

MGH Physical and Occupational Therapy Services

Clinical Education Program

Career Exploration Observation

MGH PT and OT Services has developed an observation program for individuals who are in the process of career exploration in the disciplines of physical and occupational therapy.

Goals of the Program:

Provide exposure to the professions of PT and OT to individuals in career exploration in the following areas:

- What does the clinical environment look like?
- How does a therapist get to know patients and gain their trust?
- How does a therapist collect information and use this data to make decisions?
- What types of treatment are offered to patients undergoing PT and OT?
- What is the therapist's role in patient education?
- How do team members of the team work together to provide care for the patient?

Eligibility:

Who Is Eligible for this Observational Experience?

- Individuals who are considering a career in PT or OT who are at least 16 years of age
- Individuals who are applying to PT or OT school and need observation hours

Who is **NOT** Eligible for this Observational Experience?

- Individuals who are already matriculated into the professional portions of a PT or OT program
- Individuals who are not 16 AND a junior in High School

Structure:

Observation Time Frame: Opportunities are offered in both Physical Therapy and Occupational Therapy. Each observer spends a total of 4 hours on either our Inpatient or Outpatient service. Due to the popularity of this program, we will only offer one observational experience to each applicant. An additional opportunity may be considered depending on availability.

Each observer is assigned to one host therapist who will be your guide for the entire experience.

These sessions are offered on weekday mornings only; we do have observers on the weekends.

Our observation sessions are offered several times per month, not every day.

Process:

Please complete the required Forms: (Found at this link: [Education & Training \(massgeneral.org\)](#))

- Observer Questionnaire
- Occupational Health Screening
- Insurance Requirements
- Confidentiality Form
- Drug Free Workplace
- Standards of Behavior

Our dress code is posted along with these forms. Please follow the description of “Professional Attire” on the day of your observation.

All observers must provide proof of compliance with the Mass General Brigham Covid-19 vaccination policy, which requires a full primary vaccine series, plus one booster. Please send a copy/photo of your vaccine card along with your completed documents.

Once completed, please email these forms to mghptotobs@partners.org. Our coordinator will reach out to you to confirm the receipt of these forms and to begin the scheduling process.

If you have any questions, concerns or difficulties with these forms, please contact our coordinator at any time at mghptotobs@partners.org.