

MGH SOCIAL-EMOTIONAL COMPETENCE SCALE[®]

(CLINICIAN-RATED MEASURE)

Name: _____

Date: _____

Instructions:

- Please complete the following questions based on the patient's:
- Observed behaviors in the past month
 - Developmentally expected abilities/competence

	Ability/Competence								
	Above Average		Average	Below Average				Impaired Ability	
	Exceptional	Superior		Borderline	Mild (Distinctly)	Mild-Moderate (Significantly)	Moderately (Markedly)	Moderate-Severe (Minimal Ability)	Severely (Lacks Ability)
1. Share interests/activities with peers (group activities, team sports)?	0	1	2	3	4	5	6	7	8
2. Ability to control odd, repetitive body movements/behaviors in social situations	0	1	2	3	4	5	6	7	8
3. Level of frustration tolerance	0	1	2	3	4	5	6	7	8
4. Engage in small talk/chit-chat (goalless conversations)?	0	1	2	3	4	5	6	7	8
5. Appropriate response to facial expressions	0	1	2	3	4	5	6	7	8
6. Offer/seek comfort from others when expected	0	1	2	3	4	5	6	7	8
7. Seek approval from others when appropriate (acts to please others)	0	1	2	3	4	5	6	7	8
8. Level of spontaneity	0	1	2	3	4	5	6	7	8
9. Ability to take advice or direction from others (open to suggestions)	0	1	2	3	4	5	6	7	8
10. Ability to understand other people's point of view	0	1	2	3	4	5	6	7	8
11. Ability to "read between the lines"	0	1	2	3	4	5	6	7	8
12. Level of social engagement: time spent talking with/about peers	0	1	2	3	4	5	6	7	8
13. Ability to change his/her routine as needed	0	1	2	3	4	5	6	7	8
14. Try new foods/activities	0	1	2	3	4	5	6	7	8
15. Ability to limit time with preferred activities when required	0	1	2	3	4	5	6	7	8
16. Appropriate response to jokes/puns	0	1	2	3	4	5	6	7	8
17. Show interest in others' lives	0	1	2	3	4	5	6	7	8
18. Express his/her feelings (ability to express him/her-self)	0	1	2	3	4	5	6	7	8
19. Ability to address problems through multiple approaches	0	1	2	3	4	5	6	7	8
20. Respect for social and personal boundaries (physical/with socially sensitive issues)	0	1	2	3	4	5	6	7	8
21. Make eye contact during interactions or to draw attention	0	1	2	3	4	5	6	7	8
22. In sync with cultural trends (fashion, fads, etc.)	0	1	2	3	4	5	6	7	8
23. Use tone of voice to express emotions	0	1	2	3	4	5	6	7	8
24. Appropriate response to sarcasm	0	1	2	3	4	5	6	7	8
25. Ability to respond appropriately to others' emotions?	0	1	2	3	4	5	6	7	8
26. Tolerate uncertainty/unstructured time	0	1	2	3	4	5	6	7	8
27. Ability to smile back appropriately	0	1	2	3	4	5	6	7	8
28. Engage in back and forth conversation when talking to others	0	1	2	3	4	5	6	7	8
29. Facial expressions appropriate for given situations	0	1	2	3	4	5	6	7	8
30. Reflect on his/her behavior	0	1	2	3	4	5	6	7	8
31. Ability to compromise	0	1	2	3	4	5	6	7	8
32. Ability to control his/her feelings (excitement, anger, anxiety, etc.)	0	1	2	3	4	5	6	7	8
33. Show appropriate concern for or comment on others' feelings	0	1	2	3	4	5	6	7	8
34. Ability to appropriately apologize	0	1	2	3	4	5	6	7	8
35. Socially appropriate behaviors	0	1	2	3	4	5	6	7	8
36. Ability to change his/her mind without much difficulty when necessary	0	1	2	3	4	5	6	7	8
37. Ability to tolerate the sensory issues that s/he is typically sensitive to (touch, pain, sound, smell, taste, visual, kinetic, occlusoryic)	0	1	2	3	4	5	6	7	8

Rater's Signature: _____

Date: _____

Total Score: _____