



SUICIDAL THOUGHTS IN THE RLS OPIOID REGISTRY

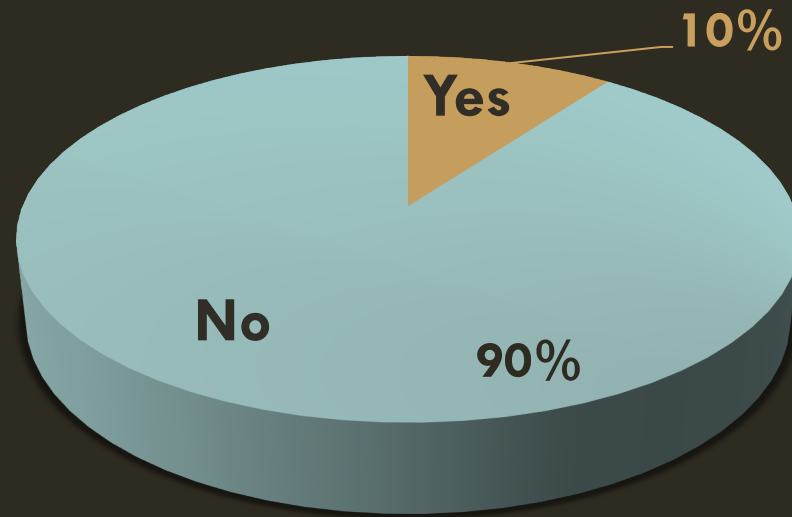
January 2023 Data Update
John Winkelman MD PhD

❖ **Passive suicidal thoughts:** assessed by asking, “have you wished you were dead or wished you could go to sleep and not wake up?”

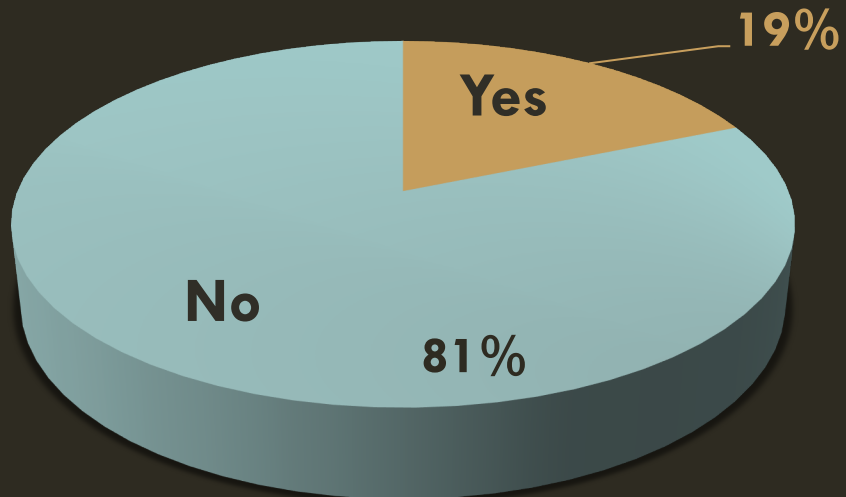
❖ **Active suicidal thoughts:** assessed by asking, “have you actually had any thoughts about killing yourself?”

❖ The following slides report data from the 2-year follow-up

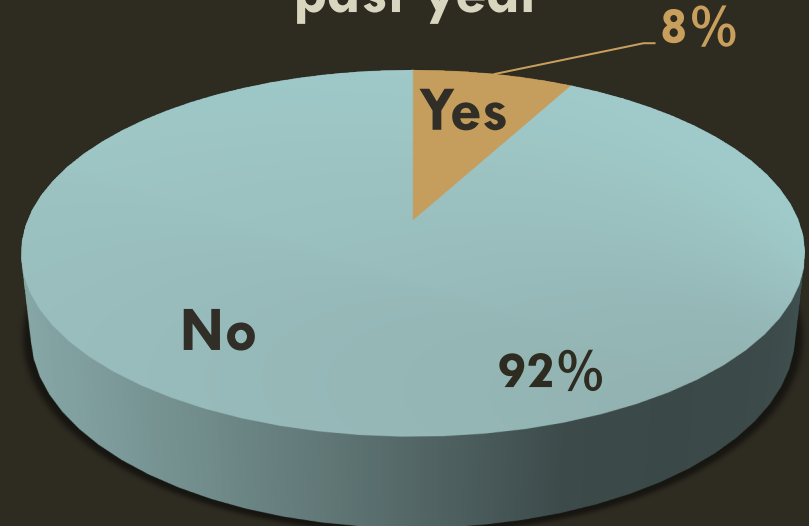
Passive suicidal thoughts in the past 2 weeks



Passive suicidal thoughts in the past year



Active suicidal thoughts in the past year



SUICIDAL THOUGHTS WERE ASSOCIATED WITH...

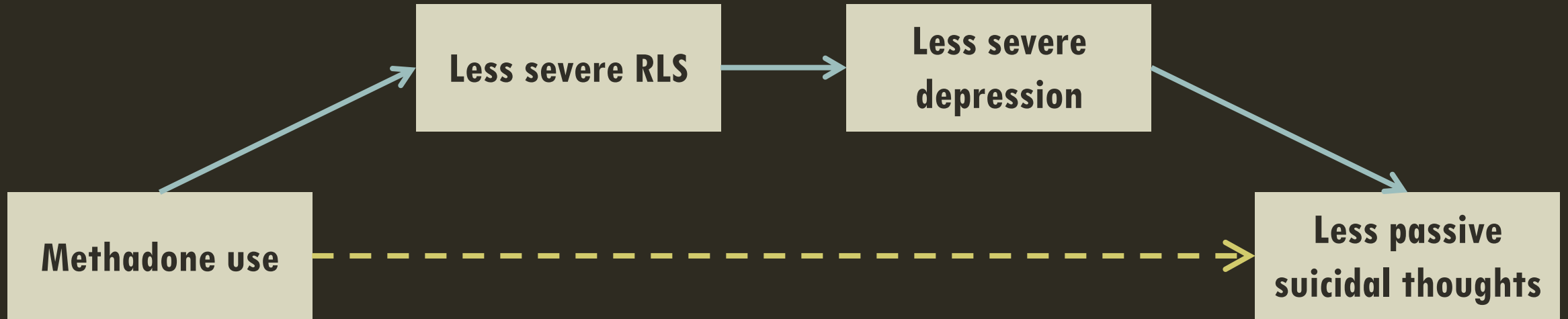
DEPRESSION

**PERCEIVED
OPIOID STIGMA**

ANXIETY

FEMALE SEX

METHADONE USE



- ❖ Methadone use is associated with less severe RLS
- ❖ Less severe RLS is associated with less severe depression
- ❖ Less severe depression is associated with less passive suicidal thoughts

REGISTRY PROGRESS

The original RLS Registry cohort consists of 500 participants. Nearly everyone enrolled (94.9%) continues to participate. Detailed progress is shown on the right.

This study is not meant to be used as clinical guidance nor is it a reflection of individual experiences.

If you have any questions or comments, please email RLSregistry@partners.org or call 617-643-6026 to speak with Jordana, the Registry coordinator.

Thank you for your continued participation!

Completed Assessments

