved through various didactic sessions, conferences, journal clubs, labs and other academic teaching sessions.

Fellows are credentialed at all hospitals and clinical sites as full attending physicians, with the goal of progressively nurturing a high degree of independence in both the operating room and clinic settings. Through an apprenticeship model with graduated autonomy, fellows are comfortable running their own foot and ankle clinic and are technically capable of independently operating on a spectrum of complex foot and ankle pathology by the end of their fellowship year. The opportunity to operate independently with immediate attending back up readily available, as a supplement to the expansive amount of time spent operating alongside an attending, is something past fellows have relished.

Fellows also run a longitudinal clinic that parallels clinics run by the attending staff. Fellows see their own patients 1 clinic day a week in order to foster independent decision-making, management strategies, and ownership of care. As always, attending staff are always readily available to answer questions and facilitate the care of patients.
Faculty

During the year you will work closely with team members across the service, including orthopaedic foot & ankle surgeons, physician assistants and podiatrists. These include:

Foot and Ankle Service

Christopher DiGiovanni, MD, FAOA  
Professor, Harvard Medical School  
Vice Chairman (Academic Affairs)  
Chief, Division of Orthopaedic Foot and Ankle Surgery  
Massachusetts General Hospital  |  Newton-Wellesley Hospital  
President, Board of Directors, American Orthopaedic Foot & Ankle Society

John Y. Kwon, MD  
Associate Chief, Division of Orthopaedic Foot and Ankle Surgery  
Associate Professor, Harvard Medical School  
Attending Surgeon  
Massachusetts General Hospital  |  Mass General/North Shore Outpatient Center

Daniel Guss, MD, MBA  
Assistant Professor, Harvard Medical School  
Director, Harvard-MGH Foot & Ankle Fellowship  
Attending Surgeon  
Massachusetts General Hospital  |  Newton-Wellesley Hospital

Lorena Bejarano-Pineda, MD  
Instructor in Orthopaedic Surgery, Harvard Medical School  
Attending Surgeon  
Massachusetts General Hospital  |  Mass General/North Shore Outpatient Center

Philip Kaiser, MD  
Instructor in Orthopaedic Surgery, Harvard Medical School  
Attending Surgeon  
Massachusetts General Hospital  |  Mass General/North Shore Outpatient Center

Gregory Waryasz, MD  
Instructor in Orthopaedic Surgery, Harvard Medical School  
Attending Surgeon  
Massachusetts General Hospital  |  Mass General/North Shore Outpatient Center

Soheil Ashkani Esfahani, MD  
Chief Scientific Officer, Foot & Ankle Research and Innovation Laboratory (FARIL)  
Massachusetts General Hospital
Brian Abbott, PA  
Massachusetts General Hospital  |  Newton-Wellesley Hospital  
Physician Assistant to Dr. Christopher DiGiovanni

Patrick Maguire, PA  
Massachusetts General Hospital  |  Newton-Wellesley Hospital  
Physician Assistant to Dr. John Kwon

Michael (Drew) Vrolyk, PA  
Massachusetts General Hospital  |  Mass General/North Shore Outpatient Center  
Physician Assistant to Dr. Gregory Waryasz

Podiatry Service

Gurneet Khangura, DPM  
Massachusetts General Hospital

Adam Landsman, DPM, PhD  
Massachusetts General Hospital

Stuart Kigner, DPM  
Massachusetts General Hospital

Sarah Rose-Sauld, DPM  
Massachusetts General Hospital

Norman Wortzman, DPM  
Lead Podiatrist  
Massachusetts General Hospital
Educational Program - Basic Curriculum

General requirements: In accordance with the general teachings defined by the American Orthopaedic Foot & Ankle Society, our Fellowship program emphasizes professionalism, clinical competence and system-based practice.

Professionalism: The fellow is expected to demonstrate respect, compassion, and integrity to their patients, fellow faculty, and staff. S/he is expected to be responsive to the needs of her/his patients and demonstrate commitment to excellence and on-going professional development.

Clinical competence: The fellowship has been designed to develop advanced technical competence in the field of foot and ankle. Focus will be on advanced skills in the operating room, diagnostic competence in the clinic, and will foster analytic research excellence through our robust research program.

