

THE MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

May 2018 Upcoming Blum Center Events

All programs are free and open to MGH staff, patients, and the general public. Spaces are limited. No registration needed.

Let's Get Confident Managing Food Allergies in Children!

Monday, May 14, 12:00PM - 1:00PM

A food allergy is an abnormal reaction to a food triggered by the child's immune system. Come join Dr. Michael Pistiner to learn more about food allergies. He will discuss how to prevent food allergic reactions and what to do in an allergic emergency.

Osteoporosis: Are Your Bones at Risk for Fractures?

Wednesday, May 16, 12:00PM - 1:00PM

Come join Dr. Rachel Wallwork for a talk on osteoporosis. She will discuss what osteoporosis is, who is at risk, and how lifestyle changes and medicines can improve your bone health. Dr. Wallwork will also review in greater detail the benefits and possible side effects of medicines that can help prevent bone fractures.

Minimally Invasive Treatment of Spinal Fractures

Tuesday, May 22, 12:00PM - 1:00PM

Spinal fractures, also known as broken backbones, can be very painful and cause serious medical problems. While they may heal on their own, minimally invasive procedures involving tiny incisions can help speed up healing and bring pain relief sooner. Join Marion Growney, MSN, ACNP-BC, and Teresa Vanderboom, MSN, ACNP-BC, to learn about minimally invasive treatment for osteoporotic compression fractures and metastatic lesions.

Stroke: Time is Brain

Thursday, May 24, 12:00PM - 1:00PM

Come join Judith Clark, RN, BSN, for a talk on stroke. She will discuss the warning signs of stroke, what to do if you have these warning signs, and the therapies available. She will also talk about stroke risk factors and how you can lower them, as well as other stroke prevention tools.

How to Maintain a Healthy Life Through Brain Health

Wednesday, May 30, 12:00PM - 1:00PM

Latest research suggests that you can keep your brain healthy as you get older. Join Dr. Joel Salinas for a talk on brain health. He will discuss what puts your brain at risk and, more importantly, what can protect you from age-related brain diseases. He will also answer any questions you have on brain health.



For more information:

Call (617) 724-7352

or

Email pflc@partners.org

The Maxwell & Eleanor Blum
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