

***MASSACHUSETTS GENERAL HOSPITAL
DEPARTMENT OF ORTHOPAEDIC SURGERY***

GRAND ROUNDS

Heather A. Vallier, MD

Professor of Orthopaedic Surgery

Clyde L. Nash, MD Jr. Professor of Orthopaedic Education

MetroHealth Medical Center

Cleveland, OH

“Optimizing Musculoskeletal Recovery”



Thursday, October 27, 2022

6:30am - 7:30am ET

Massachusetts General Hospital

O’Keeffe Auditorium

(HYBRID, In-person & on Zoom)



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Heather A. Vallier, MD is a native of Wisconsin. She graduated from Northwestern University in 1989 with the highest distinction, receiving a BA in Biochemistry, Molecular Biology and Cell Biology. After, she attended Stanford University School of Medicine, where she received Dean’s Awards for Outstanding Teaching and Research. She completed her residency in orthopaedic surgery at the University of Wisconsin, followed by a fellowship in orthopaedic traumatology at Harborview Medical Center in Seattle, WA.

In 2001, Dr. Vallier was recruited by MetroHealth Medical Center in Cleveland, OH to join their orthopaedic trauma service where she has been since. She is a Professor of Orthopaedic Surgery at Case Western Reserve University. In 2007, she was awarded the inaugural Clyde L. Nash MD Professorship in Orthopaedic Education.

Dr. Vallier has lectured nationally and internationally on her research and on fracture techniques on hundreds of occasions. She has published over 200 journal articles and 23 book chapters. She has also been awarded for teaching at both basic and advanced fracture courses, and as Educator of the Year in 2020 by the residents of Case Western Reserve University. Dr. Vallier has received many research grants over the past several years, including an award from the Orthopaedic Trauma Association to study the effects of surgical timing in multiply-injured patients. She is a member of the Executive Committee of the Major Extremity Trauma Research Consortium that is involved in numerous multicenter trials evaluating injury treatment and outcomes.

She is the Past-President of the Orthopaedic Trauma Association and has served for several years within the OTA, on the Board of Directors and as the inaugural Chair of the Publications Committee. She is a Deputy Editor for the Journal of Orthopaedic Trauma. Dr. Vallier enjoys mentoring and advising students and residents. She served as the Director of Education in Orthopaedic Surgery at MetroHealth from 2002-2009 and 2012-2015. In 2013, she founded the Trauma Recovery Services program at MetroHealth and served as the Medical Director through 2022.

Dr. Vallier lives in Shaker Heights, Ohio with her husband, Jeffrey Simske. They have two adult children. In her spare time she enjoys exercising, gardening, cooking, and playing the piano.

6:30am	<i>Welcome</i>	Thuan V. Ly, MD <i>Chief, Trauma Service Department of Orthopaedic Surgery Massachusetts General Hospital Associate Professor, Orthopaedic Surgery Harvard Medical School</i>
6:35am	<i>“Optimizing Musculoskeletal Recovery”</i>	Heather A. Vallier, MD
7:30am	<i>Wrap-up / Adjourn</i>	Thuan V. Ly, MD