Surgical experience: The fellow is scheduled in the operating room 3-4 days/week with an attending faculty member. The fellow will operate in the Main OR at both MGH and NWH, as well as our Ambulatory Care Centers at MGH, NWH and Northshore Danvers.

Outpatient experience: The fellow is scheduled in clinic 1-2 days/week, either independently or with a faculty member. The outpatient clinics allow the fellow the chance to follow patients s/he has operated on, to see new patients and devise management plans. The fellow has their “own patients” and are expected to manage all patient needs with input from faculty as necessary and with assistance from our administrative staff and physician extenders.

Inpatient responsibilities: There are three fellows and one PGY-3 Harvard orthopaedic resident on service. The inpatient care is typically divided up by the service member who is on site at MGH for the day. There is a physician extender for floor coverage at both MGH and NWH hospitals who assist with daily management.

Call responsibilities: Fellows may assist faculty who participate in call at various institutions based on clinical necessity and educational opportunity. There are no primary call responsibilities. Fellows will round on inpatient consults and bill when appropriate.
Educational Conferences and Meetings

Multidisciplinary topic conference: Each Tuesday morning there is a multidisciplinary conference at the Foot & Ankle Center in Waltham. The fellow is expected to attend and be an active participant. The current structure is as follows: 1st week – indications conference/case presentations presented by the fellows and Faculty; 2nd week – multidisciplinary lecture; 3rd week - journal club lead by fellows and other disciplines; 4th/5th week – Faculty presentations. There are also several presentations by invited speakers throughout the year as well as periodic resident presentations.

Indications conference: This weekly conference is held on each Monday or Tuesday. It is designed to review the indications for, and treatment options pertaining to, the surgical cases for the next 2 weeks. It is designed to be a very interactive discussion and is consistently highlighted by the Fellows as one of their best learning opportunities.

Departmental conference: Each Thursday morning there is morbidity/mortality conference or grand rounds at MGH. Fellow attendance is expected. Fellows often present service cases at M&M conference and engage in multidisciplinary discussions with other orthopaedic surgery specialties.

Research conference: There are weekly research meetings attended by members of the Foot & Ankle Research and Innovation Lab (FARIL), clinical faculty, national and international research fellows, residents, medical students, and other participating members of the FARIL community. These conferences occur Tuesday mornings at MGH – Waltham.

Conferences: We believe strongly that training outside of the hospital is an important part of the fellowship experience. Each fellow is allotted a $2,000 stipend to spend on educational conferences and/or other educational related expenses. Participation in local and national conferences is strongly encouraged.

Salary and Benefits: Salary is commensurate with that of a PGY-6 in our system. The salary for the 2019-2020 academic year is $80,000. Salaries are adjusted by 2-3% each year. Benefits include many competitive health, dental, and vision coverage options. Each fellow is allotted 3 weeks of vacation time to use for conferences, interviews, family time and other independent endeavors.
Research

General

The Foot & Ankle Research and Innovation Lab (FARIL) opened January 1, 2019. FARIL is a groundbreaking initiative by the Mass General Foot & Ankle service focused on pioneering breakthroughs in foot and ankle research and innovation that will directly impact the care of the foot and ankle patients. Perhaps the most important quality of FARIL is its ability to integrate all aspects of Foot & Ankle care by incorporating every facet of research. From top institutions in the US to internationally recognized academia, FARIL researchers bring their diverse training and experience to create new tests and treatments. FARIL also brings together various organizations (MGH research institute, AOFAS) and industry leaders to implement new technology used to treat foot and ankle injuries. With patient care at its guiding focus, FARIL brings every component of foot and ankle research to one cutting-edge location.

Fellows are expected to complete two research projects throughout the academic year. By the end of the fellowship, you are expected to have two manuscripts prepared for presentation at the AOFAS meeting with the ultimate goal of publication. Multiple support staff are available to assist with initiation and completion of projects, including several international research fellows, research students, residents and statisticians.

