

THE MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

# June 2018 Upcoming Blum Center Events

All programs are free and open to MGH staff, patients, and the general public. Spaces are limited. No registration needed.

## **An Introduction to the Health At Every Size Approach**

**Wednesday, June 6, 12:00PM - 1:00PM**

Join Lisa Du Breuil, LICSW, for a talk on the Health At Every Size® (HAES) approach. HAES is an alternative to the weight- and size-based model which medical treatment and much of public health policy are currently based upon. The HAES approach focuses on evidence-based factors related to health and longevity for people across the weight spectrum. Its principles focus on social justice, inclusivity, and community.

## **Mass General Cancer Center Series:**

### **Supporting Your Child's Resilience When You Have Cancer**

**Wednesday, June 20, 12:00PM - 1:00PM**

Parents with cancer and other life threatening medical conditions face unique parenting challenges through diagnosis, treatment, and survivorship. Dr. Paula Rauch, a senior child psychiatrist, will weave together information about normal child development, child temperament, and how they intersect with the special challenges parents face. Recommendations to help parents and grandparents support children's resilience will be shared.

### **Alzheimer's Disease: A Memory Problem or a Brain Disease?**

**Thursday, June 21, 12:00PM - 1:00PM**

Come and learn about Alzheimer's disease. Dr. Bernard Hanseeuw will review the advances in our understanding of this disease since its first discovery in 1907. He will give an overview of current research and when new treatments may become available for memory problems, dementia, and other brain disorders and diseases.

### **Prostate Cancer Survivorship:**

#### **Managing Side Effects After Prostate Cancer Treatment**

**Thursday, June 28, 12:00PM - 1:00PM**

Prostate cancer is the second most common cancer in men in the United States. Many men experience side effects after prostate cancer treatment such as urinary incontinence, erectile dysfunction, and hematuria (blood in urine). June is Men's Health Month. Join Dr. Ajay Nehra for a talk on how you can take charge of your life and health through management of these side effects.



For more information:

Call (617) 724-7352

or

Email [pflc@partners.org](mailto:pflc@partners.org)

The Maxwell & Eleanor Blum  
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