Parents’ View of Henry’s Seizure Condition and Prevention Strategies

Diagram of Henry’s Seizure Pathways

Stage 1

A. Flu/cold, low white blood cell counts
B. Accumulated stress
C. Hyperactive status

Stage 2

D. Fever
E. Vomiting

Stage 3

Seizures

F. Lack of sleep, fatigue, low blood sugar

1 Definition, Prevention, and Intervention for Conditions at Stage 1

A. Flu/cold presented as cough, runny nose, and other symptoms
   1 Avoid close contact with people who are showing signs of flu or cold.
   2 Monitor white blood cells when he is on seizure medications.

B. Stress presented as fussiness, crying, increased resistance, and flight response
   1 Use soft or low tone of voice when talking to him; avoid blaming him when he does not follow your instruction, as he seems to understand more than he can verbalize.
   2 Use more flexible, relaxed methods when requiring him to do tasks.
   3 Maintain his routine; change slowly and gradually and only if needed.
   4 Set up an environment that is enjoyable and less restrictive for him.
   5 Do sensory integration exercises.

C. Hyperactive status presented as rapid breathing or shortness of breath and dry cough resulting from sustained fast walking, crawling, and climbing, accompanied by extreme excitement
   1 Use any calming technique that will distract him from his attention on physical movement, such as but not limited to:
      a. holding him in your arms; letting him sit down or lie down
      b. turning on TV or changing channels; turning on soft or low-tone music
      c. providing him with his favorite toys
      d. taking him to a different place for a change of environment

2 Strategies Used for Conditions at Stage 2

D. Fever
   1 Send him home to rest.
   2 Treat aggressively with medication to lower temperature.

E. Vomiting
   1 Calm him down and let him rest.
2 Call parents if vomiting continues for more than 20 minutes.

**F Lack of sleep, fatigue, low blood sugar**
1 Ensure sufficient food intake at every meal.
2 Ensure sufficient sleep every day (in particular, taking a nap after lunch).

### 3 Actions Taken When at Stage 3 — Seizures
1 When seizures (e.g., general tonic-clonic or partial) last 3 minutes or more, administer Diastat rectally and call 911 for ambulance to transport Henry to the nearby hospital.
2 Notify parents immediately.

**In addition:** On any school day in which no RN will be present, please notify parents so that one of them can either attend with Henry or keep Henry home.