Partners Healthcare System Research Patient Data Registry (RPDR)

The RPDR gathers clinical data from several hospital systems at Partners Healthcare. (Enterprise Master Patient Index - EMPI, Hospital Decision Support System - EPSI (formerly TSI), Physician Billing System - IDX and EPIC, Longitudinal Medical Record - LMR, Corporate Provider Master - CPM, Clinical Data Repository - CDR, and Partners Personalized Medicine - PPM) and stores the data in one central data warehouse. Researchers can query this data by using an online query tool. The query tool returns aggregate totals of patient data that are populated with appropriately obfuscated, de-identified/encrypted data as per HIPPA privacy rules and the HHS Common Rule. With the proper IRB approval, researchers may access the patient’s detailed medical records for their specified cohorts of patients. The detailed medical records are returned to researchers in an encrypted Microsoft Access file and text (.txt) files. Detailed medical records may include the following types of data: Transfusion, Cardiology, Contact Information, Demographics, Diagnoses, Discharge Notes, Endoscopy, Laboratory Tests, PEAR Allergies, LMR Health Maintenance, LMR Medications, LMR Notes, LMR Problems, LMR Vital Signs, Medications, Microbiology, Operative Notes, Pathology Reports, Procedures, Providers, Pulmonary, Radiology Reports, Radiology Tests and Transfusion. Furthermore, images from hospital image repositories can be returned and viewed online.

Staff

Soheil Ashkani Esfahani, MD
Chief Scientific Officer, Foot & Ankle Research and Innovation Laboratory (FARIL)

Sarah Yeates
Clinical Research Program Manager
Hospital and Service Information

For more information about our hospitals and service in general, please visit our websites:
www.massgeneral.org/orthopaedics
www.massgeneral.org/orthopaedics/foot-ankle
www.nwh.org/orthopaedics/orthopaedic-surgery

Alumni (Clinical)

We maintain great relationships with all our former clinical fellows. Please feel free to contact any of them. Some of our more recent graduates are listed below:

Current Fellows:

Arianna Gianakos – Agianakos@partners.org (Robert Wood Johnson Barnabas Health)
Fernando Raduan – Fraduan@partners.org (UNIFESP, Brazil)

Past Fellows at MGH and Brown:

** = Academic position  * = Private practice or private academic position

Nicole Arcand, MD*
Fellowship Year: 2008-2009
Norwich Orthopedic Group, CT
Phone: 860-889-7345

Lorena Bejarano-Pineda*
Fellowship Year: 2020-2021
Massachusetts General Hospital
Phone: 617-724-9338

Adam Brodsky, MD*
Fellowship Year: 2005-2006
Orthopedic Surgery & Sports Medicine, CT
Phone: 203-32-7331

Tonya Dixon, MD**
Fellowship Year: 2016-2017
University of Cincinnati Medical Center, OH
Chief, Division of Foot & Ankle Surgery, Department of Orthopaedics
Phone: 513-584-1000

Austin Davidson, MD**
Fellowship Year: 2019-2020
Knoxville Orthopaedic Clinic
Phone: 865-558-4400

Mark Drakos, MD**
Fellowship Year: 2009-2010
Hospital of Special Surgery, NY
Fellowship Director, Foot & Ankle Service Team physician for New York Knicks & UFC
Phone: 212-606-1112

Todd Fellars, MD**
Fellowship Year: 2012-2013
Naval Medical Center San Diego, CA
Chief, Division of Foot & Ankle Surgery, Department of Orthopaedics
Phone: 619-5325507

Nasser Heyrani, MD**
Fellowship Year: 2019-2020
Corona-Temecula Orthopaedic Associates
(951)735-6060
Julie Johnson, MD*
Fellowship Year: 2011-2012
Desert Orthopedic Center, NV
Phone: 760-568-2684

Paul Kerner, MD*
Fellowship Year: 2007-2008
Triangle Ortho, NC
Team physician for USA Men’s Lacrosse
Phone: 919-846-3938

Shaun Kink, MD*
Fellowship Year: 2016-2017
McLean County Orthopedics, IL
Phone: 217-836-4458

Tony Mechrefe, MD*
Fellowship Year: 2006-2007
Kent Hospital, RI
Phone: 401-738-3777

Timothy Miller, MD*
Fellowship Year: 2013-2014
KSF Orthopedic Center, OH
Phone: 281-440-6960

