

# SUICIDAL THOUGHTS IN THE RLS OPIOID REGISTRY

January 2023 Data Update
John Winkelman MD PhD

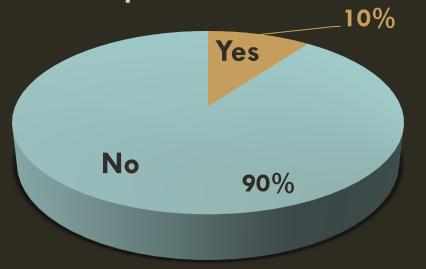


Passive suicidal thoughts: assessed by asking, "have you wished you were dead or wished you could go to sleep and not wake up?"

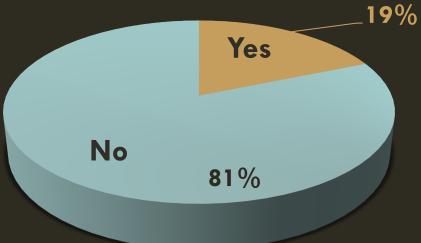
\* Active suicidal thoughts: assessed by asking, "have you actually had any thoughts about killing yourself?"

\* The following slides report data from the 2-year follow-up

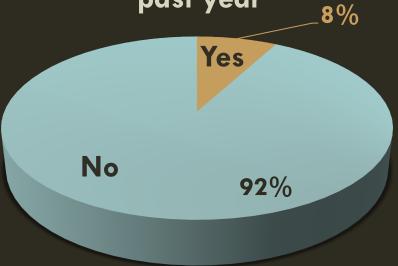
## Passive suicidal thoughts in the past 2 weeks











### SUICIDAL THOUGHTS WERE ASSOCIATED WITH...

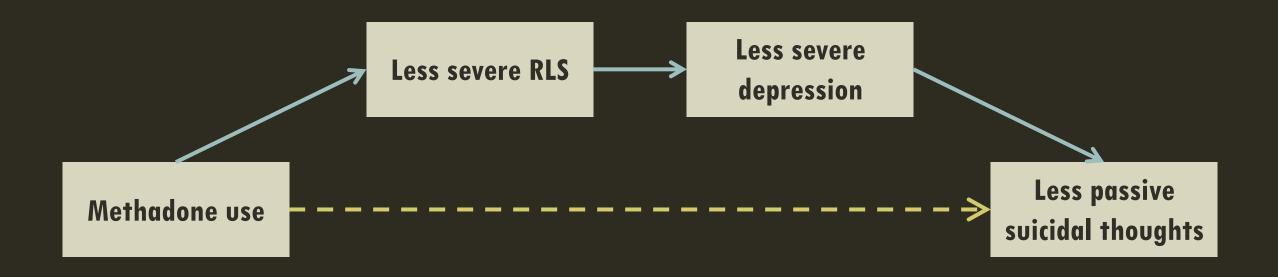
**DEPRESSION** 

PERCEIVED
OPIOID STIGMA

**ANXIETY** 

**FEMALE SEX** 

#### METHADONE USE



- Methadone use is associated with less severe RLS
- Less severe RLS is associated with less severe depression
- Less severe depression is associated with less passive suicidal thoughts

#### **REGISTRY PROGRESS**

The original RLS Registry cohort consists of 500 participants. Nearly everyone enrolled (94.9%) continues to participate. Detailed progress is shown on the right.

This study is not meant to be used as clinical guidance nor is it a reflection of individual experiences.

If you have any questions or comments, please email RLSregistry@partners.org or call 617-643-6026 to speak with Jordana, the Registry coordinator.

Thank you for your continued participation!



502 Interviewed 500 Completed BL Survey 5 LTFU, 1 Withdrawn 8 D/C Opioid, 6 Missed 480 Completed 6-Month Survey (98.8% retention) 3 LTFU, 1 Withdrawn 7 D/C Opioid, 2 Missed 467 Completed 1-Year Survey (97.9% retention) 2 LTFU, 2 Deceased, 4 D/C Opioid, 1 Missed 460 Completed 1.5-Year Survey 5 LTFU, 2 Deceased (97.5% retention) 3 D/C Opioid, 2 Missed, 1 458 Completed 2-Year withdrew Survey (95.2% retention) 3 LTFU, 3 Deceased 2 D/C Opioid 450 Completed 2.5-Year Survey 1 Withdrawn, 1 LTFU 443 Completed 3-Year Survey 3 D/C Opioid, 1 Deceased, 1 LTFU 401 Completed 3.5-Year Survey 2 withdrew, 2 Deceased, 1 LTFU 301 Completed 4-Year Survey 178 Completed 4.5-Year Survey

Completed Assessments