Daniel Moon, MD**
Fellowship Year: 2015-2016
University of Colorado Sports Medicine and Performance Center, CO
Foot & Ankle Service, Department of Orthopaedics
Phone: 720-670-7506

Brandon Morris, MD*
Fellowship Year: 2018-2019
University of Kansas Medical Center, KS
Phone: 970-420-5855

Damien Richardson, MD**
Fellowship Year: 2018-2019
Newport Orthopaedic Institute, CA
Phone: 415-730-8121

Bryan Vopat, MD**
Fellowship Year: 2015-2016
University of Kansas Medical Center
Foot & Ankle Service, Department of Orthopaedics
Team physician: Kansas City Chiefs
Phone: 785-658-5355

Scott Van Valkenburg, MD**
Fellowship Year: 2013-2014
SUNY Upstate Medical University, NY
Foot & Ankle Service, Department of Orthopaedics
Phone: 315-464-4472

Philip Walton, MD*
Fellowship Year: 2014-2015
Resurgens Orthopedics, GA
Phone: 770-962-4300

Gregory Waryasz, MD*
Fellowship Year: 2017-2018
Massachusetts General Hospital, MA
Foot & Ankle Service, Department of Orthopaedics
Team physician: MLS New England Revolution
Phone: 781-487-4338

Jonathon Wolf, MD*
Fellowship Year: 2014-2015
West Idaho Orthopedics and Sports Medicine, ID
Phone: 208-869-3666

Mark Yakavonis, MD**
Fellowship Year: 2017-2018
Yale New Haven Health, CT
Phone: 203-869-1145
Past Residents of Dr. DiGiovanni Who Became Foot & Ankle Surgeons

** = Academic position    *= Private practice or private academic position

Nicole Arcand, MD*
Residency Graduation Year: 2007 (Brown)
Norwich Orthopedic Group, CT

Jason Bariteau, MD**
Residency Graduation Year: 2012 (Brown)
Emory University Hospital, GA
Foot & Ankle Service, Department of Orthopaedics

Steve Behrens, MD**
Residency Graduation Year: 2011 (Brown)
Hospital for Special Surgery, NY
Foot & Ankle Service, Department of Orthopaedics

Brad Blankenhorn, MD**
Residency Graduation Year: 2010 (Brown)
Brown University, School of Medicine
Chief, Foot & Ankle Service, Department of Orthopaedics

Eric Bluman, MD**
Residency Graduation Year: 2003 (Brown)
Brigham & Women’s Hospital, Boston, MA
Foot & Ankle Service, Department of Orthopaedics

Todd Borenstein, MD*
Residency Graduation Year: 2015 (Brown)
Cedars Sinai Hospital, Los Angeles, CA
Foot & Ankle Service, Department of Orthopaedics

Amanda Fantry, MD**
Residency Graduation Year: 2016 (Brown)
Advance Orthopaedics, Hartford, CT

Tyler Gonzalez, MD, MBA**
Residency Graduation Year: 2017 (MGH)
Wake Orthopaedics, Raleigh, NC

Seth O’Donnell, MD*
Residency Graduation Year: 2017 (Brown)
Care New England, RI

Heather Gotha, MD**
Residency Graduation Year: 2014 (Brown)
Dartmouth – Hitchcock Medical Center, NH
Chief, Foot & Ankle Service, Department of Orthopaedics

Justin Greisberg, MD**
Residency Graduation Year: 2000 (Brown)
New York-Presbyterian Hospital, NY

Ray Hsu, MD**
Residency Graduation Year: 2015 (Brown)
Brown University, School of Medicine, RI
Foot & Ankle Service, Department of Orthopaedics

Michal Kozanek, MD, PhD*
Residency Graduation Year: 2016 (MGH)
Excel Orthopaedic Specialists, MA

Craig Lareau, MD**
Residency Graduation Year: 2013 (Brown)
New England Orthopaedic Surgeons, MA
Foot & Ankle Service, Department of Orthopaedics

Alec Macaulay, MD*
Residency Graduation Year: 2016 (MGH)
Orthopaedic Services of Cayuga Medical Center, NY

Anthony Mechrefe, MD*
Residency Graduation Year: 2005 (Brown)
Ortho Rhode Island, RI
Florian Nickisch, MD**
Residency Graduation Year: 2004 (Brown)
The University of Utah, UT
Foot & Ankle Service, Department of Orthopaedics

Amar Patel, MD*
Residency Graduation Year: 2007 (Brown)
Rockhill Orthopaedic Specialists, MO

Steve Tocci, MD*
Residency Graduation Year: 2007 (Brown)
Community Orthopaedic Medical Group, CA

Josh Vaughn, MD*
Residency Graduation Year: 2016 (Brown)
Down East Orthopaedics, ME

Bryan Vopat, MD**
Residency Graduation Year: 2013 (Brown)
University of Kansas Medical Center, KS
Foot & Ankle Service, Department of Orthopaedics
Team physician: Kansas City Chiefs

Greg Waryasz, MD**
Residency Graduation Year: 2015 (Brown)
Massachusetts General Hospital, MA
Foot & Ankle Service, Department of Orthopaedics
Team physician: MLS New England Revolution

Alan Zonno, MD*
Residency Graduation Year: 2009 (Brown)
Rockhill Orthopaedic Specialists, MO
Alumni (Research)

We have a growing number of past and present research students and Harvard Research Fellows from across our country and beyond, who have worked in our Foot & Ankle Research and Innovation Lab. Below is the list of Research Fellows and students since 2015:

Current Research Fellows (> 6 months)
Soheil Ashkani, MD  Iran
Rohan Bhimani  USA
Phongpanot Sornsakrin, MD  Thailand
Dr. Jirawat Saengsin, MD  Thailand
Dr. Go Sato, MD  Japan

Current Research Students (< 6 months)
Christiian Horsman  Netherlands
Escar Kusena  USA

Past Research Fellows (> 6 months)
Mohamed Abdelaziz, MD  Egypt
Matteo Buda, MD  Italy
Song Ho Chang, MD  Japan
Hong Joon Choi, MD  Korea
Noortje Hagemeijer, MD  Netherlands
Peter Kvarda, MD  Hungary
Ying Liu, MD  China
Bart Lubberts, MD  Netherlands
Jafet Massri, MD  Chile
Li Yu, MD  China
Elaheh Ziaei Ziaabari, PhD  Iran

Past Research Students (< 6 months)
Sophia Anderson  USA
Camden Bohn  USA
Shiame Bouharba  France
Sofie Breuking  Netherlands
Jack Casey  USA
Mary Kate Coogan  USA
Matthew D’Antuono  USA
Jan de Bruijn  Netherlands
Pim Van Dijk  Netherlands
Ariella Goldberg  USA
Noah Hawks-Ladd  USA
Reinout Heijboer  Netherlands
Dan Lemmers  Netherlands
Thomas Mobley  USA
Robert Prince  Netherlands
Lodewijk Res  Netherlands
Quinten Rikken  Netherlands
Kelsy Romatoski  USA
Shivish Shah  USA
Junho Song  USA
Xaverius Stavenuiter  Netherlands
Jack Tesoriero  USA
Charlotte Wahle  USA
Kathryn Whitelaw  USA
Nicola Young  USA
For More Information

You are welcome and encouraged to contact Marta Hyatt, Tricia Laliberte or Daniel Guss with any questions. Their contact information can be found below. Please note, in compliance with the SF match code of conduct, all answers to questions need to be done in a public format; therefore, the answers to any questions will be sent to all fellows who interviewed.

Contact Information

Fellowship Director:

Daniel Guss, M.D., M.B.A.
Assistant Professor, Harvard Medical School
Department of Orthopaedic Surgery
Division of Foot & Ankle Surgery
Massachusetts General Hospital & Newton Wellesley Hospital
Email: Dg910@mgh.harvard.edu
Phone: 1-617-643-5701

Fellowship Coordinators:

Mrs. Marta Hyatt
Massachusetts General Hospital
55 Fruit Street
Yawkey Building, Suite 3F
Boston, MA 02114
Email: MNhyatt@partners.org
Phone: 617-643-5701

Mrs. Tricia Laliberte
Massachusetts General Hospital – Waltham
40 Second Avenue
Building 52, Suite 1150
Waltham, MA 02451
Email: PLaliberte@Partners.org
Phone: 781-487-4336